

SPRING & SUMMER

ACTIVITY GUIDE 2021



PROGRAMS

Your favorites are back and some new programs to try!

PRE-SCHOOL

We have lots of activities for families and kids under 5!

REC CENTER

The Rec Center is back! Plenty of in-person activities for grades 6-8 and 9+

Dear NYS Community,

We are so excited to be preparing to welcome you all back to NYS for a new season of programs. This year has been trying for everyone, in a lot of different ways. For us, we have missed having regular programs running all year.

As many of you know, NYS has been running our School of Rec Remote Learning Center all year and have loved being able to have young people in the building. This spring we are prepared to run more programs— some indoors, some outdoors— but all with COVID precautions in place.

Our goal this year is to create space for young people to reconnect with one another as well as activities and experiences that they may be craving.

For the summer ahead: We do not yet know what regulations or restrictions will be in place this summer. But with a year of programming during the pandemic under our belt, we are confident that we can adjust as needed and run everything we have planned. **You may notice programs fill quickly— PLEASE GET ON THE WAITLIST. We do not know what the ratios or groups size will look like yet, so we may be on the safe side and then open up more spots to the waitlist.**

We also want to thank you. For the past 6 months NYS Supporters have reached out, written letters, spoken at meetings and offered words of support to our team in support of a permanent home for the department. Words can not say how much we appreciate the advocacy and support. We are hopeful that together as a community we can determine the right spot for NYS.

As always, we ask that you share this with your children. It's easy to assume what they will and will not do, but let them surprise you. And when in doubt... sign up with a friend. Everything's better with a friend!

Here's to sunny days and outdoor play!

Andi Egmont
Director, NYS

Letter from
NYS

On the cover: Wyatt & Breslin at the Creative Juicery over Feb vacation

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NYS DIVISIONS

Main office: 978-465-4434

Recreation & Enrichment Programs

Seasonal, year round offerings and community events for all ages, 0-18



To be hired
Associate Director of
Recreation
(ext. 1352)



Lee Gordon
Associate Director of
Youth Programs
(ext. 1353)



Stacy Gijbers
Administrative Coordinator
(ext. 1355)



Andrea Egmont
Director
(ext. 1351)

Rec Center & Teen Trips

A membership based youth center, with seasonal programs, trips, workshops, and events for grades 6-12 (with jr. memberships for 4th and 5th grade).



Tina Los
Associate Director of
the ECAB Network
(ext. 1354)

Services & Supports

Mentoring, support groups parent speaker series, The Beacon Coalition, and other city initiatives to promote healthy youth development.

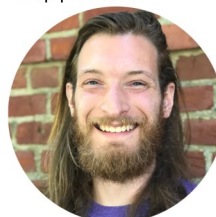


Trish Boateng
Support Coordinator

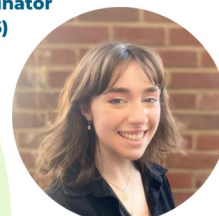


The Learning Enrichment Center

Academic and cultural enrichment for school age children who need extra support.



Chris Cain
Learning Enrichment
Center Coordinator
(ext. 1356)

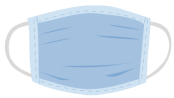


Isa Maginnis
Program Staff

Keeping Us All Safe

Explore More!

In all our programs, we:



Masks are worn at all times indoors, and when not spread out over 6' apart outdoors



We use **non-contact greeting methods** (i.e. elbows instead of high 5s)



Wash or sanitize hands at the door and have **regular hand washing** reminders



Disinfect surfaces like doorknobs, tables, and shared materials regularly



Increase ventilation by opening windows and using air purifiers

Balancing social distance with social needs

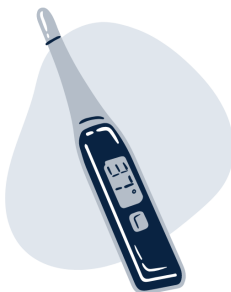
We want to make sure we are clear about how we are balancing the physical health and safety with the social emotional needs of your children while they are with us.

- Snack and lunch will be eaten outside or at tables which are more than 6' apart.
- Outdoor play requires masks but children can play freely on the playground- hands are washed on the way out and on the way back in.
- During play or activity time children must wash their hands upon entering before play or an activity.

All families must **complete a pre-screen** and keep children home if there is any question of illness

Stay home if...

- You are **feeling sick**
- You have a **sick family member** at home



Taking care of emotional and mental well-being

We know that this year has been especially hard on some children. And we want to help support them by recognizing anxiety, social insecurity and other challenges. please let us know up front if you know your child may need some extra support!



NYS Family Membership– infants, toddlers and pre-school

Sky Hawks

Baseball Tots

Instructor: Skyhawks, Location: Perkins Park

3-4yrs BaseballTots (Hitters)

4-5yrs BaseballTots (Homers)

BaseballTots classes focus on fine and gross motor skills as well as body control. We teach all the baseball basics, such as throwing, catching, hitting and running control. We are excited to help these little ones develop a love of the game! Parent participation required for ages 2-3.5 years.

Ages 3-4

Session 1 Fri · Apr 9-May 7* · 10:00-10:45am· \$69/\$79

Ages 4-5

Session 2 Fri · Apr 9-May 7* · 11:00-11:45am· \$69/\$79

*skip April 23rd

Soccer Shots

Soccer Shots is an engaging children's soccer program with a focus on character development. Our caring team positively impacts children's lives on and off the field through best-in-class coaching, curriculum and communication. Our coaches are the best-trained in the business. Our expert-approved curriculum is age-appropriate and aligns with childhood education standards. In addition, we provide an exceptional customer experience and ongoing communication with parents.

Spring Mini (8-Weeks)

Instructor: Soccer Shots, Location: Cashman Soccer Field

Age 2

Session 1 Tues · April 6-June 1* · 9:30-10:00am· \$115/\$125

Spring Classic (8-Weeks)

Instructor: Soccer Shots, Location: Cashman Soccer Field

Age 3

Session 2 Tues · April 6-June 1* · 10:15-10:50am· \$120/\$130

Ages 4-5

Session 3 Tues · April 6-June 1* · 11:00-11:40am· \$125/\$135

*skip Apr 20

Multisport Tots

Instructor: Skyhawks, Location: Perkins Park

3-4yrs Multi-SportTots (All-Stars)

4-5yrs Multi-SportTots (Legends)

Introduce your little superstar to sports in our most popular program! This soccer and basketball class uses age-appropriate games and activities to explore balance, hand/eye coordination, fitness, sport skills and child development. Parent participation required for ages 2-3.5 years.

Ages 3-4

Session 1 Fri · May 21-June 11 · 10:00-10:45am· \$69/\$79

Ages 4-5

Session 2 Fri · May 21-June 11 · 11:00-11:45am· \$69/\$79

NEIGHBORHOOD MEET UPS

WE'RE ON A MISSION TO BRING BACK NEIGHBORHOOD PLAY! A GREAT WAY TO DO THAT IS FOR THEM TO START MEETING UP EARLY AND NEIGHBORS TO GET TO KNOW EACH OTHER!

HEAD TO YOUR NEIGHBORHOOD PARK ON IT'S WEEKLY ROTATION BETWEEN 10-11:30AM, AND MEET SOME OTHER FAMILIES. YOU NEVER KNOW WHEN NYS MAY SHOW UP WITH A SURPRISE!

PARK PLAY GROUPS

- 
- MONDAY CASHMAN PARK AND JASON SAWYER (PLUM ISLAND)
 - TUESDAY WOODMAN PARK AND BARTLETT MALL
 - WEDNESDAY PERKINS PARK AND AYERS PLAYGROUND/CUSHING PARK
 - THURSDAY BROWN SCHOOL PLAYGROUND
 - FRIDAY MOSELY PARK AND INN STREET

Please be mindful of mask wearing, social distancing and group size and adjust accordingly

Stroller Bootcamp Series

Early Summer Bootcamp

A 45 minute full body, low impact workout using your stroller! We will combine barre, strength, and cardio together with your babe in tow! Babies in carrier also welcome. No equipment necessary but if you have light weights and/or resistance bands, and want to bring for an extra burn, feel free! Pre & Post Natal modifications will be provided. All fitness levels welcome. We recommend waiting until you are at least 6 weeks postpartum or have doctor's approval to workout before joining.

*Instructor: Kristen Bonito Health & Fitness,
Location: Bartlett Mall Basketball Courts*

Adults with baby/toddler

Tue · June 8-29 · 9:30-10:15am · \$80/\$90

Nature for Tots

Lisa Hutchings, or "Miss Lisa" from Mass Audubon's Joppa Flats is coming to lead science and nature programs and walks for youth and their favorite adult! Each 60-minute program may involve live animals, hands-on science activities, or a guided nature walk at some of our special "green spaces" in the area. Our first program will be in the riverside yard of Joppa Flats where we will go on a short guided walk and meet some live creatures from the salt marsh including minnows, crabs, and snails. Each week we will meet at a different location for our next family adventure!

*Instructor: Lee Grover from Mass Audubon's Joppa Flats,
Location: Various Parks Around Town*

Ages 4-6 with adult

Tue · Apr 27-June 1 · 10:00-11:00am · \$175/child + parent
(siblings who can be worn are welcome)

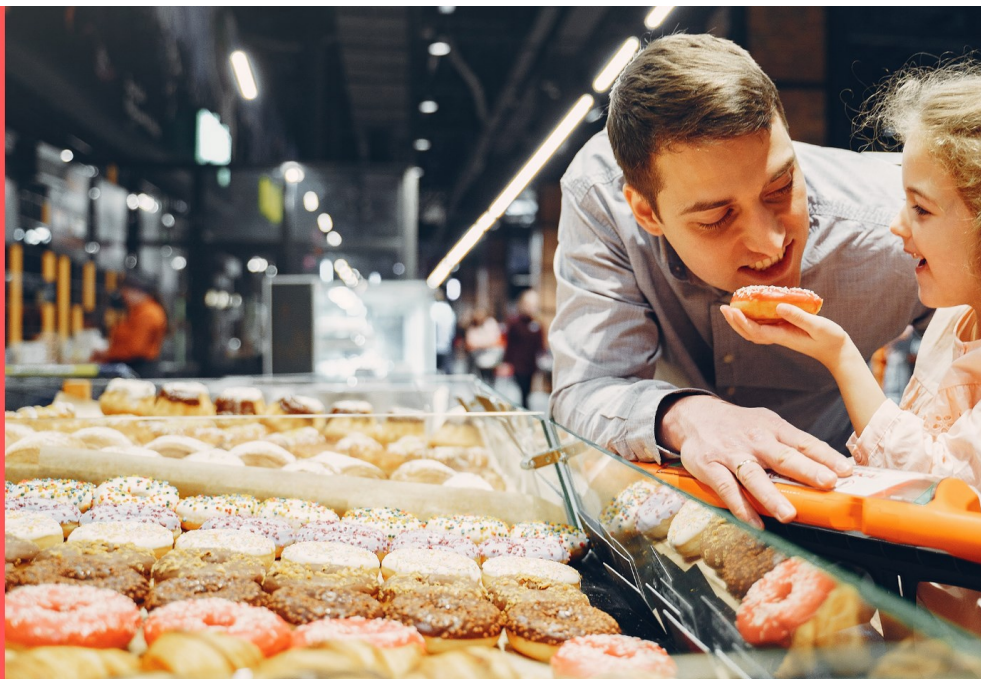
NYS Families Membership

DADS & DONUTS

A FREE playgroup for fathers
and other male caretakers

Children ages 0-5
(siblings welcome)

9-11am,
1st & 3rd Saturdays
Starting April 17th
@ the Rec Center



Dads & Donuts: Do to COVID Restrictions, we will require sign ups for each session.
Register your family to get a link for sign ups!

NYS Family Membership– infants, toddlers and pre-school

Pre-K Drums & Music

If your kid can hold the sticks, they're old enough to learn to play drums! Give your little musician a solid musical foundation with ZFDM's Pre-K Drums and Music Class. This class is a ton of fun and gives children the opportunity to play various percussion instruments including hand drums, shakers, woodblocks and maracas. We work together as a group using call and response techniques, introducing the kids to basic rhythm reading. The benefits of this class far exceed rhythm play – students learn how to follow directions, practice their listening skills and enjoy music while working with others.

Instructor: Dave Pierce of ZFDM, Location: Rec Center Playground

Ages 3-5 with adult

Thu · May 6-June 10 · 10:00-10:45am · \$100/\$110



Family Connections

Story Hour & Kit

Join Family Connections for a morning of fun with stories and activities that encourage development of early literacy skills in young children. Family Connections is funded by the Massachusetts Coordinated Family & Community Engagement (CFCE) grant awarded to the Triton Regional School District by the Massachusetts Department of Early Education and Care. Links to register on the NYS MyRec page!

Instructor: Family Connections, Location: Rec Center Playground

Ages 2-5 with adult

Wed · Apr 28-June 16 · 10:00-11:00am · Free

Music Rocks!

Music Rocks! on Facebook Live! Join Miss Claudia on the Family Connections of Newbury, Rowley, Salisbury and Newburyport Facebook page as we sing and dance our way through early literacy embedded in music and movement. We'll do wiggles, tickles, bounces, silly songs, finger plays, instrument playing, and more! There is no cost or registration required for the program. Be sure to "like" the Family Connections Facebook page and follow along!

Instructor: Miss Claudia, Location: Facebook

Ages 0-5 with adult

Tue · Apr 6-June 29 (skip April 20th) · 9:00-9:30am · Free

SAVE THE DATE

FOR SUMMER FUN WITH
NYS

"Get Hooked" Youth Fishing Tournament

**LET'S GO
FISHING!**



Thursday,
July
8th

**FAMILY
CORNHOLE
TOURNAMENT!**

Big Wheels

Saturday,
May
22nd

500



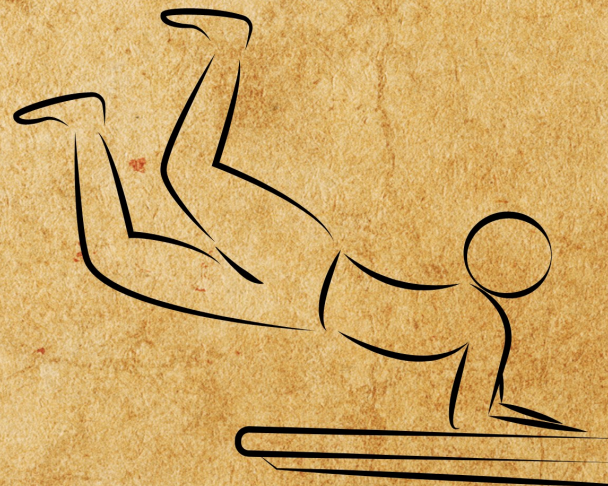
More info to come. Adults Only- No Kids Allowed



CONFIDENTIAL

e'reway
tartingsay
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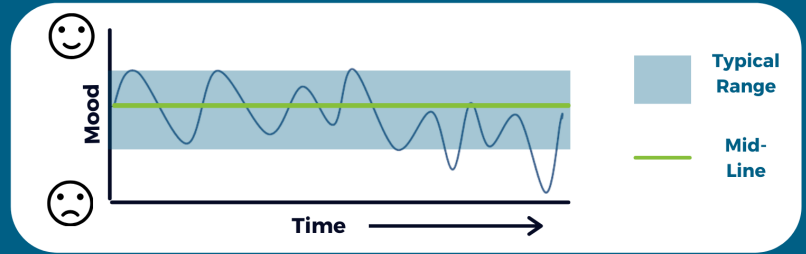
Do kids even know
pig-latin any more?



It says: we're starting adult mini leagues...

SYMPTOMS OF DEPRESSION AND ANXIETY IN YOUTH

Fluctuations in mood are normal, but if a person's mood begins to consistently fall outside the typical range, it may be a sign of the bigger issue. If your child experiences this or multiple symptoms from the list below, we encourage you to reach out to your doctor to discuss things further.



Biological

- Changes in energy level
- Changes in eating or sleeping patterns
- Increased reporting of stomachaches/headaches/illness



Social/Emotional

- Decreased interest in activities
- Avoiding friends (even virtually)
- Frequent crying, seeking parent proximity or reassurance
- Emotional outbursts
- Feeling worthless, overly self-critical, low self-esteem



Cognitive

- Constant worry/negative thoughts
- Trouble concentrating/making decisions
- Difficulty completing schoolwork
- Decline in grades



Behavioral

- Decrease in proper hygiene
- Increased conflict with family/peers
- Self-injury or self-destructive behavior
- Isolating in bedroom

CRISIS HELPLINES

If you need help, a great first step is to talk with your Primary Care Physician

National Suicide Prevention

Call 800.273.8255 or text TALK to 741741

Web chat available:

<https://suicidepreventionlifeline.org/>

Psychology Today - find a therapist

psychologytoday.com/us

Online Counseling

betterhelp.com

24/7 LGBTQ+ Support

trevorproject.org

WE ARE HERE FOR YOU

We are here to support youth and families during the pandemic. Visit our website for information on:

- Remote Schooling
- Mental Health
- Self-Care
- Parenting Tips
- Support Groups & More

ECABNETWORK.ORG



essex county

ASSET BUILDER

network

Services & Supports

Visit Newburyportyouthservices.com and click on the icon for Services & Supports. There you can complete an interest form for one or more of these programs to get information!



NORTH NAGLY
NORTH SHORE ALLIANCE OF GLBTQ YOUTH

LGBTQI+

WHO EVER YOU ARE... YOU'RE WELCOME HERE!

FOR GRADES 7-12

MEET UPS, EVENTS & MORE

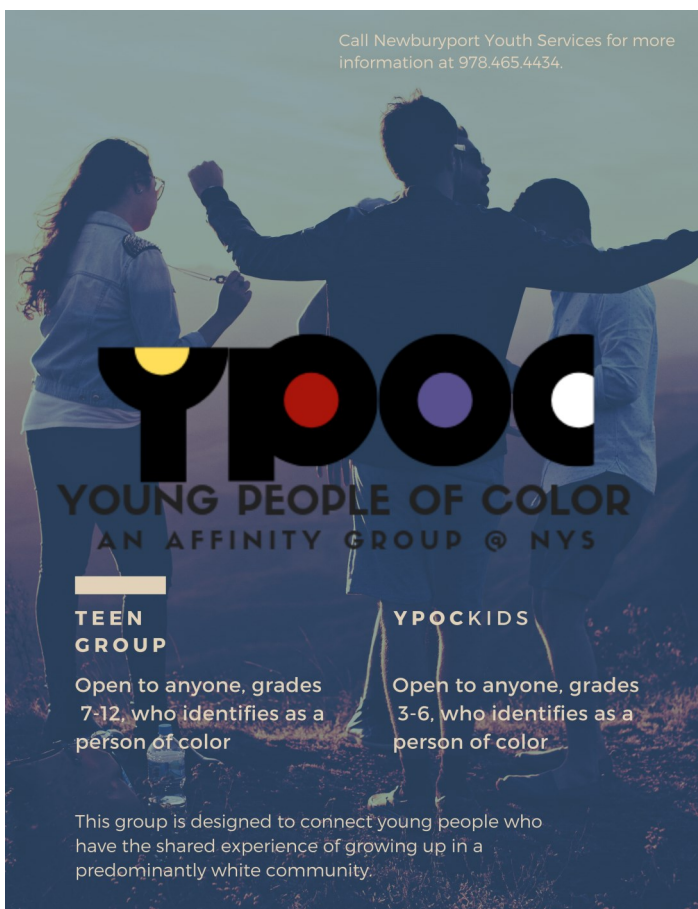
Join us for activities and fun!



Multicultural Families

Welcome multicultural families and friends! We are a diverse group of people from different races, ethnicities, abilities, and family structures (including LGBTQ and adoptive families). We hope this becomes a community for friendship, support, resources and fun- a place to share our experiences.

Call Newburyport Youth Services for more information at 978.465.4434.



YPoC
YOUNG PEOPLE OF COLOR
AN AFFINITY GROUP @ NYS

TEEN GROUP

Open to anyone, grades 7-12, who identifies as a person of color

YPOCKIDS

Open to anyone, grades 3-6, who identifies as a person of color

This group is designed to connect young people who have the shared experience of growing up in a predominantly white community.



Big Friends Little Friends is a community-based mentoring program in which the Big and Little consistently meet 2-4 times a month for a minimum of one year. Matches are made with considerations to such things as geographic location, interests, and personalities.

For more info visit newburyportyouthservices.com



Deadlines are one week prior to start date. Register at Newburyportyouthservices.com or call NYS for help.

Nourishing the North Shore

Dirt Monsters!



nourishing
the northshore

Get out your muck boots and overalls for classes in which kids use their hands to learn everything there is to know about soil. Class topics will range from making bugs our friends, to the basics of soil composition and composting. Don't be deterred by the dirt, 'cause the chance to poke, dig, and examine the natural world starts right here with good and healthy soil.
Instructor: Nourishing the North Shore, Location: NNS Garden

Gr 1-2

Session 1 Tue · Apr 27-May 11 · 3:30-5:30pm · \$72/\$82

Gr 3-5

Session 2 Wed · Apr 28-May 12 · 3:30-5:30pm · \$72/\$82

Inspired by Nature

Quit crafting with markers and paper and start allowing kids to see the natural world as a place of inspiration! After treasure hunts throughout the garden and woods, kids will use the items they've collected to create a number of objects such as nests, woodland pocket friends, bug homes, and more! Continued in summer programming.
Instructor: Nourishing the North Shore, Location: NNS Garden

Gr 1-2

Session 1 Tue · May 18-June 1 · 3:30-5:30pm · \$72/\$82

Gr 3-5

Session 2 Wed · May 19-June 2 · 3:30-5:30pm · \$72/\$82

Leave No Trace

There is power in knowing the names of the plants and animals that we share our space with, and in learning how to coexist peacefully. We can learn to live in deeper harmony if we can say hello to trees by name or distinguish food from the mass of green in front of us. Kids will learn to identify the natural world, keep a log of the plants they find, and even learn to responsibly harvest in the woods!
Instructor: Nourishing the North Shore, Location: NNS Garden

Gr 4-6

Thu · May 27-June 10 · 3:30-5:30pm · \$72/\$82

Spring Enrichment

Sewing with Susan

Make A Grogu Plushie!

It's time to sew! Hand sew the adorable Grogu! A complete kit will be made available to make a 5" high Grogu plush. Beans can be added inside so he can be a fidget and keep you company while you are virtual in school! Kits will contain paper pattern, fabric, thread, needle, common pins, and beans. You need to have paper scissors, fabric scissors, a table top to work, and your iPhone, iPad or laptop. There will be close-ups for all the steps.

Instructor: Susan Sofia-McIntire, Location: Zoom

Gr 4+

Sun · May 16th · 10:30am-12:10pm · \$20/\$30

Wire by Ryan

Nature Wire Art

Join local award winning wire sculptor Ryan Kelley as you create wire art based on nature! Bring flora from home with you or observe during class! All materials and tools included!
Instructor: Ryan Kelley, Location: Moseley Woods Pavilion

Gr 3-5

Mon · May 10-24 · 3:45-5:15pm · \$75/\$85

Arts & Crafts (And more!)

Ooey Gooley

Squish, blob, plop, glop! Come have messy fun and bring home your crazy creations! We will have some of your favorite ooey gooley treasures, but a few new surprises!
Instructor: Julia Flynn, Location: Rec Center Playground

Gr 1-3

Tue · Apr 13-May 11 (skip April 20th) · 4:00-5:15pm · \$110/\$120

Poetry Plus!

Got something to say!? Let's use poetry to find a way! Each week you'll create a new poem. Then enhance your rhythmic creation with colorful and fun art supplies.
Instructor: Julia Flynn, Location: Rec Center Playground

Gr 4-6

Tue · May 18-June 8 · 4:00-5:15pm · \$110/\$120

Clipper Boys Basketball

Spring Rec

CBB Spring Pick Up League

Newburyport High School Boys Basketball and NYS are excited to offer a Spring Boys Basketball League for student-athletes in grades 4th-6th and 7th-10th. Varsity Coaches Chris Peura, Tim Mahan, and Dave Clay will focus on all players being great teammates, communicating on/off the court with peers, playing together as a team, competing at a high level and sportsmanship. Teams will be made evenly and you will compete against similar age/talent levels. Games will be played on Wednesdays at the Cashman basketball Courts. At the end of the season, there will be league playoffs to determine the Spring League Champions!!

Instructor: NHS Boys Basketball Coaches, Location: Cashman Basketball Courts

Gr 4-6

Session 1 Wed · March 31-May 12 (skip April 21st) · 4:00-5:00pm· \$115/\$125

Gr 7-10

Session 2 Wed · March 31-May 12 (skip April 21st) · 5:15-6:15pm, 6:15-7:15pm· \$115/\$125

CBB Shooting Clinic

Newburyport High School Boys Basketball and NYS are excited to offer a Shooting Clinic for Student-Athletes in grades 1st-4th and 5th-8th. Participants are encouraged to bring their “rebounder” with them (parent, family friend, cousin, aunt, uncle or grandparent). Varsity Coaches Chris Peura, Tim Mahan, and Dave Clay will teach players and their “rebounders” how to shoot a basketball with proper form. Our hope is that our “rebounders” will learn how to teach shooting to their shooters so that the players are always receiving proper feedback.

Instructor: NHS Boys Basketball Coaches, Location: Rec Center Gym/Bres Outdoor Courts

Gr 5-8

Session 1 Sat · May 1st · 9:00-11:00am· \$50/\$60

Session 3 Sat · May 15th · 9:00-11:00am· \$50/\$60

Gr 1-4

Session 2 Sat · May 8th · 9:00-11:00am· \$50/\$60

Session 4 Sat · May 22nd · 9:00-11:00am· \$50/\$60

Skateboarding

Private Skateboard Lessons

Let's get together and skate this spring! For anyone who is starting out or who already skates and just wants to challenge themselves and progress, sign up for a class! We'll progress together! Please bring your own skateboard, helmet, knee and elbow pads.

Instructor: Lee Biddle, Location: NBPT Skate Park

Choose from 3 time slots for your 3 week session

Gr K+ 9:00-10:00am

Grades 3+ 10:00-11:00am 11:00-12:00pm

Session 1 Sat · May 1-15 · \$120/\$130

Session 2 Sat · May 29-June 12 · \$120/\$130

Archers Artemis

Spring Intro to Archery

This is a four week class that will introduce the beginner to the basics of archery. In week 1, you will learn how to safely handle the equipment and to use proper shooting form. You will be shooting in the first class. In week 2 we will expand on the form. In week 3 we will continue to advance form as we work on the mental aspects of archery. In week 4 we will review everything you learn while you are doing a mini pin shoot to include learning tournament rules scoring. If you miss a class you will have four week to complete it if there is room in another class. If we are rained out we will do our best to reschedule as soon as possible. We provide bows, arrows, quivers and arm guards at no extra cost for classes. We will be outside. Please bring sunscreen, hat, etc. If we have to cancel because of rain, you will receive an email 2 hours prior to the start of class. We will reschedule as soon as possible.

Instructor: Archers Artemis, Location: Archers Artemis, Amesbury

Ages 8+

Session 1 Sat · May 1-22 · 12:00-12:55pm· \$140/\$150

Session 2 Sat · June 5-26 · 12:00-12:55pm· \$140/\$150

Session 3 Sun · May 2-23 · 9:00-9:55am· \$140/\$150

Session 4 Sun · June 6-27 · 9:00-9:55am· \$140/\$150

Spring Rec

Basketball

NBBA Summer League

Come take advantage of this opportunity to play outdoor, fun, competitive, and exciting basketball in downtown NBPT! Teams are created by NBBA Coordinators but teams play without coaches!

Refs will be provided along with reversible mesh jerseys. We promise to provide balanced teams and even playing time.

Instructors: NBBA Coordinators

Location: Cashman Park Basketball Courts

Grades 5-8

Girls League

Mon · June 7 - June 19 · 4:00-6:00pm \$100/\$110

Boys League

Mon · June 7 - June 19 · 6:00-8:00pm \$100/\$110

Clipper Athletics

Clipper Field Hockey Clinic

Join the NHS field hockey coaches for a clinic to learn and develop your field hockey skills. Players will learn the basics of field hockey, while getting a chance to practice in skill sessions that help develop individual and team skills. All levels are welcome! Please bring: field hockey stick, mouth guard, shin pads, field hockey goggles. If you need to borrow a field hockey stick, please email coach Delacey in advance at jdelacey@newburyport.k12.ma.us. Please also only sign up for your cohort day!

Instructor: Coach Jessica Delacey, Location: Nock Middle School Field

Gr 4-8

Session 1 Tue · May 18-June 1 · 2:30-4:00pm· \$70/\$80

Session 2 Thu · May 20-June 3 · 2:30-4:00pm· \$70/\$80

Ninja Nerfers

Spring Battle

Lock and load! This multi-week program is filled with friends, fun and foam darts! Each week will be a different Nerf War competition including teams, every person for themselves, tag, and target practice. Nerf guns, darts and obstacles all included!

Instructor: NYS Staff Location: Brown School Gym

Gr 4-8

Session 1 Tue · May 18-June 1 · 2:30-4:00pm· \$70/\$80

Session 2 Thu · May 20-June 3 · 2:30-4:00pm· \$70/\$80

Spring Dungeons & Dragons Club

Whether you've spent hours rolling dice and adventuring or are not even sure what D&D is, this program is perfect for you! D&D is a collaborative improvisational role-playing game where players create characters, adventure, roll dice and work together to have as much fun as humanly possible. Join us each week for fantasy adventures in the world's greatest role-playing game.

Instructor: Chris Cain, Location: Rec Center Playground

Gr 3-5

Session 1 Wed · Apr 28-June 2 · 4:15-5:30pm· \$108/\$118

Gr 6-8

Session 2 Wed · Apr 28-June 2 · 2:45-4pm· \$108/\$118



Pet First Aid

In this course, you will learn the basics in caring for cats and dogs through a variety of topics – from understanding and checking your pet's vital signs, to preventative care for cats and dogs, to caring for the most critical emergency situations – including breathing and cardiac emergencies, wounds, bleeding, and seizures. Certificate offered by ASHI.

This session is designed for families, children must be 10+ with a caregiver.

*Instructor: Greater Boston Safety Training ,
Location: Brown School Gym*

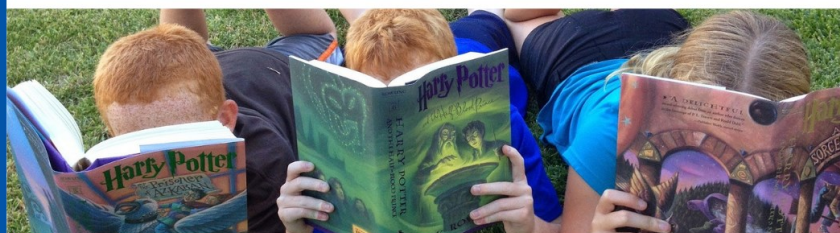
Ages 10+ with caregiver, or 13+ alone
Sat· May 1 1:00-3:30pm· \$100/ \$110

NEWBURYPORT PUBLIC LIBRARY

The Newburyport Public Library offers free activities and programs all summer long, for every age group from infants to adults.

- Online Summer Reading Program
- Book bundles
- Take & Make crafts
- New digital resources & more!

Visit us at newburyportpl.org or call us at 978-465-4428 for more information.



Safe Sitter Essentials

Designed for young people in grades 6-8 to be safe when they're home alone, watching younger siblings, or babysitting. Students learn life-saving skills such as how to rescue someone who is choking, and helpful information like what to do in severe weather. The lessons are filled with fun activities and role playing exercises. Students even get to use CPR manikins to practice choking rescue and CPR!

*Instructor: Andi Egmont (NYS)
Location: Rec Center*

Grades 6-8
Session 1 Thurs May 6,13, 20 4:00-6:00pm \$135/\$145

Summer Sessions to be announced



Register For A Class Today!

Safe Sitter® is designed to prepare students in grades 6-8 to be safe when they're home alone, watching younger brothers or sisters, or babysitting.



Deadlines are one week prior to start date. Register at Newburyportyouthservices.com or call NYS for help.

Vacation Week

The deadline for Vacation week registration is Sunday, April 11

East Coast Technology

LEGO Robotics: Jurassic Bricks

Young LEGO enthusiasts and budding paleontologists will absolutely love Seacoast Technology Workshops' latest program...Jurassic Bricks! Using LEGO WeDo 2.0 robotics kits we will build our way through the Jurassic time period! Along the way we will learn all about dinosaurs while we construct a dozen different species including triceratops, sauropod, stegosaurus, and of course a t-rex! Then using laptops and specially designed drag-and-drop software we will bring our dinosaurs to life! All participants will receive a special LEGO Paleontologist certificate of achievement! Note: Participants do not get to take LEGO projects home.

Instructor: Kevin Husson, Location: Rec Center

Gr 1-5 Tue-Thu · Apr 20-22 · 9:00-11:45am· \$100/\$110

LEGO Mindstorms Programmer

Using latest LEGO Mindstorms EV3 and the LEGO NXT, participants will design, build, and program a variety of incredible LEGO (r) robots! From crawling scorpions that can attack enemies to battle tanks that can launch projectiles, this class has something for everyone! Have your own idea? Then dig your hands into over 50,000 specialized LEGO technic parts, motors, and sensors to create your own robot. Then use LEGO's easy-to-use drag-and-drop software to bring your creation to life! Note: Participants do not take projects home.

Instructor: Kevin Husson, Location: Rec Center

Gr 3-6 Tue-Thu · Apr 20-22 · 12:15-3:00pm· \$100/\$110

Clipper All-Sports Clinic

The All-Sports Clinic will introduce activities to youth who enjoy a variety of sports and recreational games. Youth are taught skills and given the opportunity to compete in a variety of sports such as soccer, basketball, flag football, and more, while also enjoying some favorite recreational games like dodgeball, capture the flag, matball, and more plus use of the playground during break time. The day will begin with active dynamic stretching and plyometrics to focus on balance and coordination. Our highly qualified staff makes sure our days are high paced and non-stop fun for every kid! An emphasis on sportsmanship, playing with character, and having fun!

Instructor: Kyle Hodsdon & Matt Valli, Location: Nock Middle School Field and Gym

Gr 2-6 Tue-Thu · Apr 20-22 · 9am-2pm· \$140/\$150

Skateboarding

Private Skateboard Lessons

Let's get together and skate this spring! Usually, I welcome skateboarders of all levels. Unfortunately, due to social distancing, I can't offer lessons to people who have never skateboarded because I wouldn't be able to teach from a distance. I usually have to lend a hand for balance. Hopefully that can work out down the line! So, for anyone who already skates and just wants to challenge themselves and progress, sign up for a class! We'll progress together! Please bring your own skateboard, helmet, knee and elbow pads.

Instructor: Lee Biddle, Location: NBPT Skate park

Gr 3+ Choose one time slot

8:00-9:00am·9:00-10:00am·10:00-11:00am·11:00-12:00pm·

Session 1 Tue-Thu · Apr 20-22 · \$120/\$130

Nourishing the North Shore

Launch into the Garden

Join us in the Garden, for something different... every day! Discover Nature Scavenger Hunt - Join us and other families in the great natural scavenger hunt! Work hard as a team to find all the objects necessary to finish our fabulous scavenger hunt. Breaking Ground- Help us prepare the garden for spring and summer planting spruce up the walkways, build some garden structures, turn over and amend the soil, and plant a few seedlings all in preparation for NNS's mobile markets! Take home some seeds and tips for your own garden! Earth Day Celebration- Join in the fun as we celebrate Earth Day with our hands in the soil. Learn to sow salad greens and mark it on your calendars to join in the spring harvest.

Instructor: Nourishing the North Shore, Location: NNS Garden

Ages 3+ with an adult

Apr 20-22 · 10:00am-12:00pm· \$35/\$45

CITY WIDE CLUE GAME



Where?

Who?

How?



Something is amiss in the clipper city...look for clues
April vacation week... more hints to come...

NYS D&D Clubs

Vacation Dungeons & Dragons

Whether you've spent hours rolling dice and adventuring or are not even sure what D&D is, this program is perfect for you! D&D is a collaborative improvisational role-playing game where players create characters, adventure, roll dice and work together to have as much fun as humanly possible. Join us each week for fantasy adventures in the world's greatest role-playing game.

Instructor: Chris Cain, Location: Rec Center Playground

Gr 3-5

Session 1 Tue-Fri · Apr 20-23 · 9:00am-12:00pm \$144/\$154

Gr 6-8

Session 2 Tue-Fri · Apr 20-23 · 9:00am-12:00pm \$144/\$154

Parkour Generations

April Vaca Parkour

Spring movement classes that are designed to jump start your child's day with a healthy dose of movement, exploration, and fun! Skills sessions are a great way to learn the basics, build on techniques, or master certain movements in a small-group instruction context. This class is for youth of all ability and fitness levels, and will include instruction in the basic movements and techniques of parkour, as well as exercises designed to improve general fitness and ensure the long-term practice of parkour. Classes will focus on exploring and moving within one's environment and will include a number of games, exercises, and drills to improve balance, coordination, strength, spatial awareness, and flexibility, while having fun. All classes are taught by ADAPT certified coaches. COVID Safety Requirements: Masks must be worn from check-in to check-out, hand-sanitizing will be performed at the start and end of each session. What to bring: Weather-appropriate clothing (this class will run regardless of the weather- rain, sleet, snow, sun- be prepared), water bottle, face mask, individual container of hand sanitizer, a small bag to hold your belongings (Note: Parkour Generations Boston takes no responsibility for the safe-keeping of items)

Instructor: Parkour Generations, Location: Moseley Woods

Gr 4-6

Session 1 Tue-Fri · Apr 20-23 · 9:00am-11:00am: \$200/\$210

Gr 1-3

Session 2 Tue-Fri · Apr 20-23 · 11:30am-1:30pm: \$200/\$210

Gr 7-9

Session 3 Tue-Fri · Apr 20-23 · 2:00pm-4:00pm: \$200/\$210



Deadlines are one week prior to start date. Register at [Newburyportyouthservices.com](https://www.newburyportyouthservices.com) or call NYS for help.

Grades listed below are for entering grades in the 2021/22 school year.

Programs in **BLUE** are afternoon or mid day programs.
Check descriptions for details.

SUMMER AT

June 21-25	June 28-July 2	July 5-9	July 12-16	July 19-23
Boys Basketball (Gr 5-10)	Boosters Classic Sports (G 4-8) Boys Basketball (Gr 1-4) Creative Juicery (Gr 1-4) Clipper Crew (Gr 4-6) Clipper Girls Basketball Clinic (Gr 4-9)	Animal Art (Gr 1-4) Archery (Ages 8+) Clipper Kids & Crew (Gr 1-6) Pre-K Drum (Ages 3-5) Clipper Volleyball Clinic (Gr 5-10) East Coast Soccer (Gr K-6)	Boys Basketball (Gr 5-10) Clipper Crew (Gr 4-6) Clipper Kids (Gr 1-3) Creative Juicery (Gr 1-4) East Coast Soccer (Gr K-6) Little Aces (Ages 4-6) Mountain Biking-Int/Adv (Gr 4-8) Private Skateboard Lessons (Gr 3+) Rube Goldberg Simple Machines (Gr 1-5) NetGenerations Tennis (Ages 4-6) Club Tennis (Gr 1-8) AM & PM Mountain Biking-Beg (Gr 4-8) Creative Juicery (Gr 1-4)	Boys Basketball (Gr 1-4) Clipper Cheer Clinic (Gr 6-8) Clipper Kids & Crew (Gr 1-6) D & D (Gr 3-5) East Coast Elite Soccer-Boys (Gr 7-9) Little Aces (Ages 4-6) Parkour (Gr 1-6) Private Skateboard Lessons (Gr 3+) The Young Engineer Challenge (K-4) NetGenerations Tennis (Ages 4-6) Club Tennis (Gr 1-8) AM & PM Cooking (Gr 4-8) East Coast Elite Soccer-Girls (Gr 7-9) Horsemanship (Ages 6+) Nature Wire Art (Gr 3-5) Parkour (Gr 7-9)
Multi-week				
ZFDM Kids Run Club Music Rocks Family Connections Story Hour & Craft Intro to Archery Family Tennis	Clipper Kids (Gr 1-3) LEGO Robotics Master (Gr 1-5) Little Aces (Ages 4-6) Private Skateboard Lessons (Gr 3+) NetGenerations Tennis (Ages 4-6) Club Tennis (Gr 1-8) AM & PM Clipper Girls Basketball Clinic (Gr PreK-3) Video Game Designer (Gr 3-6) Creative Juicery (Gr 1-4)	East Coast Soccer (Gr K-6) Horsemanship (Ages 6+) Little Aces (Ages 4-6) Private Skateboard Lessons (Gr 3+) Track & Field (Gr 3-8) Young Engineer Challenge (Gr K-4) NetGenerations Tennis (Ages 4-6) Club Tennis (Gr 1-8) AM & PM Football Clinic (Gr 5-8)		

Youth Center Programs are open to entering grades 7-12.

Youth Center

	Tuesdays	Wednesdays	Thursdays
2 sessions each	D and D 1-3pm	Hammock Hang 12-1:30pm	Craft Trendz 3-4:30pm
June 29-Aug 19	Yoga 3-4pm Anime 3:15-4:30pm Grill and Chill 5:30-7:30pm	Nature Art 2-3pm Pick Up Ball 4-5:30pm Chess Club 4:15-5:45	Roller Disco 5-6:30pm Movie Night 8-10pm
1 session June 29-July 20	GaGa Ball 2-3pm		
1 session July 27-Aug 17	Roller Hockey		

T A GLANCE

Grades listed below are for entering grades in the 2021/22 school year.

Programs in **BLUE** are afternoon or mid day programs. Check descriptions for details.

July 26-30	Aug 2-6	Aug 9-13	Aug 16-20	Aug 23-27
Clipper Crew (Gr 4-6)	Clipper Cheer Clinic (Gr 3-5)	Clipper All Sports Clinic (Gr 1-6)	100 in 1 STEM Lab (Gr 2-5)	Net Generations Tennis (Ages 4-6)
Clipper Kids (Gr 1-3)	Clipper Crew (Gr 4-6)	Clipper Crew (Gr 4-6)	Creativity Juicery (Gr 1-4)	Club Tennis (Gr 1-8) AM & PM
Clipper Lacrosse Boys Clinic (Gr 4-8)	Clipper Kids (Gr 1-3)	Clipper Kids (Gr 1-3)	Clipper All Sports Clinic (Gr 1-6)	
Clipper Lacrosse Coed Clinic (Gr 1-3)	East Coast Soccer (Gr K-6)	Creative Juicery (Gr 1-4)	Clipper Crew (Gr 4-6)	
Creative Juicery (Gr 1-4)	Little Aces (Ages 4-6)	East Coast Soccer (Gr K-6)	Clipper Kids (Gr 1-3)	
CSI (Gr 1-5)	Mountain Biking-Beg (Gr 4-8)	Horsemanship (Ages 6+)	Parkour (Gr 1-6)	
East Coast Soccer Jr (Ages 3-5)	NBBA Summer Hoops Challenge (Gr 4-8)	Little Aces (Ages 4-6)	Private Skateboard Lessons (Gr 3+)	
Golf (K-3)	Private Skateboard Lessons (Gr 3+)	Private Skateboard Lessons (Gr 3+)	Net Generations Tennis (Ages 4-6)	
Little Aces (Ages 4-6)	Rollerblading Fun! (Gr 1-4)	NetGenerations Tennis (Ages 4-6)	Club Tennis (Gr 1-8) AM & PM	
Private Skateboard Lessons (Gr 3+)	Net Generations Tennis (Ages 4-6)	Club Tennis (Gr 1-8) AM & PM	Field Hockey (Gr 3-8)	
Net Generations Tennis (Ages 4-6)	Club Tennis (Gr 1-8) AM & PM	Field Hockey (Gr 3-8)	Creativity Juicery (Gr 1-4)	
Club Tennis (Gr 1-8) AM & PM	Cooking (Gr 4-8)	Flag Football (Gr 2-4) & (Gr 5-8)		
	Discover Design & Photo Editing (Gr 4-8)	Intro to Coding & Web Design (Gr 4-6)		
	Mountain Biking-Int/Adv (Gr 4-8)	Cooking (Gr 4-8)		

er Programs

1 Time Activities, Events, and Trips

Wilderness First Aid June 24th and 25th 8-5pm

Kayaking July 12th. 11am

Scavenger Hunt July 19th. 4-5:30pm

Paddleboard August 2nd, 1pm

Little Aces

Little Aces is a great first step into NYS programs for new families, and a favorite of some of our summer regulars.

Designed as an early education program, a week in Little Aces is filled with elements your child will love. This year more than ever, we will focus on social and emotional health and connecting with peers.

The program has a 1:5 ratio, giving lots of personal attention from our amazing teen and adult staff. The day is set up to create a predictable routine filled with circle time, outdoor play, art/ theme activities, games, snack time and free play.

Little Aces runs indoors and out. This program also includes time for free play...Pure unstructured time with peers (where staff take a step back) where creativity and imagination are the boss, and important social skills are developed. Kids are encouraged to work out issues before asking an adult to help. When they do ask for help, Little Aces staff help guide them rather than fix it for them.

Each week the books, activities and games are based on the theme.

Little Aces

Ages 4-6 Mon-Fri · 9:00am-12:00pm \$150/\$160

Instructor: NYS Staff, Location: Rec Center

Session 1 Alice in Wonderland June 28-July 2

Session 2 Very Hungry Caterpillar & Friends· July 5-9

Session 3 Under the Sea · July 12-16

Session 4 Fun Forks & Silly Spoons · July 19-23

Session 5 Slumber Party· July 26-30

Session 6 Ooey-Gooey Messy-Yummy · Aug 2-6

Session 7 Outer Space · Aug 9-13

Add on: Stay and enjoy lunch and more outdoor play!

1:00pm pickup \$25/week



We also have a 20% discount for siblings!

OR

A 20% discount if you sign up for 3 weeks or more!



Back and Better than Ever!

**Clipper is back for an amazing summer. 8 weeks this year.
We have expanded our hours and have an early drop off option!**

Clipper Kids and Crew is designed to recreate summer the way we all remember. Clipper is a summer playground program. It offers a playground, sports court, craft area, a field and baseball diamond. NYS Staff are there to plan activities and events and keep the days fun and exciting! This program also includes time for free play...Pure unstructured time with peers (where staff take a step back) where creativity and imagination are the boss.



*Each week includes a water day, a theme day and
new this summer we hope to have an entertainer visit each week!*

Clipper is more than a camp, it's a community.
Kids grow up at Clipper year after year and we can't wait for your family to join.

We also have a 20% discount for siblings! [OR](#)
A 20% discount if you sign up for 3 weeks or more!

Clipper Kids

Instructor: NYS Staff, Location: Perkins Park

Gr 1-3 Mon-Fri · 8:45am-1:30pm · \$210/\$220

Session 1 June 28-July 2

Session 2 July 5-9

Session 3 July 12-16

Session 4 July 19-23

Session 5 July 26-30

Session 6 Aug 2-6

Session 7 Aug 9-13

Session 8 Aug 16-20



Add on: 8:00am drop off \$25/week

Clipper Crew

Instructor: NYS Staff, Location: Perkins Park

Gr 4-6 Mon-Fri · 8:45am-1:30pm · \$210/\$220

Session 1 June 28-July 2

Session 2 July 5-9

Session 3 July 12-16

Session 4 July 19-23

Session 5 July 26-30

Session 6 Aug 2-6

Session 7 Aug 9-13

Session 8 Aug 16-20

**Add on: 8:00am drop off
\$25/week**



Deadlines are one week prior to start date. Register at [Newburyportyouthservices.com](https://newburyportyouthservices.com) or call NYS for help.

Sports

Clipper Athletics

Clipper Track & Field



This program will be an opportunity for young athletes to learn proper running and jumping techniques while being introduced to many of the events that make up track and field. Proper technique will be emphasized in a fun, game oriented environment. The goal is developing a life-long enjoyment of fitness. The coaches are Mike McCormick, who is the head coach for NHS spring track, as well as the head coach for the Winner's Circle Running Club and has completed 38 Boston Marathons! Pat Sheehan is the assistant coach for NHS track. He is a former state champion sprinter and jumper for NHS. In addition, experienced high school and college track and field athletes will be assisting with many of the events.

Instructor: NHS Track Coaches and Athletes, Location: Fuller Field

Gr 3-5

Session 1 Mon-Thu · July 5-8 · 9:00-10:30am · \$94/\$104

Gr 6-8

Session 2 Mon-Thu · July 5-8 · 10:45am-12:15pm · \$94/\$104

Clipper Lacrosse Clinic

Please join Newburyport Boys Lacrosse Coach Josh Wedge, along with NHS assistants and players for a summer lacrosse clinic. Developing players can utilize this program as a way to improve and advance their lacrosse skills, while having a blast with the high school coaches and players. We will structure drills to meet all levels of skill from beginner to advanced. No previous experience required. During the clinic we will focus on the fundamentals of lacrosse, and apply those skills in various competitions and games (including fastest shot, accuracy, and 3 x 3 lacrosse). Note: Grades 1-3 are only required to bring a stick and is open to girls and boys, while grades 4-8 is just for boys and does require full pads and equipment.

Instructor: NBPT Boys Lacrosse Coaches, Location: NHS Stadium

Gr 1-3 (Coed)

Session 1 Mon-Thu · July 26-29 · 8:30-11:00am · \$135/\$145

Gr 4-8 (Boys only)

Session 2 Mon-Thu · July 26-29 · 8:30am-1:30pm · \$205/\$215

Rollerblading Fun!

Join Mr. Valli and Ms. Rescott for 3 fun mornings of rollerblading activities around the Bresnahan. No experience necessary! Learn a new skill or challenge yourself and go through some obstacles and relay races. This is sure to be a blast! Equipment will be provided, or bring your own.

Instructor: Matt Valli & Lindsay Rescott, Location: Bresnahan Elementary

Gr 1-4

Tue-Thu · Aug 3-5 · 9:00-11:00am · \$75/\$85

Clipper Boys Lacrosse Shooting/Dodging Clinic

Please join Newburyport Boys Lacrosse Varsity Coach Josh Wedge at Newburyport High School for a shooting/dodging clinic. Players of all skill levels can learn the fundamentals and techniques of becoming a strong shooter and dodger in the game of lacrosse. We will structure drills to meet all levels of skill from beginner to advanced. No previous experience required. During the clinic we will focus on the fundamentals of shooting, dodging, footwork, agility, as well as offensive IQ development in the game of lacrosse. Helmet and gloves required

Instructor: NBPT Boys Lacrosse Coaches, Location: NHS Stadium

Gr 6-10

Session 1 Mon-Thu · July 12-15 · 2:45-4:00pm · \$115/\$125

Session 2 Mon-Thu · Aug 2-5 · 2:45-4:00pm · \$115/\$125

Clipper Football Clinic

Come join your NHS football coaching staff and players for a great experience learning the skills and techniques that make up a complete football player. All youth are welcome to learn and experience all facets of the game in offense, defense, and special teams. Participants will learn techniques in all positions and work on group and team drills that will demonstrate proper technique. On top of this, players will compete in 7 on 7 tag football, learning routes and pass coverages, along with an assortment of other games that are football related. Youth will also learn the Clippers values instilled in our NHS football players. This clinic is a fundraiser to assist the NHS football program in purchasing equipment for the team.

Instructor: Ben Smolski, NHS Football Coaches and Players, Location: NHS Stadium

Gr 5-8

Mon-Thu · July 5-8 · 2:00-4:30pm · \$135/\$145

Clipper Volleyball Clinic

This clinic is designed for players of all abilities who are interested in learning how to play the game of volleyball. Volleyball is a new sport to this community and so our goal is to build interest in this extremely fun lifelong sport. The week will consist of skill building games/drills with the support of NHS volleyball players and coaches.

Instructor: Lori Solazzo and NHS Volleyball Coaches, Location: NHS Gym/Cashman

Gr 5-10

Session 1 Mon-Thu · July 5-8 · 8:00-10:00am · \$110/\$120

Session 2 Mon-Thu · July 5-8 · 10:30am-12:30pm · \$110/\$120

Clipper Athletics is a partnership between NYS and the Nbpt Schools Athletic Dept.

A portion of the fees go to the school facilities and a portion to the team!

Clipper Boys Basketball Clinic

Newburyport High School Boys Basketball and NYS are excited to offer four separate Boys Basketball Clinics for student-athletes this summer! Varsity Coaches Chris Peura, Tim Mahan, and Dave Clay will focus on all players developing the fundamentals of the game through skill work and small sided games focusing on dribbling, passing, footwork, defense, and shooting form. All players will be placed on teams for the week and they will compete in two games a day. Along with the skills necessary to play basketball, all coaches will educate campers on the importance of being great teammates,

communicating on/off the court with peers, competing at a high level and sportsmanship. It will be a fun learning environment that will challenge your son's skills to help him become a complete basketball player. Clipper Boys Basketball Training

Instructor: Coach Clay and Others

Gr 5-10 *Location: Nock Middle School Gym/Outside Courts*
Session 1 Mon-Fri · June 21-25 · 9:00am-3:00pm (Fri 9-12pm)· \$305/\$315
Session 2 Mon-Fri · July 12-16 · 9:00am-3:00pm (Fri 9am-12:pm)\$305/\$315

Gr 1-4 *Location: Bresnahan Gym/Courts*
Session 1 Mon-Thu · June 28-July 1 · 8:30-10:30am· \$105/\$115
Session 2 Mon-Thu · July 19-22 · 8:30-10:30am· \$105/\$115

Classic Sports Summer Program

Kids are all welcome to sign up for a fun filled week with 4 different team activities, including flag football, wiffle ball, ultimate Frisbee, and kickball. The program's intent is to build good teamwork and friendships while participating in games and competitions in the respective activity. It will be a fast paced day with the kids being occupied by participating and cheering on their teammates in games and contests. This all leads up to Championship Friday with a blend of games and competitions!

Instructor: All Sports Boosters, Location: Fuller Field

Gr 4-8
Session 1 Mon- Fri · June 28-July 1 · 8:00am-12:00pm \$200/\$210

Clipper All-Sports Clinic

The All-Sports Clinic will introduce activities to youth who enjoy a variety of sports and recreational games. Youth are taught skills and given the opportunity to compete in a variety of sports such as soccer, basketball, flag football, and more, while also enjoying some favorite recreational games like dodgeball, capture the flag, meatball, and more plus use of the playground during break time. The day will begin with active dynamic stretching and plyometric to focus on balance and coordination. Our highly qualified staff makes sure our days are high paced and non-stop fun for every kid! An emphasis on sportsmanship, playing with character, and having fun!

Instructor: Kyle Hodsdon & Matt Valli, Location: Bresnahan Elementary

Gr 1-6
Session 1 Mon-Fri · Aug 9-13 · 9:00am-3:00pm (Fri 9-12) · \$208/\$218
Session 2 Mon-Fri · Aug 16-20 · 9:00am-3:00pm (Fri 9-12) · \$208/\$218

Clipper Field Hockey Clinic

Join the NHS field hockey coaches for a clinic to learn and develop your field hockey skills. Players will learn the basics of field hockey, while getting a chance to practice in skill sessions that help develop individual and team skills. All levels are welcome! Please bring: field hockey stick, mouth guard, shin pads, field hockey goggles. If you need to borrow a field hockey stick, please email coach Delacey in advance at jdelacey@newburyport.k12.ma.us.

Instructor: Jessica Delacey, Location: NHS Stadium

Gr 3-8
Session 1 Mon-Wed · Aug 9-11 · 4:30-6:00pm· \$70/\$80
Session 2 Mon-Wed · Aug 16-18 · 4:30-6:00pm· \$70/\$80

Clipper Girls Basketball Clinic

Our focus will be to help players gain confidence and knowledge while teaching the proper fundamentals in a fun atmosphere. Daily emphasis will include: footwork, balance, ball handling, shooting, attacking defender, post play, defensive concepts, boxing out and rebounding, goal setting, positive affirmations, plus other fun activities and games. All aspects of basketball will be covered with daily skills and drills and competitive contests including "Queen of the Court" and "Queen Clipper". Space is limited so don't miss out on a fun week of basketball!

Instructor: Kyle Hodsdon, Karen Grutchfield, current NHS and college players, Location: Nock Middle School/NHS

Gr 4-9
Session 1 Mon-Thu · June 28-July 1 · 8:00am-1:00pm \$183/\$193
Gr PreK-3 (at least age 4)
Session 2 Mon-Thu · June 28-July 1 · 12:00-2:30pm \$100/\$110

NBBA Summer Hoops Challenge

All the players will be placed on teams the first day with a coach. There will be two divisions: grades 4-5 (college) and grades 6-7-8 (pros). Summer Hoops will teach basketball fundamentals and focus on team play. Each day the teams will practice and play games. On the last day, there will be championship games for each division, with winners receiving trophies. Awards will also be given to "best teammate" in each division. All attendees will receive a Summer Hoops t-shirt.

Instructor: NBPT Boys Basketball Association, Location: Nock Middle School Gym/Outdoor Courts

Gr 1-4
Mon-Thu · July 26-29 · 8:00am-12:00pm· \$210/\$220
Gr 4-8
Mon-Thu · Aug 2-5 · 8:00am-12:00pm· \$210/\$220

Deadlines are one week prior to start date. Register at Newburyportyouthservices.com or call NYS for help.

East Coast Soccer

East Coast Soccer

Let your child be a part of something big! Join East Coast Soccer at any age! Learn the basic skills of soccer from kicking to passing and the important elements of teamwork and good sportsmanship. We have one of the best instructors to child ratios and our staff love the sport and bring a wealth of soccer knowledge to our programs. This has made East Coast Soccer one of the premier soccer programs to learn soccer or to increase your soccer skills on the North Shore.

Instructor: East Coast Soccer,

Location: Cashman Park

Gr K-6

Session 1 July 5-8 Mon-Thu · 8:00-11:00am · \$187/\$197

Session 2 July 12-15 Mon-Thu · 8:00-11:00am · \$187/\$197

Session 3 Aug 2-5 Mon-Thu · 8:00-11:00am · \$187/\$197

Session 4 Aug 9-12 Mon-Thu · 8:00-11:00am · \$187/\$197



East Coast Elite Soccer-Boys

This clinic is geared to girls and boys who want to take their soccer skills and knowledge to another level. Players will be challenged daily! The week will include: skill competitions, defending (1st defender, 2nd defender), attacking(1v1, 2v1, 2v2, etc.), shooting, passing and dribbling.

Instructor: East Coast, Location: Cashman Park

Gr 7-9

Boys Mon-Thu · July 19-22 · 8:00-11:00am · \$187/\$197

Girls Mon-Thu · July 19-22 · 4:00-7:00pm · \$187/\$197

East Coast Soccer Jr

East Coast Soccer uses a variety of soccer related games to develop skills while engaging kids in physical activity. Our model is designed to create self-confidence, promote physical fitness, and help develop motor skills. We have one of the best instructor to child ratio with a strong emphasis on fun!

Instructor: East Coast Soccer, Location: Cashman Park

Ages 3-5

Mon-Thu · July 26-29 · 8:30-10:00am · \$94/\$104



River Rivals

All Comers Track Meets
Hosted by: River Rivals Track Coaches @Fuller Field

Ages 6+ (adults included--all comers)
Wed · July 7, 14, 21 · 5-7:30pm

Kids Run

Summer Run Club

Introduce the sport of running to your child! The perfect way to get some energy out for kids ages 2-8; Kids will learn key running concepts, good sportsmanship, perseverance and setting/achieving their goals, while maintaining a healthy lifestyle. Adults are asked to stay on-site, especially for the younger ages--this is not a drop off program.

Instructor: Kristen Bonito Health & Fitness, Location: Fuller Field

Ages 2-8

Tue · July 6-27 · 4-5pm · \$90/\$100

Mountain Biking

Mountain Biking-Beginner

In just days, you will learn the fundamentals of mountain biking, such as climbing, descending, braking, shifting, and general bike handling techniques. You will also be introduced to trail etiquette, bike safety, and basic trail side repairs. Limited to 10 bikers. Mountain bike and helmet required. If your child is interested in signing up, but doesn't have a mountain bike, please let NYS know and we will see if we can find one to rent/borrow. (Fri rain day)

Instructor: Riverside Cycle, Location: Maudslay State Park

Gr 4-8

Session 1 Mon-Thu · July 12-15 · 1:00-3:00pm · \$100/\$110

Session 2 Mon-Thu · Aug 2-5 · 9:00-11:00am · \$100/\$110

Mountain Biking-Intermediate/Advanced

Learn more advanced mountain biking skills such as log hopping, bunny hops, wheelies and technical descents. This program is for riders with some fitness and ability to maintain a steady pace over time. (Fri rain day)

Instructor: Riverside Cycle, Location: Maudslay State Park

Gr 4-8

Session 1 Mon-Thu · July 12-15 · 9:00-11:00am · \$100/\$110

Session 2 Mon-Thu · Aug 2-5 · 1:00-3:00pm · \$100/\$110

Sky Hawks

Golf

Participants will learn the fundamentals of swinging, putting, body positioning, etiquette and keeping score. The program is specifically designed for the entry-level player, simplifying instruction so that young players can make an easy and effective transition onto the golf course. All equipment provided.

Instructor: Skyhawks, Location: Nock Fields

Gr K-3 July 26-30 · 9:00am-12:00pm · \$165/\$175



Flag Football

Skyhawks Flag Football Fueled by USA Football is an exciting introduction to America's favorite game! Using skills and drills from the Football Development Model, developed by the experts at the sport's national governing body – USA Football – players will gain confidence and prepare for league play. Coaches will teach the key concepts of passing, receiving, running, kicking, punting and flag pulling, all presented in a positive environment. Athletes will learn developmentally appropriate fundamentals and critical life lessons leading to the Skyhawks Sports Bowl, where participants showcase their skills!

Instructor: Skyhawks, Location: Nock Fields

Gr 2-4 Aug 9-13 · 9:00am-12:00pm · \$180/\$190

Gr 5-8 Aug 9-13 · 9:00am-12:00pm · \$180/\$190

Parkour

Summer movement classes that are designed to jump start your child's day off with a healthy dose of movement, exploration, and fun! Skills sessions are a great way to learn the basics, build on techniques, or master certain movements in a small-group instruction context. This class is for youth of all ability and fitness levels, and will include instruction in the basic movements and techniques of parkour, as well as exercises designed to improve general fitness and ensure the long-term practice of parkour. Classes will focus on exploring and moving within one's environment and will include a number of games, exercises, and drills to improve balance, coordination, strength, spatial awareness, and flexibility while having fun. All classes are taught by ADAPT certified coaches. COVID Safety Requirements: Masks must be worn from check-in to check-out, hand-sanitizing will be performed at the start and end of each session. What to bring: Weather-appropriate clothing (this class will run regardless of the weather- rain, sleet, snow, sun- be prepared), water bottle, face mask, individual container of hand sanitizer, a small bag to hold your belongings (Note: Parkour Generations Boston takes no responsibility for the safe-keeping of items)

Instructor: Parkour Generations, Location: Moseley Woods

Gr 1-3

Session 1 Mon-Thu · July 19-22 · 9:00-11:00am · \$200/\$210

Session 4 Mon-Thu · Aug 16-19 · 9:00-11:00am · \$200/\$210

Gr 4-6

Session 2 Mon-Thu · July 19-22 · 11:30am-1:30pm · \$200/\$210

Session 5 Mon-Thu · Aug 16-19 · 11:30am-1:30pm · \$200/\$210

Gr 7-9

Session 3 Mon-Thu · July 19-22 · 2:00-4:00pm · \$200/\$210

Session 6 Mon-Thu · Aug 16-19 · 2:00-4:00pm · \$200/\$210

Private Skateboard Lessons

Summer Skate Sessions! Perfect way to spend some of your summer. Let's get together and skate.

These lessons are for anyone who is starting out or who already skates and just wants to challenge themselves and progress, sign up for a session or two! In addition to learning the basics of skateboarding, you will also be introduced to skate park culture and etiquette to help keep you safe. Please bring your own skateboard, helmet, knee and elbow pads.

Instructor: Lee Biddle, Location: NBPT Skate park

Choose one of four time slots for a 4 day session

Gr K-2 8:00-9:00am

Gr 3+ 8:00-9:00am, 9:00-10:00am, 10:00-11:00am or 11:00am-12:00pm

Mon– Thu (Fridays used as a rainy day backup) \$155/\$165

Session 1 · June 28-July 1

Session 2 · July 5-8

Session 3 · July 12-15

Session 4 · July 19-22

Session 5 · July 26-29

Session 6 · Aug 2-5

Session 7 · Aug 9-12

Session 8 · Aug 16-19

Deadlines are one week prior to start date. Register at [Newburyportyouthservices.com](https://newburyportyouthservices.com) or call NYS for help.

first tee

new hampshire



2021 Registration Open!

Programs for kids ages 7-17

Register Conveniently Online

www.firstteenh.org



First Tee - New Hampshire
22 North Road - North Hampton, N.H. 03862

ZFDM

Pre-K Drums & Music

If your kid can hold the sticks, they're old enough to learn to play drums! Give your little musician a solid musical foundation with ZFDM's Pre-K Drums and Music Class. This class is a ton of fun and gives children the opportunity to play various percussion instruments including hand drums, shakers, woodblocks and maracas. We work together as a group using call and response techniques, introducing the kids to basic rhythm reading. The benefits of this class far exceed rhythm play – students learn how to follow directions, practice their listening skills and enjoy music while working with others.

Instructor: Dave Pierce of ZFDM, Location: Rec Center Playground

Ages 3-5 with adult

Thu · July 8-29 · 10-10:45am · \$68/\$78

Dungeons & Dragons

Whether you've spent hours rolling dice and adventuring or are not even sure what D&D is, this program is perfect for you! D&D is a collaborative improvisational role-playing game where players create characters, adventure, roll dice and work together to have as much fun as humanly possible. Join us each week for fantasy adventures in the world's greatest role-playing game. Bring your lunch for this mid-day program!

Instructor: Chris Cain, Location: Rec Center Playground

Gr 3-5

Session 1 Mon-Fri · July 19-23 · 10:00am-1:00pm \$150/
\$160

Horsemanship at High Tail Acres

Summer Horsemanship

The Summer Horsemanship Program at High Tail Acres, LLC is the perfect opportunity to quench your child's interest in horses and riding. What a great opportunity for the student to experience the workings of a stable with hands on activities and to also experience 2 riding lessons per day, group activities, and horse related projects. All riding abilities are invited. Our program groups students by ability and experience levels, taking into consideration their age and maturity. The staff at High Tail Acres, LLC stresses the importance of safety, and every precaution is taken to provide the student with a positive learning experience. The Summer Horsemanship Program provides the student with a comprehensive learning experience. The curriculum will include a classroom atmosphere to provide for knowledge attainment of basic horsemanship, etc. Two riding lessons each day, hands-on involvement in the operations of a stable and team building activities will give each student a rewarding experience and prepare the student for the end of camp mini horse show to which parents and friends are invited. The art/craft project will complement the classroom experience. (Art/craft materials will be provided.) The counselors at High Tail have all participated in the horsemanship programs at High Tail and are eager to share their own experiences through interaction with the students. The High Tail instructors are Massachusetts licensed, with years of teaching experience. Each student will receive a High Tail Acres, LLC T-shirt and Certificate of Completion. Please bring a bag lunch. Peanut free snacks and juice boxes are provided. Equipment Required: Students are required to wear an SEI certified helmet. Hard soled shoes or boots (not cowboy boots) with at least a 1/2 inch heel is required footwear. For riding lessons, students should wear jodphurs or long pants to prevent chafing. Please have your child bring her/his own plastic water bottle, labeled with their name. We do have a limited number of boots and helmets available. If you need to purchase equipment, please call High Tail Acres directly @ 978-465-4142 and we will guide you in the right direction.

Instructor: High Tail Acres, Location: High Tail Acres, Newbury

Ages 6+

Session 1 Mon-Fri · July 5-9 · 9:00am-2:00pm \$450/\$460

Session 2 Mon-Fri · July 19-23 · 9:00am-2:00pm \$450/\$460

Session 3 Mon-Fri · Aug 9-13 · 9:00am-2:00pm \$450/\$460

SUMMER REC and ENRICHMENT

Archers Artemis

Intro to Archery

This is a four week class that will introduce the beginner to the basics of archery. In week 1, you will learn how to safely handle the equipment and to use proper shooting form. You will be shooting in the first class. In week 2 we will expand on the form. In week 3 we will continue to advance form as we work on the mental aspects of archery. In week 4 we will review everything you learn while you are doing a mini pin shoot to include learning tournament rules scoring. If you miss a class you will have four week to complete it if there is room in another class. If we are rained out we will do our best to reschedule as soon as possible. We provide bows, arrows, quivers and arm guards at no extra cost for classes. We will be outside. Please bring sunscreen, hat etc. If we have to cancel because of rain, you will receive an email 2 hours prior to the start of class. We will reschedule as soon as possible.

Instructor: Archers Artemis, Location: Archers Artemis, Amesbury

Ages 8+

Session 1 Fri · July 9-30 · 12:00-12:55pm · \$140/\$150

Session 2 Fri · Aug 6-27 · 12:00-12:55pm · \$140/\$150

Session 3 Sat · July 10-31 · 12:00-12:55pm · \$140/\$150

Session 4 Sat · Aug 7-28 · 12:00-12:55pm · \$140/\$150

Session 5 Sun · July 11-Aug 1 · 9:00-9:55am · \$140/\$150

Session 6 Sun · Aug 8-29 · 9:00-9:55am · \$140/\$150

Summer Archery Camp

For Beginner and Intermediate Archers. Learn the basics or work on perfecting your technique of The National Training System, the form used by US Olympic Archers, through hands on shooting. Play games to help reinforce techniques. Compete in an official pin shoot. All classes taught by USA Archery Certified Coaches and Instructors. Classes will be taught outdoor weather permitted. Classes are Monday through Thursday with a make up date on Friday for weather cancellation. This class will be outdoors. Please wear flat shoes or sneakers--no sandals or open toed shoes. Wear something with a solid waistband in order to hold the quiver of arrows. We will provide water. Bring a hat and any covering for either strong sun or inclement weather. Bring a snack. We will shoot in light rain. We will not shoot in strong rain, winds or if there is lightening.

Instructor: Archers Artemis, Location: Archers Artemis, Amesbury

Ages 8+

Mon-Thu · July 6-8 9:30-11am · \$170/\$180

S.T.E.M.

Minds in Motion

100 in 1 STEM Lab

Learn about basic circuit connections as you construct four initial units; Maze Challenge, Flying Disc, Turbo Air, and Alarm System! With Maze challenge, you can build a carnival classic hand eye coordination game where a metal loop is maneuvered around a metal wire. Flying Disc allows you to launch a disc spinning into the air! With Turbo Air, you can use air flow to create a bubble machine, vacuum cleaner, or a floating foam ball! Alarm system allows you to build a functioning spinning LED light with a beeping audio display! As future electrical engineers, the 100 in 1 STEM lab will teach you how to comprehend a schematic diagram, build the circuit, and interpret the flow of electricity! Design your own diagrams and watch your confidence soar as you transform wires, springs, and plastic parts into fully functioning circuits! 100 in 1 STEM Lab will continue to entertain and challenge you for years!

Instructor: Minds in Motion, Location: Rec Center Playground

Gr 2-5

Mon-Fri · Aug 16-20 · 9:00am-12:00pm \$150/\$160

CSI

Come and join our Minds In Motion Crime Team in this fun and interesting workshop! We will provide you with all the tools you need to become your very own crime scene investigator! Learn all about forensics, searching for evidence, and gathering clues. You will conduct many science experiments in our crime labs to solve the mysteries at hand! As young detectives in training, you will learn all about fingerprinting and how to classify them. Bring home your very own fingerprint classification sheet! You will also perform chemical analyses and observations working with powders, liquids, and much much more! Be amazed at how much science plays a part in solving a crime. Come ready with your thinking caps and be prepared to use all the skills necessary to solve the crime of the century and help save the Minds In Motion Laboratory! We need you!

Instructor: Minds in Motion, Location: Rec Center Playground

Gr 1-5

Mon-Fri · July 26-30 · 9:00am-12:00pm \$150/\$160

Fun with Ms. Spinney

Rube Goldberg Simple Machines

Do you like to build? Do you want to see how chain reaction machines work? Come join STEM Teacher Kristin Spinney to learn about simple machines. You will then build and create your very own chain reaction Rube Goldberg Machine. We will use the maker space, dominoes, blocks, tubes, bouncy balls, and so much more. The possibilities are endless. Come join us to create, problem solve, and have fun!

Instructor: Kristin Spinney, Location: Bresnahan Elementary STEM Lab

Gr 1-3

Mon-Thu · July 12-15 · 9:00-11:45am · \$135/\$145

Gr 3-6

Mon-Thu · July 12-15 · 12:15-3:00pm · \$135/\$145

Seacoast Technology

LEGO Robotics Master

Do you have what it takes to be Newburyport Youth Services' next LEGO Master? Join our resident LEGO expert Kevin Husson as he guides young LEGO Masters through a series of daily LEGO robotic challenges! Working in pairs participants will have access to thousands of specialized LEGO bricks including motors, sensors, and so much more! Then, using a laptop and kid-friendly LEGO WeDo 2.0 software, teams will create programs to bring their creations to life! Daily challenges will include amusement park rides, vehicles, animals, and much more! This is a can't miss, one-of-a-kind program for LEGO fans! All participants will receive a special NYS LEGO Master certificate of achievement! Note: Participants do not get to take LEGO projects home.

Instructor: Kevin Husson, Location: Rec Center

Gr 1-5

Mon-Thu · June 28-July 1 · 9:00-11:45am · \$124/\$134

Video Game Designer

It's time to STOP playing video games and time to START creating them! In this fun-filled class participants will learn how to program and create their very own video games! We will learn how to create sprites, objects, levels, backgrounds, sound effects and much more as we create several games that can be shared with family and friends! We will create a multi-level, customized adventure game complete with zombies, potions, coins, trap doors, and so much more! Participants should bring a flash drive in order to save and take their games home with them.

Instructor: Kevin Husson, Location: Rec Center

Gr 3-6

Mon-Thu · June 28-July 1 · 12:15-3:00pm · \$124/\$134

Young Engineer Challenge

Are you a builder, a tinkerer, a problem-solver or anything in between? Young Engineers is the program for you! Campers will have the opportunity to learn about the design process through creative, hands-on construction projects, all while having tons of fun with their friends. Each day of this three day program will bring a different design challenge. On the first day, campers will construct a chair (or throne, couch, stool, etc.) capable of holding their weight, using only cardboard. The next day, they'll roll a tennis ball across a bridge made of only spaghetti and marshmallows. On the climactic final day, campers will build an enclosure to protect an egg which will be dropped from increasing heights until it cracks! We hope you join us this summer for an engaging, co-operative and wonderfully messy introduction to engineering!

Instructor: Tommy Seidel/ NYS Staff, Location: Rec Center

Gr K-4

Session 1 Tue-Thu · July 5-9 · 12:30-3:00pm· \$75/\$85

Session 2 Tue-Thu · July 19-23 · 12:30-3:00pm· \$75/\$85

Cooking

Recipes for Rookies

Join us in the kitchen for these small group cooking lessons. Each day you will learn one recipe and at the end of the week, you will have a full meal with dessert under your belt. You will learn cooking techniques and kitchen safety as well!

Instructor: Isa Maginnis, Location: Senior Community Center

Grades 4-8

Session 1 Mon- Fri · July 19-23 · 12:30-3:00pm \$120/\$130

Session 2 Mon- Fri · Aug 2-6 · 12:30-3:00pm \$120/\$130

Session 3 Mon- Fri · Aug 9-13 · 12:30-3:00pm \$120/\$130

*only 4 spots per session! Make sure to add to waitlist as we may open more sessions.



Cooking & Art

Creative Juicery

The Creative Juicery is open and we are here to get our creative juices flowing! Daily activities and we are here to get our creative juices flowing! Daily activities and will be provided but you will have the chance to use the art supplies, or hang out and games with friends! Each week start with a delicious fruit smoothie and each session will include one day of tie-die and a variety of other art activities. From clay to paint, fabric to wood, we will try it all! Sign up with a friend or meet a new friend who loves to create as much as you do! This programs will be held indoors and out!



*AM/PM Sessions' activities each week are the same

Instructor: Isa Maginnis, Location: Rec Center

Grades 1-5

Session 1 Mon-Fri· June 28-July 2 · 9:00-11:30am· \$125/\$135

Session 2 Mon-Fri· June 28-July 2 · 12:30-3:00pm· \$125/\$135

Session 3 Mon-Fri· July 12-16 · 9:00-11:30am· \$125/\$135

Session 4 Mon-Fri· July 12-16 · 12:30-3:00pm· \$125/\$135

Session 5 Mon-Fri· July 26-30· 9:00-11:30am· \$125/\$135

Session 6 Mon-Fri· Aug 9-13· 9:00-11:30am· \$125/\$135

Session 7 Mon-Fri· Aug 16-20· 9:00-11:30am· \$125/\$135

Animal Art

Do you like arts and crafts? Do you love animals? Sample a variety of visual arts including painting, sculpting and other crafts, and exciting animal themes to life.

Instructor: Tran Jost, Location: Rec Center

Materials Fee \$25

Gr 1-4

Mon-Fri · July 5-9 · 9:00am-12:00pm \$130/\$140

Wire by Ryan

Nature Wire Art

Join local award winning wire sculptor Ryan Kelley as you create wire art based on nature! Bring flora from home with you or observe during class! All materials and tools included!

Instructor: Ryan Kelley, Location: Moseley Woods Pavilion

Gr 3-5

Mon-Wed · July 19-21 · 1-2:30pm· \$75/\$85

Deadlines are one week prior to start date. Register at Newburyportyouthservices.com or call NYS for help.

Leave No Trace

There is power in knowing the names of the plants and animals that we share our space with, and in learning how to coexist peacefully. We can learn to live in deeper harmony if we can say hello to trees by name or distinguish food from the mass of green in front of us. Kids will learn to identify the natural world, keep a log of the plants they find, and even learn to responsibly harvest in the woods! It is a remarkable opportunity for kids to continue this class throughout the change in the seasons because they will both see the various developmental stages of plants, and engage with new ones that pop up over time!

Gr 4-6 Mon-Thu · Aug 23-26 · 9:30am-12:30pm · \$144/\$154

Garden Investigators

This summer we will use our senses to understand what plants know about the world around them. Conducting a series of experiments, we will try to figure out if plants see, smell, and feel their environments the way that we do! By understanding these complex ideas, kids will also have a chance to interact with plants and seeds to watch how they move around, attract pollinators, and contribute to their environment.

Gr 1-2 Session 1 Mon-Thu · June 28-July 1 · 9:30am-12:30pm · \$144/\$154

Gr 3-5 Session 2 Mon-Thu · June 28-July 1 · 9:30am-3:30pm · \$144/\$154



All programs are at the NNS
Community Garden, 902 Main St,
West Newbury



nourishing the northshore

What Makes the World Go 'Round?

The natural world exists as a series of cycles that layer on top of each other. If we learn these patterns, then we can understand how to fit into them! Spend time learning about water cycles, animal habitats, and migration patterns, and how even the smallest space can be a haven for critters that will return the favor and benefit our garden!

Gr 1-2 Session 1 Mon-Thu · July 19-22 · 9:30am-12:30pm · \$144/\$154

Gr 3-5 Session 2 Mon-Thu · July 19-22 · 1:00-3:30pm · \$144/\$154

Inspired by Nature

Kids will create collages, bird baths, animal homes, nature drawings, flower arrangements, hanging baskets and even some creative writing - finishing off the series with fairy homes constructed along the new walking path in the NNS garden.

Gr 1-2 Session 1 Mon-Thu · Aug 9-12 · 9:30am-12:30pm · \$144/\$154

Gr 3-5 Session 2 Mon-Thu · Aug 9-12 · 1:00-3:30pm · \$144/\$154

Tennis Lessons for Beginners and Intermediate Learners

Club Tennis is geared towards getting kids excited about the sport, concentration on tennis fundamentals, and FUN activities. Players will begin each day with a focus on tennis fundamentals, including grips, swing path, footwork, and rules of the game. Using USTA Net Generation curriculum, low-compression tennis balls, smaller racquets, and modified court dimensions, Club Tennis will teach younger players how to rally, engage in proper courtesy and sportsmanship, and compete. Players may be differentiated based on ability.

Instructor: Newburyport Tennis Club,

Location: Atkinson Courts/ NBPT Tennis Club

AM and/ or PM Sessions

Club Tennis 1 Gr 1-4 Mon-Fri · 9am-12pm/ 1-4pm· \$225/\$235

Club Tennis 2 Gr 5-8 Mon-Fri · 9am-12pm/ 1-4pm· \$225/\$220

Session 1 · July 5-9

Session 2 · July 12-16

Session 3 · July 19-23

Session 4 · July 26-30

Session 5 · Aug 2-6

Session 6 · Aug 9-13

Session 7 · Aug 16-20

Session 8 · Aug 23-27

Net Generations Tennis

This program uses low compression tennis balls, smaller racquets and a smaller court. Concentration is on the ABC's of Red Ball Tennis: Agility, Balance, and Coordination. Welcome to the game of tennis and let's have FUN!

Instructor: NBPT Tennis Club Staff,

Location: Atkinson Common Courts

Ages 4-6 Mon-Fri · 8-9am· \$90/\$100

Session 1 · July 5-9

Session 2 · July 12-16

Session 3 · July 19-23

Session 4 · July 26-30

Session 5 · Aug 2-6

Session 6 · Aug 9-13

Session 7 · Aug 16-20

Session 8 · Aug 23-27

- 20% Sibling Discount (same week)
- Private Lessons available through the Club

Family Tennis

Designed for adults and youth to learn together, these 4 sessions will give you the basics (or a refresher) on tennis fundamentals, including grips, swing path, footwork, and rules of the game.

Instructor: NBPT Tennis Club Staff, Location: NBPT Tennis Club

Tues or Wed night - 5-6:30pm or 6:30-8pm

Session 1 July 5-July 30

Session 2 Aug 2- Aug 27

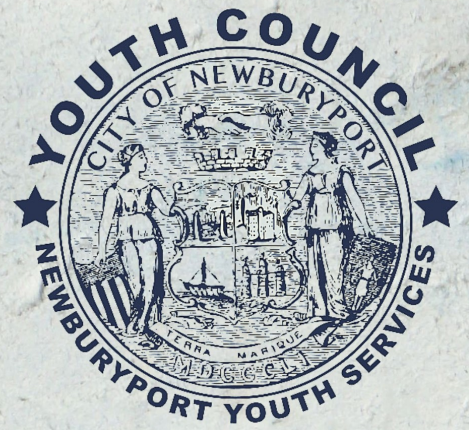
\$150/pair additional family member \$50

NEWBURYPORT YOUTH SERVICES AND THE NEWBURYPORT TENNIS CLUB

SUMMER TENNIS PROGRAM

**NEWBURYPORT
TENNIS CLUB**

Newburyport Tennis Club (NTC) has been an ongoing tennis club in the community for more than 40 years! In 2018, NTC underwent a change of ownership and we are excited to bring new life to the club and to the sport of tennis! Newburyport Tennis Club encourages both the fun and the competitive nature of tennis. We are extremely pleased to partner with Newburyport Youth Services by offering the city's summer tennis program in a safe and comfortable indoor tennis center.



sign up to learn more

run by youth, run for
youth

ALL ARE WELCOME.
NO APPLICATION NEEDED.
BRING A FRIEND

NEWBURYPORT YOUTH COUNCIL

NYS ON OPEN FOR 2020

is actively seeking dedicated, enthusiastic, and motivated teens (grades 7-12) to join the Youth Council. Council members have the important duty of advising NYS staff on the programs and issues that concern the youth and teens in the City and may serve as advisors to the Mayor as well. This is a great way to get involved in your community and make a difference. Youth Council also participate in an Annual Retreat and will plan and run some of their own events for peers at the Rec Center.

**Middle and High School
Meetings will be
Thursdays at 6pm starting
in mid-March**

NYSESSIONS

NYSESSIONS @ Nock

Bundle up and come hang out for these few days of outdoor sessions of games on the Nock Field. We'll play some classic games like capture the flag, soccer, dodgeball, kickball and whatever else the group wants to participate in!

Instructor: NYS Staff, Location: Nock Field

Gr 7-8

Thu · Apr 8-May 6 (skip 4/22/2021) · 2:15-3:30pm · \$30/\$40

Thu · May 13-June 3 · 2:15-3:30pm · \$30/\$40

NYSESSIONS 6 for 6th @Perkins

...That's 6 weeks for 6th grade! Come by Perkin's Park for a choose-your-own afternoon of hanging out, basketball, capture the flag, street hockey and more. We'll have all the equipment you'll want. Sign up with your friends or come meet new people.

Instructor: NYS Staff, Location: Perkins Park

Gr 6

Tue · Apr 27-June 1 · 3:45-5:15pm · \$45/\$55

Girls Hang Out @ the Rec

We've created some time for the ladies to reconnect. Come hang out at the Rec and have access to all the equipment, supplies and materials to yourself! Bring a friend and come chill with us!

Instructor: NYS Staff, Location: Rec Center

Gr 6-7

Wed · Apr 26-May 28 · 2:30-4:30pm · \$45/\$55



Everyone's a Critique

Are you working on an art project and looking for feedback? Maybe you don't know how to proceed? Maybe you're just looking for a like minded group of friends to talk about your art work with? Well then, sign up for this 4 week club. Bring your art work that you are currently working on from home. We'll have group conversations discussing each other's work with the end goal for each to have a better understanding of how we can create at our best. Don't feel like sharing your art? That's okay. Come listen and participate in the conversation and you'll still get some design skills from the club. Bring art supplies with you and we can create on the spot too!

Instructor Rec Center Staff, Location: NBPT Rec Center

Gr 6-8

Mon · May 3-24 · 3:45-5:00pm·

No cost, but must register in advance

GLASS BLOWING

CLASSES FOR GROUPS UP TO 6 PEOPLE.
FOR ADULTS OR KIDS AGES 10+

This one-hour introductory course covers the basic skills of manipulating molten glass in the hot shop. Students will make one object. Masks are mandatory for the duration of the class.

Contact edu@bubblefactory to register. You will be able to choose the time and date of your choice.

Learn to Make a Pumpkin, Paperweight, Ornament, or Swedish Bowl for \$75

or

A drinking Glass or Bud Vase for \$125

FLAMEWORKING

This two-hour introductory course covers the basic skills of manipulating molten glass using a stationary torch. Students will make one object. Contact edu@bubblefactoryma.com to register. You will be able to choose the time and date of your choice.

You'll get to make
Beads, pendants, glass
straws, cocktail stirrers, candy canes, or ornaments for \$85

Both programs take place and are
taught by The Bubble Factory, in
Essex, MA



NYS SKATE PARK DAY



HALF DAY

COME SAY
HI

We're throwing a party at the Skatepark for the early release day! Come by for some pizza and treats after school. Hang out, skate, scoot and eat.

WED APRIL 14

12:00-2:00PM

Pick Up Basketball

Have you been looking for a group to shoot around with? Sign up for this session of pick up ball. This is for any basketball player of any level who wants to keep up their skills in a casual pick up game.

Instructor: NYS Staff,

Location: NBPT Rec Center

Gr 6-8

Mon · April 26-May 24 · 3:30-4:30pm· \$25/\$35

APRIL VACATION

Cornhole Tournament

This is an 8 team cornhole tournament. Sign up with your partner and come prepared to play this classic yard game. We'll have 4 games going at a time and teams will compete until a winner is declared.

Instructor: NYS Staff, Location: NBPT Rec Center

Gr 6-8 Tue · Apr 20 · 4:00-6:00pm· \$5/\$10

Big Wall Smash: Middle & High School Grades

We're setting up the classic Wii through the projector on the big walls of the gym. We'll be hanging out playing Super Smash Bros, Mario Kart and more. Feel free to bring your own consoles to set up too!

Instructor: NYS Staff, Location: NBPT Rec Center

Gr 6-8 Tue · Apr 20 · 7:00-9:00pm· \$5/\$10

Gr 9-12 Wed · Apr 21 · 7:00-9:00pm· \$5/\$10

Trick Shots and Hot Shots

Do you love trick shots? Do you love long tedious sports challenges? Come hang out and set up and attempt the coolest trick shots you can think of using our space and sports equipment. We'll be practicing while also watching some Dude Perfect videos for inspiration.

Instructor: NYS Staff, Location: NBPT Rec Center

Gr 6-8 Wed · Apr 21 · 1:00-3:00pm· \$5/\$10

Brown School Hang Out

Stop by the Brown School outside to come hang with some old friends or make some new ones. We'll be playing basketball, yard games, capture the flag and more. Don't want to play games? Just come and hang out to say hi anyways!

Instructor: NYS Staff, Location: NBPT Rec Center

Gr 6-8 Thu · Apr 22 · 5:00-8:00pm·

No cost, but must register in advance

Summer Clubs

Anime

Love Anime? Who doesn't these days?! Come hang with like minded anime fans to draw and talk about your favorite genre.

Instructor: NYS Staff, Location: NBPT Youth Center

Gr 6-8

Session 1 Tue · June 29-July 20 · 3:15-4:30pm · \$25/\$35

Session 2 Tue · July 27-Aug 17 · 3:15-4:30pm · \$25/\$35

Hip Hammock Hang Out

We love hammocks. We love Lunch. We love pointless debates. We want you to share in these passions. You bring a lunch for yourself and we'll bring the hammocks and discussion topics. From there we'll enjoy our lunches while also engaging in discussions. Talking points include: Is a burrito a sandwich? What would win in a fight, a grizzly bear or a gorilla? Is cereal with milk a soup?

Instructor: NYS Staff, Location: Moseley Woods

Gr 6+

Session 1 Wed · June 30-July 21 · 12:00-1:30pm · \$25/\$30

Session 2 Wed · July 28-Aug 18 · 12:00-1:30pm · \$25/\$30

Nature Art

We're meeting in Mosely Park each week to explore and create some DIY art. To get inspired, we'll take a look at examples from professional artists who use nature in their work and talk about what processes they may go through. Throughout the weeks, we'll get the chance to create fashion and tools from natural objects, build outdoor sculptures, practice some print making and just explore nature.

Instructor: NYS Staff, Location: Moseley Woods

Gr 6-8

Session 1 Wed · June 30-July 21 · 2:00-3:00pm · \$25/\$30

Session 2 Wed · July 28-Aug 18 · 2:00-3:00pm · \$25/\$30

Movie Nights

We believe film is an art form best enjoyed on a large screen and in the company of others and we want you to be part of that. Each week we'll meet outside with our awesome outdoor projector and enjoy a carefully curated film list meant to both delight and enrich. The NYS staff who will lead this program collectively have 3 college film classes under their belts, so we're ready to provide you with our expert analysis. Popcorn provided!

Instructor: NYS Staff, Location: NBPT Rec Center

Gr 9+

Thu · July 1-Aug 19 · 8:00-10:00pm · \$45/\$50

CRAFT TRENDZ

WE'RE EXPLORING SOME OF THE MOST RECENT POPULAR TIK TOK CRAFT TRENDS. COME HANG OUT UNDER THE BIG TENT AT THE REC CENTER.

INSTRUCTOR: NYS STAFF, LOCATION: NBPT YOUTH CENTER

GR 6-10

DURING THE 4 WEEK SESSION, WE'LL BE ICE TIE DYEING, EPOXY RESIN CASTING, POLYMER CLAY BUILDING, AND ALOHOL INK PAINTING.

THU · JULY 1-22 · 3:00-4:30PM · \$70/\$75

THIS 4 WEEK SESSION OF CRAFT TRENDZ WE'RE GOING TO HYDRO DIP, TIE DYE, WIRE SCULPT, AND PAPER MARBLE.

THU · JULY 29-AUG 19 · 3:00-4:30PM · \$70/\$75

Roller Hockey

We're meeting at Perkins for a 4 week session of Roller Hockey. Bring your rollerblades, helmet and hockey stick to participate in this.

Instructor: NYS Staff, Location: Perkins Park

Gr 6-8

Thu · July 27-Aug 17 · 4:00-5:00pm · \$36/\$46

Dungeons and Dragons

Whether you've spent hours rolling dice and adventuring or are not even sure what D&D is, this program is perfect for you! D&D is a collaborative improvisational role-playing game where players create characters, adventure, roll dice and work together to have as much fun as humanly possible. Join us each week for fantasy adventures in the world's greatest role-playing game.

Instructor: NYS Staff, Location: NBPT Rec Center

Gr 6+

Session 1 Tue · June 29-July 20 · 1:00-3:00pm · \$45/\$55

Session 2 Tue · July 27-Aug 17 · 1:00-3:00pm · \$45/\$55

GRILL & CHILL

@Rec Center Playground
5:30-7:30pm
Tuesdays

For Middle and High School

Do you love food? Do you love hanging out? Then you'll thoroughly enjoy Grilling and Chilling. We're firing up the grill for burgers and hotdogs each week while we hang at the Rec Center playground playing cornhole, 4 square, and just chill out on these hot summer nights! Register for each night individually so we can plan for food. This is simply everything you miss about the Rec Center pre-covid.
\$5/night



WILDERNESS FIRST AID

June 24-25, 8-5pm



SOLO Emergency and Wilderness Medicine School is offering this 2 day, 16 hour course certification. This is a hands on, interactive and fun training that is created around class room participation and mock scenarios. Students will learn skills to respond to and assess medical traumas, medical emergencies, survival skills, environmental emergencies, and soft tissue injuries.

\$205 for NBPT Residents. Ages 14+

Option to add CPR Cert. on June 25th, 5-7pm for \$40

Deadlines are one week prior to start date. Register at [Newburyportyouthservices.com](https://www.newburyportyouthservices.com) or call NYS for help.

THE GREAT NEWBURYPORT SCAVENGER HUNT

Monday, July 19th, 4-5:30pm

Grades 4+ and/or Families

\$10/Team of 4

The hunt is on! You'll scour across our great city taking and uploading photos to satisfy the obstacles set before you. Can you and your team complete the challenges and solve the clues to our grand scavenger hunt? Prizes will be awarded to those who have enough wit and endurance to complete the hunt.

*Only register 1 person per team
*NYS staff are not on site to provide supervision

Via SCAVR App



Roller Disco Boogie AND DINNER

**THURSDAYS 5-6:30PM
JULY 1-AUG 19
\$5/NIGHT**

TIE UP YOUR BOOTS (SKATES OR BLADES) AND STOP BY THE REC FOR THIS HIP DISCO BOOGY, AND CHILL-CITY KICKBACK. WE'RE EXPERIENCING THE 70S DISCO ERA THE BEST WAY WE CAN; PUMPING SOME GOOD TUNES, PRACTICING SOME SMOOTH SKATE MOVES, AND EVEN EATING SOME PIZZA! COME TO HANG OUT, SOCIALIZE, SKATE, WATCH YOUR FRIENDS SKATE, OR JUST EAT PIZZA!



Paddleboard

Cottage Surf Shop on Plum Island will be guiding us through a two hour paddle board session. No experience necessary.

Location: The Cottage Surf, Plum Island

Gr 6+

Mon · Aug 2 · 12:30-3:00pm · \$45/\$50

Kayak

Come paddle with us through Plum Island Kayak. Meet at the Plum Island Kayak shop downtown and we'll get geared up.

Location: Plum Island Kayak

Gr 6+

Mon · July 12 · 12:30-3:00pm · \$45/\$50

Yoga

Join NYS staff, Tina Los, for weekly guided yoga. We'll work on breathing techniques, exercise and meditation. all skill levels are welcome in this nature inspired class at Atkinson Common. Bring your own mat, water bottle, journal/notebook and something to write with.

Instructor: Tina Los, Location: Atkinson Common

Gr 6+

Session 1 Tue · June 29-July 20 · 3:00-4:00pm · \$40/\$50

Session 2 Tue · July 27-Aug 17 · 3:00-4:00pm · \$40/\$50

Pick Up Basketball

Have you been looking for a group to shoot around with? Sign up for one of the 4 week sessions of pick up ball. This is for any basketball player of any level who wants to keep up their skills in a casual pick up game.

Instructor: NYS Staff, Location: NBPT Rec Center

Gr 9+

Session 1 Wed · June 30-July 21 · 4:00-5:30pm · \$25/\$35

Session 2 Wed · July 28-Aug 18 · 4:00-5:30pm · \$25/\$35

Game and Chess Club

Come by The Rec Center outside to meet some new friends, learn or practice chess, play new and interesting board games, Magic The Gathering tournaments, or hang out.

Instructor: NYS Staff, Location: NBPT Rec Center

Gr 6+

Session 1 Wed · June 30-July 21 · 4:15-5:45pm · \$32/\$42

Session 2 Wed · July 28-Aug 18 · 4:15-5:45pm · \$32/\$42

GaGa Ball

Everyone's favorite gym game: Gaga Ball! We're pulling the Gaga pit outside on the black top to hang and play.

Instructor: NYS Staff, Location: NBPT Rec Center

Gr 6-8

Tue · June 29-July 20 · 4:00-5:00pm · \$20/\$30