



My Independence & Freedom Agreement For Children and Their Caregiver

Sports & Recreation Playground Program

This agreement is a tool for children and their parent/caregiver to talk through and agree on expectations around independence, freedom, and safety while participating in the Sports & Recreation Playground Program at Cashman Park. It is meant to support growing responsibility, trust, and clear communication. Our staff will be onsite and will have a record of who is allowed to sign themselves out of the program. This form is NOT for program staff.

Child Information

- Child's Name: _____

How Independent Am I Right Now?

Together, we agree on the following:

1. Coming and Going

- I will be dropped off and picked up by a parent/caregiver
- I am allowed to arrive on my own
- I am allowed to leave on my own at the end of the program

Notes or conditions (if any):

2. Leaving and Returning During Program Time

- I will stay at the program the entire time
- I am allowed to leave and come back during program hours

If I am allowed to leave, I agree that I may go only to the places listed below:

Places I am allowed to go:

- Home
- Library
- Nearby park/playground
- Food/snack location
- Other approved places:

Places I am not allowed to go:

- Streets or parking lots

- Stores or businesses without permission
- Friends' houses
- Waterfronts or wooded areas
- Other restricted places:

Communication & Responsibility

To show I'm ready for this level of independence, I agree to:

- Let an adult know before I leave and when I return
- Follow the agreed-upon boundaries above
- Be respectful and responsible with my behavior
- Ask for help if I feel unsure or unsafe

Phone & Messaging Expectations (if I have a device):

- I will carry my phone or watch with me
- I will answer calls or texts from my caregiver
- I will use my phone only for check-ins or emergencies
- Other agreements:

Backup Adults I Can Contact

If my parent/caregiver cannot be reached, I can contact one of these trusted adults:

1. Name: _____ Phone: _____
2. Name: _____ Phone: _____
3. Name: _____ Phone: _____

Our Agreement

We understand that independence comes with responsibility. If expectations aren't followed, we may pause or change these agreements and talk again about what support is needed.

- Child Signature: _____ Date: _____
- Parent/Caregiver Signature: _____ Date: _____