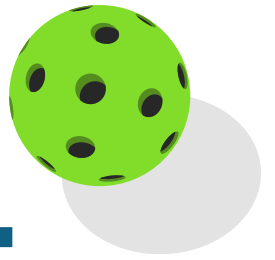




ADULT PICKLEBALL



WHAT LEVEL ARE YOU?

- **BLUE** - *no experience and need lessons*
- **GREEN** - *novice players and those who play at a slower pace. Know the basic rules. May be less mobile around the court.*
- **YELLOW** - *the majority of recreational players. Enjoy the game, but do not study it. Move well around the court. Shots can still be a little erratic. Serve is under control. May miss fast balls at the NVZ as reaction time needs to improve. Working to reduce unforced errors.*
- **ORANGE** - *more serious recreational players who study the game. Faster pace with speedy reactions at the NVZ. Increased attention to positioning with partner. Anticipate opponents' position on the court in preparation to return shots. Can play the fast and slow game although resetting/drop shots need work.*
- **RED** - *the best recreational players who study the game, practice and perfect the accuracy and range of shots. Great anticipation and positioning. Use spin strategically and not indiscriminately. Can play the fast and slow game, drop shots are under control.*

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