

**NEW Community Events** 

Adult Rec & Pickleball

Family, Children and Youth Programs

Services and Supports

#### **REGISTRATION INFORMATION** Spring and Summer 2024

#### Resident Registration Starts: March 13th 6pm Non-Resident Registration Starts: March 27th

\* some programs are already open\* Register today.

Register online at: newburyportma.myrec.com

New department website cityofnewburyport.com/rec



On the Cover:

Fun in the sun Bubble Magic at Clipper Playground Program summer 2023

#### **REGISTRATION POLICIES & PROCEDURES:**

• Register on-line at https://newburyportma.myrec.com or at the office located at City Hall.

• In person registration can be paid for with a check (written to Newburyport Recreation) or cash.

• Returned checks will be charged a fee per City of Newburyport policy.

• Recreation and Youth Services reserves the right to correct or modify program information due to errors, omissions, or changes. Errors can happen in printing so please check our website for the most current information/corrections/changes before registration.

• Fees listed in the brochure are for City of Newburyport Residents and Non-residents. Resident fees are noted as "R".

• Non-resident fees are noted as "NR". Non-residents pay an additional 10% of the program cost (minimum is \$10). This rate may be waived in an effort to increase registration or on one day programs/ events. The department reserves the right to give priority to residents.

• Program deadlines are usually set for 2 weeks prior to the program start. After this date there may be a \$15 late fee applied.

• Late Registrations: Programs will generally not be prorated if registering within the first 2 weeks of the program start date.

• Most Newburyport Rec programs are self-sustaining through user fees, for more information on pricing, see our cost recovery policy on our website.

• Age requirements: Children must be the required age or grade by the start date of the program.

• All participants are required at registration to complete emergency information. This includes medical and behavioral information as well as emergency contacts and a liability waiver. \*See Therapeutic Rec Policies for information about special needs.

• Liability: Participants agree to forever release the City of Newburyport from any and all claims from participation in the City's voluntary programs. A complete liability statement is on file at Newburyport Rec.

• Photo Permission: Participants in sponsored activities permit to the taking of photos and videos of themselves and their children for publication both digital and print, as the City deems necessary.

#### **RECREATION POLICIES**

**Financial Assistance:** We would like to make these programs accessible to all of our city's residents. Please contact us if you need financial assistance. Payment plans and scholarships are available.

**Behavior standards:** The following standards are set to ensure that all participants can have an enjoyable time while participating in the programs and activities listed in this book.

It is unacceptable behavior to use profanity or other inappropriate language; to be disrespectful to program staff and other participants, or show non-compliant behavior; to cause intentional damage or defacing of property; to cause continuous disruptive behavior to classes or programs; or to exhibit any aggressive act (hitting, kicking, biting, etc.) which is initiated or in retaliation. Temporary removal or permanent suspension from the program and/or facilities may result if behavior standards are not maintained.

**Special Needs:** We are committed to ensuring that our programs are inclusive and accessible to all. We offer a Therapeutic Rec Membership to any individuals with special needs or accommodations. The membership provides us with an opportunity to learn more about what you or your family need in order to enjoy our programs. Please complete the free membership on newburyportma.myrec. com.

**Confirmation:** Your registration receipt is your confirmation. You will receive a program reminder or "Know Before you Go" email two weeks prior to the start of the program. Department staff may contact you two weeks prior to let you know if the program has not met its minimum or is being cancelled.

**Confidentiality:** You and your family's forms are confidential and are shared only with program staff. Class rosters are not confidential, often families would like to know if their child will have any friends in the program, for this purpose we do share rosters. When you provide your email to us for registration, it is automatically added to our email mailing list. It is not given out to any other organization.

#### **PROGRAM CANCELLATION POLICY**

**Withdrawals**: Participants withdrawing are asked to give notice at least two weeks prior to program start date. A participant who withdraws at least two weeks prior to the class start date will be given a refund, minus a \$10.00 administration fee. You can transfer to another program for no charge.

**Refunds**: In the event Newburyport Rec cancels a program, a complete refund will be made.

Location of classes and/or fields is subject to change. This is out of the hands of the City and there will be no refunds for class location changes. Refunds are not given for weather cancellation of less than 25% of the program time and only then if make-ups cannot be offered. Refunds are not given for special events involving ticket purchase or if the department has incurred an expense on your behalf. There are no refunds for missed classes.

#### Cancellations after the session starts:

If you are unhappy with a program after the first session, please contact us right away to discuss withdrawing and receiving a refund.

A prorated percent of the class fee plus a \$10.00 cancellation fee and any direct program material costs will be refunded unless the program is cancelled by the Recreation Department or a physician's excuse is presented. No refunds will be issued after the 3rd week of the session or halfway through the class, whichever comes first.

Refunds can be credited to your Household account, back to the original credit card, or a check will be issued. Refund checks will be issued approximately within thirty days after notification of cancellation.

Weather Related Cancellations: Programs do not run if Newburyport Public Schools are cancelled. Summer programs may be cancelled due to inclement weather or extreme heat. The City reserves the right to cancel due to dangerous weather. Cancellations are sent via email through the myrec registration program. If possible, makeups will be offered.

**Enrollment Cancellations**: Recreation and Youth Services reserves the right to cancel any program due to under-enrollment or unforeseen circumstances.

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Early Release Days

**April Vacation** 

Grill and Chill

**Day Trips** 

Multi Day

#### SUMMER AT A GLANCE is on pages 24-29

Follow us on Facebook @newburyportrec

#### **CONTACT INFORMATION**

Office: City Hall 60 Pleasant Street 2nd Floor

Office Hours: Mon-Thur 9am-3pm Friday 8am-Noon

Due to the nature of our work, we are often at programs. Please email or call ahead.

#### 978-465-4434

General email: youthservices@cityofnewburyport.com

Register online at: newburyportma.myrec.com

New department website cityofnewburyport.com/rec



### **Meet the Team**









Andrea Egmont, Director

Lee Gordon, Associate Director, Youth Programs

Joe Pauline, Associate Director, Rec and Enrichment

Tina Los, Associate Director, Services and Supports

Tarah MacGregor, Program Coordinator, NLEC



Trish Boateng (LSW), Supports Coordinator

Emma Quateman, Activities Coordinator, Rec and Enrichment

Meghan Meagher, Activities Coordinator, Youth Programs

Stacy Gisjbers, Office Manager/ Admin

Renee Miciek, Grant Admin Support

### MEMBERSHIPS

#### **Therapeutic Recreation Membership**

For families with individuals who have special needs. Please register your child(ren) and complete the TheraRec forms. This will enroll your family in our newsletter and updates for special events.

Accommodations or supports for inclusive participation in Recreation and Youth Services programs Specialized programs Family events and activities Sensory Friendly Events Newsletters with information from community partners

Cost: Free Membership Type: Individual (All Ages) Length: Annual

#### Family Club Membership

The Family Club Membership is designed to help connect and meet the needs of families with children under the age of 6 in the Greater Newburyport area.

Discounts on pre-school age programs Playgroup Matching Dads, Dudes & Donuts Saturday group and special events Monthly family outings Early registration for Family Membership events Invitations to Parent Only events Invitations to Member Only Family Activities and Events Free Open Gym all Winter Long! Access to Parent Supports Discounts at local businesses and more...

Cost:\$25/year or \$100/5 years Membership Type: Family (adults + children under 6yrs) Length: Annual or 5 year

#### Youth Center Membership

At The Spot-Located at 64 Purchase St

The Spot is open every day after school. A relaxing and cozy space for middle school members to socialize, play games, work on projects and homework. Filled with couches to recline on, tables to sit and play board games, and snack bar to purchase after school treats.

Memberships are no charge. Register to receive discounts on plenty of NYS youth programs. Transportation from the Nock and RVCS is provided daily. Participants are also encouraged to ride their bikes, walk, and drop-in for the activities they are interested in.

On a daily basis, kids can use this space to hang out, socialize, do arts and crafts, play board games, and participate in any of our clubs. The Spot is open Monday-Friday 2:15-5:00pm.

Cost: Free Membership Type: Individual (Grades 6-8) Length: Annual

#### **NLEC-** Learning Enrichment Center

The NLEC is a partnership between Rec and Youth Services and the Newburyport Public Schools. The center offers academic and social development support for students who qualify based on household income levels. NLEC staff provide academic tutoring and homework assistance as well as cultural and enrichment activities Mon-Thursday 2-5pm. Cost: Free

Membership Type: Individual (School Age) Length: Annual

#### Memberships can be found on the MyRec site under <u>"Register"</u>

### CERTIFICATION/TRAINING

#### **Safe Sitter Essentials** Babysitter Certification



#### **Safe Sitter Essentials**

Designed for young people in grades 6-8 to be safe when they're home alone, watching younger siblings, or babysitting. Students learn life-saving skills such as how to rescue someone who is choking, and helpful information like what to do in severe weather. The lessons are filled with fun activities and role playing exercises. Students even get to use CPR manikins to practice choking and rescue CPR! LOCATION: Bresnahan Library/ City Hall

INSTRUCTOR: Emma Quateman GRADES: 6-8

DATE: 4/19 DAY: Fri TIME: 9:00am-3:00pm REG DEADLINE: 8/5 FEES (R/NR): \$135/ \$145 DATE: 7/1 -7/3 DAY: Mon-Wed TIME: 9:30am-11:30 am REG DEADLINE: 6/17 FEES (R/NR): \$135/ \$148 DATE: 8/19 -8/21 DAY: Mon-Wed TIME: 9:30am-11:30 am REG DEADLINE: 8/5 FEES (R/NR): \$135/ \$148



LOCATION: Senior Community Center INSTRUCTOR: Andi Egmont AGES: 18+

GETTING STARTED

Teaching adults to provide the best and safest care for their grandchildren.

NBPT REC is excited to announce this new program to the community. Taught by certified Safe Sitter® Instructors, participants will learn how to provide the best and safest care for their grandchildren. They will also learn the latest information on how to safely care for infants and children and how to manage the behavior of children of all ages, in addition to lifesaving skills such as choking rescue, first aid, and injury management.

> DATE: 5/2 DAY: Thursday TIME: 5:00-8:00pm REG DEADLINE: 4/18 FEES (R/NR): \$25/ family

DATE: 8/15 DAY: Thursday TIME: 9:00am- 12:00pm REG DEADLINE: 8/1 FEES (R/NR): \$25/family

### CERTIFICATION/TRAINING

#### Mental Health First Aid

Youth Mental Health First Aid is a 5-hour training that helps adults who regularly interact with youth to recognize, support, and refer youth who are experiencing mental health challenges or may be in crisis. It gives adults the skills they need to provide initial support and connect adolescents (ages 12-18) to appropriate care.

LOCATION: Newburyport Public Library INSTRUCTOR: Mental Health Awareness Training Coordinator from Family Services of the Merrimack Valley AGES: 18+

DATE: May 23, 2024 DAY: Thursday TIME: 9:30 AM – 2:30 PM REG DEADLINE: None FEES (R/NR): Free



WE WANT YOUR FEEDBACK CC Is there a certification you'd like to see offered? Let us know and we'll look into it for a future season!

email: youthservices@cityofnewburyport.com

### SERVICES & SUPPORTS



#### **Grandparents Raising Grandchildren**

Join us in a judgement free zone, a time and place to share feelings, experiences, and resources. Facilitated by Kathleen Shaw, LICSW. Meets every month on the second Wednesday from 5:30-7 PM at YWCA Children's Center located at 13 Pond Street, Newburyport (behind CVS). Childcare and pizza provided.

Contact KathleenShaw@comcast.net to RSVP

#### **Multicultural Families**

A regional social group that connects multicultural families of non-majority racial identities, ethnicities, countries of origin, and/or family structures, including LGBTQ+ and adoptive families. We come together for play, conversation, and connection. Meets quarterly on the last Saturday of the month during the months of January, April, July, and October. Location and time TBA for each meetup.

#### **Newburyport Mentoring**

We partner with Big Friends, Little Friends to offer mentoring to youth ages 6-14. We are always looking for new adult mentors to be matched with children on the waitlist. Please reach out to Trish, our Support Coordinator at TBoateng@cityofnewburyport.com for more information.



#### Resources

Do you have what you need? Do you need help with food, clothing, housing, fuel assistance, mental health supports, etc? Our community is fortunate to have several organizations with social workers who can help you get resources and supports in place:

Newburyport Recreation & Youth Services Newburyport residents: Trish Boateng, LSW, Support Coordinator Call or Text 978-572-6189

Community Service of Newburyport Serves Newburyport, Newbury, West Newbury Pam Gray, Program Administrator 978-465-7562

Pettengill House Serves Newburyport, Amesbury, Groveland, Merrimac, Newbury, Rowley, Salisbury, West Newbury Families with Children: Anna Reilly 978-315-1672 Senior Support (60 years and older): Allison Helie, 978-243-4992 Adults : Ann Champagne, 978-243-9744 Substance Misuse, Addiction, and Recovery: Lauri Murphy, 978-243-9746

Food Resources Our Neighbor's Table https://www.ourneighborstable.org

Newbury Food Pantry https://www.newburyfoodpantry.org

Nourishing the North Shore https://www.nourishingthenorthshore.org

### **COMMUNITY SPOTLIGHT**



#### **Newburyport Public Library**

94 State Street, Newburyport, MA 01950 978-465-4428 www.newburyportpl.org

Newburyport Public Library is a community hub that inspires and empowers all to access knowledge, culture, and social connections. We have programs and services designed for all ages and backgrounds.

#### **Programs and Activities**

Below is a partial list of our programming activities:

#### **Health & Wellness** Cookies & Coloring **Book Groups** • Yoga & Mindfulness Pokémon Club • Just the Facts Non-Fiction Book Club Craft Corner Informational • Next Chapter Book Group • Drop-In Social Services Support Glow Zone • Fiction Book Group • Tech Time Assistance Stem Structures • Círculo de Lectores • Open Hours with Admin Team **Teens & Tweens** Arts & Entertainment • Bookup Bag Subscriptions Children's • Art History Group • Toddler Story Time Craft Pickup Movie Matinee • All Ages Story Time • Dungeons and Dragons Biannual Book Sales • Library Babies Story Time Tabletop Club Summer Reading: June 8 - August 10

The Children's and Teen Department will once again offer their Summer Reading Programs, to encourage reading all summer long!

Readers ages 0-12 will log days to earn small prizes and enter for the chance to win big prizes. Readers 12-18 will log activities and reading time to earn raffle entries for grand prizes. We'll also have a full slate of programming for all ages! Check our online calendar for all the fun events, including baby story times, craft afternoons, Dungeons and Dragons, and more.

Adult readers can submit their progress via a survey form and each entry counts towards a raffle. Winners will be announced at the end of the program.

For more information, check the Library's events calendar.

### ADULT REC

#### **Adult Rec Run Clubs** Couch to 5k to Elite Level

Join all levels of runners to get together and stay accountable. We will be training for the Hines Flag Day 5k in June. All Levels welcome. We will meet together at the Bresnahan and will run around the neighborhoods and schools. We will build a base level to be able to jog/run for 30 minutes. This will be great motivation to start your healthy goals for 2024. Let's build up your vision and running endurance! LOCATION: Bresnahan School INSTRUCTOR: Matt Valli AGES: 18+ DATE: 4/23 -6/13 DAY: Tues/Thu TIME: 4:00-5:00pm REG DEADLINE: 4/9 FEES (R/NR): \$150/ \$165



Do you have a program you'd like to see offered? Or perhaps, one you'd like to run? Please help us grow our Adult Rec programming. Contact Joe Pauline at NBPT Rec. We would love to hear from you! 978-465-4434

#### **Adult Hiking Club**

LOCATION: Varies INSTRUCTOR: Cathy Hill FEES (R/NR): \$10/ \$15

Come join our NEW Adult Hiking Program led by experienced hiker (and former

PE Teacher) Cathy Hill. We welcome people of all abilities but it is required that you fill out our question form so that we have the necessary information for our instructor to make every hike a safe, successful and pleasurable experience for everyone.

HIKING CLU

RECREATION & YOUTH SEE

For anyone in need of transportation we will have a van that will meet at 9am at the former Park & Ride lot for all hikes and return there after the hike. Full descriptions are available online at registration.

#### **Spring Hikes**

**April 11** (Thursday)–Easy to Moderate hikes- Mount Agamenticus -York, Maine (drive time 45 minutes from Newburyport) Ring Trail Loop-1.9 mi. Elevation gain 298ft Let's start out close by. If you have hiked this one before that's ok. Have you heard of Trail Tracing? It is when hikers hike all the trails in an area. Let's get together and see if we can hike some or more of the trails on Mount Agamenticus with its beautiful views at the top.

May 14 (Tuesday) –Easy to Moderate hikes- Castle in the Clouds -Moultonborough, NH. (drive time 90 minutes from Newburyport) Turtleback Mountain and Brook Walk Trail Loop -Trail is 1.8 mi Elevation gain 370 ft The Brook Walk leads to viewpoints for seven spectacular waterfalls. June 3 (Monday)- Easy to Moderate hike -Crotched Mountain-Greenfield, NH (drive time 90 minutes from Newburyport) Crotched Mountain via Shannon's Trail Trail is 3.2 mi Elevation gain 833 ft Head out on this 3.2-mile outand-back trail. This is a popular trail for birding, hiking, and walking.

#### **Summer Hikes**

**July 23** (Tuesday) Moderate hike Purgatory Falls-Mount Vernon, NH

(drive time 75 minutes from Newburyport) Purgatory Falls Loop Trail is 3.8 mi Elevation gain 524 ft This 3.8-mile loop trail. Generally considered a moderately challenging route, This is great for hiking and walking.

#### Future hike dates on calendar:

- August 12 (Monday)
- September 19 (Thursday)
- October 7 (Monday)
- November 6 (Wednesday)

#### Local Walks/Hikes

First Tuesdays of the month 9am meet up at former Park & Ride lot. Transportation available. Register ahead of us FEES (R/NR): \$Free

- April 2, 2024 Willowdale State Forest, Ipswich
- May 7, 2024 Halibut Point State Forest, Rockport
- June 4, 2024 Harold Parker State Forest, N.Andover
- July 2, 2024 Trails at Dogtown, Gloucester



### LEVELED PLAY

CASHMAN PARK COURTS



MAY THROUGH OCTOBER M, T, W, TH, F 8:45 A.M. - 12:00 P.M.

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

YELLOW ORANGE AND RED YELLOW AND ORANGE ORANGE AND RED GREEN AND YELLOW

#### JUNE PILOT: OPEN PLAY T AND W 6:00 P.M. - 8:00 P.M.

LEVELED PLAY COORDINATED BY:



- BLUE no experience and need lessons
- GREEN novice players and those who play at a slower pace. Know the basic rules. May be less mobile around the court.
- YELLOW- the majority of recreational players. Enjoy the game, but do
  not study it. Move well around the court. Shots can still be a little erratic.
  Serve is under control. May miss fast balls at the NVZ as reaction time
  needs to improve. Working to reduce unforced errors.
- ORANGE more serious recreational players who study the game.
   Faster pace with speedy reactions at the NVZ. Increased attention to
  positioning with partner. Anticipate opponents' position on the court in
  preparation to return shots. Can play the fast and slow game although
  resetting/drop shots need work.
- RED the best recreational players who study the game, practice and perfect the accuracy and range of shots. Great anticipation and positioning. Use spin strategically and not indiscriminately. Can play the fast and slow game, drop shots are under control.

#### REGISTRATION CITYOFNEWBURYPORT.COM/REC



#### BRESNAHAN COURTS

Designed for people to play with others who know the rules, love to play and meet people, and prefer to play in a less powerful way. Players will be Green level (around the 2.5 level and not be above 3.0). Open play means that you arrive and leave when you want.

#### JUNE 24TH- AUGUST 30TH M,W,F 9AM- 12 PM



We are excited to be in the process of developing lessons with local certified instructors for blue and Green Level players of all ages.

The schedule will be posted by April 10th. Please check back for information!

### FAMILY/COMMUNITY REC



#### **Get Hooked Fishing Derby**

Join us for a great family event! Our annual fishing derby takes place all around the Artichoke Lake (Turkey Hill Rd). Families fish for a couple of hours- taking breaks to come to

the tent to weigh and measure their biggest catches in three categories.

Participants: Ages 5 yrs – 14 yrs. Awards –

1 st - 3rd place in 3 Categories: Bass, Pickerel, and Crappies. Special prize for smallest fish caught, too! Other prizes may vary.

Fish Scoring - All Fish will be scored by weight and length. LOCATION: Artichoke

AGES: 5-14 DATE: 6/8 DAY: Sat TIME: 9:00-11:00am REG DEADLINE: 5/25 FEES (R/NR): \$10/ \$20



#### **Big Wheels 500**

Join us at Cushing Park for the NBPT Rec Big Wheels 500! Participants ages 2-5 years old will race around our track on Big Wheel bicycles, dodging obstacles along the way, while trying to win the top spot on the podium! Participants will need to bring their own helmet,. Big Wheel bicycles will be provided for the race. During the event we will award prizes for Craziest Helmet Designs, so get those helmets ready for the big day! LOCATION: Cushing Park

AGES: 2-5 DATE: 5/18 DAY: Sat TIME: 10-11:30am REG DEADLINE: 5/4 Free registration!



# RECREATION AND YOUTH STRATES otal ECLIPSE at the Park

**CASHMAN PARK** SOFTBALL FIELD

JOIN US FOR THE FUN!

#### **MONDAY, APRIL 8TH** 2PM-4PM MAX ECLIPSE AT 3:29



FREE ECLIPSE GLASSES MOON PIE SNACKS (\$) ARTS & CRAFTS BRING YOUR CHAIR OR BLANKET!

FOR MORE INFORMATION: CITYOFNEWBURYPORT.COM/REC





N E W B U R Y P 🕂 R T

PUBLIC LIBRARY

### **CALENDAR OF EVENTS**













THURSDAYS 6:00-7:30PM BRESNAHAN SCHOOL OUTDOOR AREA

### PRE SCHOOL-AGE

#### Skyhawks

#### **MultiSport**

This multi-sport program was developed to give children a positive first step into athletics. Sports are taught in a safe, structured environment filled with encouragement and fun. Through exciting games and activities, campers explore balance, hand/eye coordination and skill development at their own pace. LOCATION: Perkins Playground Field INSTRUCTOR: Skyhawks Staff

#### Spring Multisport Ages 2.6-7

AGES: 2.6-3.6 DATE: 4/8 -5/20 No Class Apr. 15 DAY: Mon TIME: 3:45-4:20pm REG DEADLINE: 3/25 FEES (R/NR): \$99/ \$109

AGES: 3.7-4.11 DATE: 4/8 -5/20 No Class Apr. 15 DAY: Mon TIME: 4:30-5:15pm REG DEADLINE: 3/25 FEES (R/NR): \$99/ \$109

AGES: 5-7 DATE: 4/8 -5/20 No Class Apr. 15 DAY: Mon TIME: 5:30-6:30pm REG DEADLINE: 3/25 FEES (R/NR): \$119/ \$130

#### SUMMER Multisport Ages 2.6-4

LOCATION: Nock Field INSTRUCTOR: Skyhawks Staff AGES: 2.6-4 DATE: 7/8 -7/12 DAY: Mon-Fri TIME: 9:00-9:45am REG DEADLINE: 6/24 FEES (R/NR): \$79/ \$89



NBPT REC AND YOUTH SERVICES Spring Family Dance

MAY 3RD, 2024 FROM 5:30 TO 7:30PM AT NEWBURYPORT CITY HALL

ANY QUESTIONS PLEASE CONTACT JOE PAULINE EMAIL: JPAULINE@CITYOFNEWBURYPORT.COM PHONE: 978-465-4434

### PRE SCHOOL-AGE

#### **Soccer Shots**

Soccer Shots North Shore and New Hampshire is an engaging children's soccer program with a focus on character development. Our caring team positively impacts children's lives on and off the field through best-in-class coaching, communication and curriculum. Our coaches are the best-trained in the business. Our expert-approved curriculum is age-appropriate and aligns with childhood education standards. In addition, we provide an exceptional customer experience and ongoing communication with parents.

You must also register with Soccer Shots. After you register on the Newburyport Recreation Department website. Soccer Shots will send you a link to register on their site. Soccer Shots charges a \$35 annual enrollment fee once per year. If you've paid the annual enrollment fee within the last year, the Soccer Shots system will not charge you. But you will still have to sign their waiver.

#### Spring Mini- 2 yr olds

LOCATION: Perkins Playground Field INSTRUCTOR: Mike Bono

AGES: 2 DATE: 4/6 -6/1 No Class May 25 DAY: Sat TIME: 9:00-9:30am REG DEADLINE: 3/23 FEES (R/NR): \$172/ \$189

#### Summer Mini- 2 yr olds

LOCATION: Perkins Playground Field INSTRUCTOR: Julian Brosi

AGES: 2

DATE: 6/22 -8/17 \*no 7/6 DAY: Sat TIME: 9:00-9:30am REG DEADLINE: 6/8 FEES (R/NR): \$172/ \$189 Spring Classic- 3/4 yr olds

LOCATION: Perkins Playground Field INSTRUCTOR: Julian Brosi

AGES: 3-4 DATE: 4/6 -6/1 No Class May 25 DAY: Sat TIME: 9:40-10:15am REG DEADLINE: 3/23 FEES (R/NR): \$172/ \$189

Summer Classic- 3/4 yr olds LOCATION: Perkins Playground Field INSTRUCTOR: Mike Bono

AGES: 3-4 DATE: 6/22 -8/17 \*no 7/6 DAY: Sat TIME: 9:40-10:15am REG DEADLINE: 6/8 FEES (R/NR): \$172/ \$189 **Spring Classic- 4/5 yr olds** LOCATION: Perkins Playground Field INSTRUCTOR: Mike Bono

AGES: 4-5 DATE: 4/6 -6/1 No Class May 25 DAY: Sat TIME: 10:25-11:05am REG DEADLINE: 3/23 FEES (R/NR): \$172/ \$189

Summer Classic- 4/5 yr olds

LOCATION: Perkins Playground Field INSTRUCTOR: Julian Brosi

AGES: 4-5 DATE: 6/22 -8/17 \*no 7/6 DAY: Sat TIME: 10:25-11:05am REG DEADLINE: 6/8 FEES (R/NR): \$172/ \$189

### PRE SCHOOL-AGE

#### **Stroller Meet Up and Park Play** Spring Strollers

Meet our NBPT Rec Staff for a nice walk on the rail trail and then come back to the park for some play time at the Park. This is a great way for you and your little ones to meet others and enjoy the outdoors! \*All caretakers are invited

LOCATION: Cushing Park INSTRUCTOR: Emma Quateman DATE: 4/22-5/20 DAY: Mon TIME: 10:00am-12:00pm REG DEADLINE: 4/8 FEES: Free

#### Family Park Play Spring Park Meet Ups

Our wonderful NBPT Rec Staff will set up fun activities for you and your children to play with at the park.

LOCATION: Perkins Park INSTRUCTOR: Emma Quateman AGES: All Ages 0-6 DATE: 4/23-5/23 DAY: Tue/Thu TIME: 10:00am-12:00pm REG DEADLINE: 4/9 FEES: Free



#### **Art Programs** Pre K Picasso's

Get ready to create masterpieces in this fun Pre K Art Class! Parents must stay in the building during the class and are welcome to participate as well.

LOCATION: Central Congregational Church INSTRUCTOR: Emma Quateman AGES: 3-6 DATE: Apr 24 - May 22 DAY: Wed TIME: 10:00-10:45am REG DEADLINE: 4/10 FEES (M/NM): \$75/ \$85

#### **STEM Time** Pre-K STEM Sessions

Children will make wonderful STEM based creations as well as witness some messy experiments in this wonderful STEM program. Parents must stay in the building and are more than welcome to participate.

LOCATION: Central Congregational Church INSTRUCTOR: Emma Quateman AGES: 3-6 DATE: Apr 24 - May 22 DAY: Wed TIME: 11:00-11:45am REG DEADLINE: 4/10 FEES (M/NM): \$75/ \$85

## Kids Story Contest

NBPT Rec and Youth Services is excited to announce our new Mascot. We wanted something connected to our City, so "Plum" is a Piping Plover!

We're excited to introduce Plum this summer to kids at all of our programs and events.

We want to know more about Plum! We are looking for a background story. Who is Plum? What's Plum like (funny smart, athletic, etc)? How did Plum find NBPT Rec? What are some of Plum's favorite things?

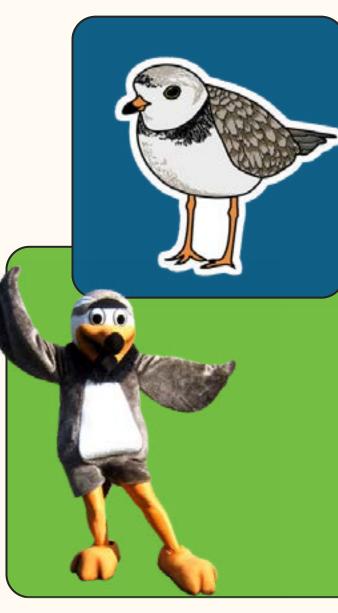
Your story can be written or in graphic novel style!

### **DUE BY APRIL 12TH**

Open to 4th and 5th Graders No more than 1 page.



WINNERS WILL: RECEIVE A HODGIE'S GIFT CARD AND HELP INTRODUCE PLUM TO THE CITY



Email your story with your name, grade and phone number.

YOUTHSERVICES@CITYOFNEWBURYPORT.COM SUBJECT LINE: PLUM'S STORY

### THERAPEUTIC REC



Autism Eats provides autism-friendly & non-judgmental environments for family dining, socializing and connecting with others who share similar joys and challenges.

> Fri. April 5th 6:00-8:00 pm Michaels Harbor Side 1 Tournament Wharf, Newburyport

> > FAMILIES WITH

SPECIAL NEEDS

Autism

Downs Syndrome

ADD/ Nuero -Diverse

Physical Disabilities

### SENSORY FRIENDLY MOVIE MORNINGS!

...................

LOCATION: VISION MAX 201 ELM ST. SALISBURY,

\$10/PERSON WITH A CAP OF \$40/FAMILY

SIGN UP TODAY!

• KUNG FU PANDA 4 SUNDAY MAR. 17

• GARFIELD SUNDAY JUNE 2

DESPICABLE ME 4 SUNDAY JUL 14

ALL SHOWS AT 10AM



Visit AUTISMEATS.COM to purchase tickets.

### THERAPEUTIC

FAMILY MEMBERSHIP

### FREE

Regular newsletters Local resources and supports Sensory Friendly Family Events Accomodations Extra Support for NYS programs Connections Autism Eats Events



#### **Vacation Programs (Spring)**

#### **April Vacation All Sports**

The All Sports Clinic will introduce activities to youth who enjoy a variety of sports and recreational games. Youth are taught skills and given the opportunity to compete in a variety of sports such as soccer, basketball, flag football and more while also enjoying some recreational games such as dodgeball, capture the flag, meatball and more plus use of the playground during break time. The day will begin with active dynamic stretching and plyometrics to focus on balance and coordination. Coach Valli and Hodsdon make sure our days are high paced and non stop fun for every child! An emphasis of sportsmanship, playing with character and having fun! LOCATION: Bresnahan Gym

INSTRUCTOR: Matt Valli/Kyle Hodsdon GRADES: K-3 DATE: 4/16 -4/19 DAY: Tue-Fri TIME: 9:00am-2:00pm REG DEADLINE: 4/2 FEES (R/NR): \$300/ \$330

#### **April Vacation Glass Program**

Join NBPT Rec and North Shore Glass School for a glass fusion program! Students are taught to craft with a unique and fascinating material--glass. We'll make wearable glass pendants, small bowls, picture frames, or suncatchers depending on the workshop you choose. Students will be taught through demonstrations and hands-on instruction about different methods for cutting, working with and arranging glass. They'll learn about color, composition, different types of glass, and the firing process to further their understanding of glass working. Once they create their pieces, we take their art back to our studio to fire them in our kilns to be delivered to students upon completion. This class requires no prior experience and is ideal for students who are curious about art and love working with their hands.

All safety materials and instruction are included, and there is no fire, heat, or open flame during the workshop--it's not necessary for glass fusing! LOCATION: Bresnahan Art Room INSTRUCTOR: Anya Ciarametaro GRADES: 1-5 DATE: 4/16-4/19 DAY: Tue-Fri TIME: 10:00-11:30am REG DEADLINE: 4/2 FEES (R/NR): \$240/ \$264

#### **Seacoast Technology**

Lego Robotics Build and Code(Apr Vacation) This workshop is designed to develop building and programming skills. Participants will work with LEGO WeDo and LEGO Mindstorms to explore and produce a variety of working models. Have your own idea? Then dig your hands into over 50,000 specialized LEGO technic parts, motors, and sensors to create your own robot. Then use LEGO's easy-to-use drag-and-drop software to bring your creation to life! Note: Participants do not take projects home. LOCATION: Bres Room 235 **INSTRUCTOR: Kevin Husson** GRADES: 1-6 DATE: 4/16 -4/18 DAY: Tue-Thu TIME: 9:00-11:45am **REG DEADLINE: 4/2** FEES (R/NR): \$120/ \$132

#### Video Game Programmer(Apr Vacation)

LOCATION: Bres Room 235 INSTRUCTOR: Kevin Husson GRADES: 3-6 DATE: 4/16/2024 -4/18 DAY: Tue-Thu TIME: 12:15-3:00pm REG DEADLINE: 4/2 FEES (R/NR): \$120/ \$132

#### **Creative Juicery Apr Vacation**

The Creative Juicery is open!

Daily activities and crafts will be provided! On the very first day we will start with a delicious fruit smoothie to get the creative juices flowing for a week filled with fun creative art projects! From pastels to paint, fabric to clay we will try it all! Sign up with a friend or meet a new friend who loves to

create as much as you do! LOCATION: Bres Art Room INSTRUCTOR: Emma Quateman GRADES: K-3 DATE: Apr 16 - Apr 18 DAY: Tue-Thu TIME: 12:30-2:30pm REG DEADLINE: 4/2 FEES (R/NR): \$120/ \$132

#### **Date Night Drop Offs SPRING**

Come drop off your kids for a fun themed night of activities while you go out and enjoy yourself or just relax for a bit at home! Children will enjoy some pizza, snacks, drinks, do art projects, play games and enjoy a movie at each Date Night Drop Off! LOCATION: City Hall Auditorium INSTRUCTOR: NBPT Rec Staff GRADES: 1-5 DAY: Fri TIME: 5:30-8:30pm FEES (R/NR): \$25/ \$30

DATE: 3/22- Mar. 22 (Book Characters Theme) DATE: 4/26- Apr. 26 (Earth Day Theme) DATE: 5/24 - May 24 (Circus/Carnival Theme)



JOIN US TO KICK off summer, MEET THE SUMMER STAFF FROM CLIPPER AND LITTLE ACES. AND HIT THE WATER SLIDE! THURSDAY, JUNE 20TH 5-6:30PM FOOD TRUCK ONSITE

#### Week 1: June 24 - June 28

Clipper Kids, Mates, Crew	8:30am-3:00pm	Mon - Fri	Grades 1-6
Clipper Boys Basketball	8:30am-10:30am	Mon - Thu	Grades K-4
Clipper Girls Basketball	8:30am-12:30pm	Mon - Thu	Grades 4-9
Little Aces	9:00am-12:00pm	Mon - Fri	Ages 4-6
Clipper Baseball	9:00am-12:00pm	Mon - Thu	Grades 7-12
Clipper Field Hockey	9:00am-12:00pm	Mon - Fri	Grades 1-8
Tennis AM	9:00am-12:00pm	Mon - Fri	Grades 1-8
Girls Who Lead	9:00am-1:00pm	Mon - Fri	Grades 5-8
Parkour	9:30am-12:00pm	Tue - Fri	Ages 6-9
Parkour	12:30pm-3:00pm	Tue - Fri	Ages 9-13
Clipper Girls Basketball	1:00pm-3:00pm	Mon - Thu	Grades PK-3
Tennis PM	1:00pm-4:00pm	Mon - Fri	Grades 1-8
Lil Picasso's	1:30pm-3:00pm	Mon - Fri	Grades K-2
Clipper Football	2:00pm-4:30pm	Mon - Thu	Grades 5-8
NBBA Summer Rec League	5:00pm-7:15pm	*Tuesdays until Aug 27	Ages 14-19

#### Week 2: July 1 - July 3

Clipper Kids, Mates, Crew	8:30am-3:00pm	Mon - Wed	Grades 1-6
Little Aces	9:00am-12:00pm	Mon - Wed	Ages 4-6
Safe Sitter Essentials	9:30am-11:30 am	Mon - Wed	Grades 6-8

### NEWBURYPORT REC WILL BE CLOSED FOR THE 4TH & 5TH OF JULY



HAVE A SAFE AND FUN HOLIDAY!

#### Week 3: July 8 - July 12

Week J. July 0 - Ju			
East Coast Soccer	8:00am-11:00am	Mon - Thu	Grades K-6
Summer Garden Club	8:00am-12:00pm	Wed - Fri	Grades K-3
Clipper Kids, Mates, Crew	8:30am-3:00pm	Mon - Fri	Grades 1-6
Clipper Boys Basketball	8:30am-12:30pm	Mon - Thu	Grades 5-10
Skyhawks Multisport	9:00am-9:45am	Mon - Fri	Ages 2.6-4
Clipper Track and Field	9:00am-10:30am	Mon - Thu	Grades 3-5
Lego Robotics and Engineering	9:00am-11:45am	Mon - Thu	Grades 1-5
Video Game Designer	9:00am-11:45am	Mon - Thu	Grades 3-6
Little Aces	9:00am-12:00pm	Mon - Fri	Ages 4-6
Mountain Biking	9:00am-12:00pm	Mon - Thu	Grades 4-8
Tennis	9:00am-12:00pm	Mon - Fri	Grades 1-8
Skateboard Lessons	9:00am-12:00pm	Mon - Thu	Ages 5+
Sweet and Savory Baking	9:00am-12:00pm	Mon - Thu	Grades 4-8
Kin Fitness Fit Fun AM	9:00am-12:00pm	Mon - Thu	Grades 1-3
Hightail Acres Horsemanship	9:00am-2:00pm	Mon - Fri	Ages 6+
Clipper Volleyball	9:30am-11:30am	Mon - Thu	Grades 5-9
Skyhawks Tennis	10:00am-12:00pm	Mon - Fri	Ages 4-6
Clipper Track and Field	10:45am-12:15pm	Mon - Thu	Grades 6-8
Lego Robotics Master	12:15pm-3:00pm	Mon - Thu	Grades 1-5
Scratch Coder	12:15pm-3:00pm	Mon - Thu	Grades 3-6
Clipper Volleyball	12:00pm-2:00pm	Mon - Thu	Grades 5-9
Kin Fitness Fit Fun PM	1:00pm-3:30pm	Mon - Thu	Grades 1-3
Creative Juicery	1:30pm-3:00pm	Mon - Thu	Grades 3-5
Family Tennis	5:00pm-6:30pm	*Wednesdays until Jul 31	All Ages
Clipper Cheerleading	5:00pm-7:00pm	*Tuesdays until Jul 30	Grades 3-5

#### Week 4: July 15 - July 19

East Coast Soccer	8:00am-11:00am	Mon - Thu	Grades K-6
Garden Club	8:00am-12:00pm	Wed - Fri	Grades K-3
Clipper Kids, Mates, Crew	8:30am-3:00pm	Mon - Fri	Grades 1-6
Little Aces	9:00am-12:00pm	Mon - Fri	Ages 4-6
Tennis	9:00am-12:00pm	Mon - Fri	Grades 1-8
Skateboard Lessons	9:00am-12:00pm	Mon - Thu	Ages 5+
Stem Lab Fun!	9:00am-12:00pm	Mon - Thu	Grades K-5
Kin Fitness Fit Fun AM	9:00am-12:00pm	Mon - Thu	Grades 1-3
Dodgeball	9:30am-11:30am	Mon - Thu	Grades 4-8
BizBuilers Business Club	9:30am-12:30pm	Mon - Fri	Grades 4-5
Tinkerhaus	9:00am-2:00pm	Mon - Fri	Ages 5-8
Hightail Acres Horsemanship	9:00am-2:00pm	Mon - Fri	Ages 6+
Kin Fitness Fit Fun PM	1:00pm-3:30pm	Mon - Thu	Grades 1-3
Clay Club	1:30pm-3:00pm	Mon - Fri	Grades K-2

#### Week 5: July 22 - July 26

East Coast Soccer Elite	8:00am-12:00pm	Mon - Thu	Grades 5-9
Clipper Kids, Mates, Crew	8:30am-3:00pm	Mon - Fri	Grades 1-6
Clipper Boys Basketball	8:30am-12:30pm	Mon - Thu	Grades 5-10
Little Aces	9:00am-12:00pm	Mon - Fri	Ages 4-6
Tennis	9:00am-12:00pm	Mon - Fri	Grades 1-8
Skateboard Lessons	9:00am-12:00pm	Mon - Thu	Ages 5+
Skyhawks Golf	9:00am-12:00pm	Mon - Fri	Ages 5-9
Clipper Girls Softball	9:00am-12:00pm	Mon - Thu	Ages 8-12
Tinkerhaus	9:00am-2:00pm	Mon - Fri	Ages 5-8
Junior Leaders	9:00am-3:00pm	Mon - Thu	Grades 4-5
Clipper Softball	9:00am- !2:00pm	Mon - Thu	Ages 8-12
Nature Art	1:30pm-3:00pm	Mon - Fri	Grades 3-5
Clipper Boys Lacrosse	5:00pm-6:30pm	*Tue/Wed until Aug 8	Grades 3-8
Clipper Boys Lacrosse	6:30pm-8:00pm	*Tue/Wed until Aug 8	Grades 9-12

#### Week 6: July 29 - August 2

-			
East Coast Soccer	8:00am-11:00am	Mon - Thu	Grades K-6
NBBA	8:00am-12:00pm	Mon - Thu	Grades 1-4
Summer Garden Club	8:00am-12:00pm	Wed - Fri	Grades K-3
Clipper Kids, Mates, Crew	8:30am-3:00pm	Mon - Fri	Grades 1-6
East Coast Soccer Tots	8:30am-10:00am	Mon - Thu	Ages 3-5
Little Aces	9:00am-12:00pm	Mon - Fri	Ages 4-6
Tennis	9:00am-12:00pm	Mon - Fri	Grades 1-8
Skateboard Lessons	9:00am-12:00pm	Mon - Thu	Ages 5+
Mini Hawks Multisport	9:00am-12:00pm	Mon - Fri	Ages 5-8
Clipper All Sports	9:00am-2:00pm	Tue - Fri	Grades 6-8
Intro to Fused Glass	1:00pm-3:00pm	Mon - Fri	Grades 1-5
Lil Picasso's	1:30pm-3:00pm	Mon - Fri	Grades K-2

#### Week 7: August 5 - August 9

East Coast Soccer	8:00am-11:00am	Mon - Thu	Grades K-6
NBBA	8:00am-12:00pm	Mon - Thu	Grades 5-8
Clipper Kids, Mates, Crew	8:30am-3:00pm	Mon - Fri	Grades 1-6
Little Aces	9:00am-12:00pm	Mon - Fri	Ages 4-6
Clipper Field Hockey	9:00am-12:00pm	Mon - Fri	Grades 1-8
Summer Art Adventures	9:00am-12:00pm	Mon - Fri	Grades K-2
Pastry Arts	9:00am-12:00pm	Mon - Thu	Grades 4-8
Tennis	9:00am-12:00pm	Mon - Fri	Grades 1-8
Skyhawks Flag Football	9:00am-12:00pm	Mon - Fri	Ages 7-11
Learn to Wrestle	9:00am-12:00pm	Mon - Fri	Grades 4-8
Public Speaking	9:00am-1:00pm	Mon - Fri	Grades 5-8
Tinkerhaus Dollhouse Design	9:00am-2:00pm	Mon - Fri	Ages 6-10
Clipper All Sports	9:00am-2:00pm	Tue - Fri	Grades K-5
Hightail Acres Horsemanship	9:00am-2:00pm	Mon - Fri	Ages 6+
Intro to Fused Glass	1:00pm-3:00pm	Mon - Fri	Grades 5-8
Summer Art Adventures	1:00pm-4:00pm	Mon - Fri	Grades 3-5
Creative Juicery	1:30pm-3:00pm	Mon - Fri	Grades 3-5
Family Tennis	5:00pm-6:30pm	*Wednesdays until Aug 28	All Ages

#### Week 8: August 12 - August 16

East Coast Soccer	8:00am-11:00am	Mon - Thu	Grades K-6
Clipper Kids, Mates,	8:30am-3:00pm	Mon - Fri	Grades I-6
Crew			
Summer Buildwave	9:00am-12:00pm	Mon - Fri	Grades K-6
Tennis	9:00am-12:00pm	Mon - Fri	Grades I-8
Skateboard Lessons	9:00am-12:00pm	Mon - Thu	Ages 5+
Summer Art Adventures	9:00am-12:00pm	Mon - Fri	Grades 3-5
Tinkerhaus Bandsaw	9:00am-12:00pm	Mon - Thu	Ages 11-14
Boxes			-
Clipper All Sports	9:00am-2:00pm	Tue - Fri	Grades K-5
Summer Art Adventures	l:00pm-4:00pm	Mon - Fri	Grades K-2
Tinkerhaus Bandsaw	I:00pm-4:00pm	Mon - Thu	Ages 11-14
Boxes			
Nature Art	I:30pm-3:00pm	Mon - Fri	Grades K-2

#### Week 9: August 19 - August 23

Clipper Kids, Mates, Crew	8:30am-3:00pm	Mon - Fri	Grades I-6
Tennis	9:00am-12:00pm	Mon - Fri	Grades I-8
Parkour	9:30am-12:00pm	Tue - Fri	Ages 6-9
Parkour	I 2:30pm-3:00pm	Tue - Fri	Ages 9-13
Clay Club	I:30pm-3:00pm	Mon - Fri	Grades 3-5

#### Week 10: August 26 - August 30

Registration begins March 13th at 6pm for residents and on March 27th for non-residents. Residents are defined as people who live in the City of Newburyport.

The MyRec site is now being used by the whole city. Your account is still there. Please log in as usual! Please test your log in before March 13th.

Please update your account today! Registration comes quickly and you want to know that your account is set up and correct. Please log in and check that everything is filled out and correct.

• Under "My Account" you can find "household members". If you go to a child's account, you can fill out/ update our standard forms ahead of time! Look for "NBPT Rec Standard Child's Form (6 mos)".

• Under your My Account, you can find "edit payment methods". This allows you to save your credit/debit card. You can pick it as a form of payment for faster checkout.

• If you need a payment plan or scholarship (full or partial), please contact Trish Boateng, Support Coordinator before March 13th. She will provide you with a promo code that will allow you to register without payment and not miss a spot.

Important Information: Please read the following information before registering for any programs.

Please ONLY use the deposit option at check out if you are planning on an automatic payment plan. The system is defaulted to a 10% deposit for payment. If you use the deposit option, you will be put on an automatic payment plan. This plan will divide your payments into 3 equal payments charged to your credit card on April 1, May 1 and June 1. This includes a \$5.00 fee for each payment.

Any available Sibling Discount will be automatically applied to your program cost. If your child has any special needs or accommodations, please contact us or complete a Therapeutic Rec membership form for your child. We are happy to speak to you in the following weeks about available supports and to discuss specific programs as well.

#### **Arts and Crafts Programs**

#### Lil Picasso- SPRING

Calling all fledgling artists! Lil Picasso's is a pre-school age program where budding young artists can explore their talents through a variety of different art projects and crafts! All materials are provided. Sign up with a friend or meet a new friend who loves to create as much as you do!

LOCATION: Bres Art Room INSTRUCTOR: Emma Quateman GRADES: 1-3 DATE: 4/4 -5/16 DAY: Thu TIME: 2:50-4:00 pm REG DEADLINE: 3/21 FEES (R/NR): \$85/ \$95

#### Glass Art Program

#### Intro to Fused Glass- SUMMER

Students in this class will learn the ancient art of glass fusing. This class requires no prior experience and is ideal for students who are curious about trying a new art form and love working with their hands. Students will be taught through demonstrations and hands-on instruction about different methods for cutting, working with and arranging glass. They'll learn about the types and properties of glass, what the firing process entails, and the basic building blocks of working with glass. Students will make projects including pendants, coasters/suncatchers, bowls, clocks and more! All materials and tools needed for the class are provided and included in the cost.

LOCATION: Nock/Molin INSTRUCTOR: Anya Ciarametaro

GRADES: 1-5 DATE: 7/29 -8/2 DAY: Mon-Fri TIME: 1:00-3:00pm REG DEADLINE: 7/15 FEES (R/NR): \$300/ \$330

GRADES: 5-8 DATE: 8/5 -8/9 DAY: Mon-Fri TIME: 1:00-3:00pm REG DEADLINE: 7/22 FEES (R/NR): \$300/ \$330

#### **Summer Art Adventures**

Your child will have fun making art that is too messy to do at home! We will explore with paint, chalk, face paint, glue, tie dye, slime, and more! These art projects are rewarding, promote expression, use of color and finding beauty in a little bit of chaos. This class is instructed by Tran Jost of Newburyport, who has worked in graphic design, marketing, advertising and currently teaches at the Bresnahan. Please have your child bring a nut-free snack and water and wear clothing appropriate for messy art. We will have snack outside so you may want to apply sunscreen on your child as well.

LOCATION: Bresnahan Art Room INSTRUCTOR: Tran Jost

GRADES: K-2 DATE: 8/5 -8/9 DAY: Mon-Fri TIME: 9:00am-12:00pm REG DEADLINE: 7/22 FEES (R/NR): \$200/ \$220

GRADES: K-2 DATE: 8/12 -8/16 DAY: Mon-Fri TIME: 1:00-4:00pm REG DEADLINE: 7/29 FEES (R/NR): \$200/ \$220

GRADES: 3-5 DATE: 8/5 -8/9 DAY: Mon-Fri TIME: 1:00-4:00pm REG DEADLINE: 7/22 FEES (R/NR): \$200/ \$220

GRADES: 3-5 DATE: 8/12 -8/16 DAY: Mon-Fri TIME: 9:00am-12:00pm REG DEADLINE: 7/29 FEES (R/NR): \$200/ \$220



#### Lil Picasso's

Calling all fledgling artists! Lil Picasso's is a program where budding young artists can explore their talents through a variety of different art projects and crafts! All materials are provided and Sign up with a friend or meet a new friend who

loves to create as much as you do! LOCATION: Bres Art Room INSTRUCTOR: Emma Quateman

GRADES: K-2 DATE: 6/24- 6/28 DAY: Mon-Fri TIME: 1:30-3:00pm REG DEADLINE: 6/10 FEES (R/NR): \$150/ \$165

GRADES: K-2 DATE: 7/29- 8/2 DAY: Mon-Fri TIME: 1:30-3:00pm REG DEADLINE: 7/15 FEES (R/NR): \$150/ \$165

#### **Creative Juicery**

#### **Creative Juicery Summer Sessions**

Daily activities and crafts will be provided! On the very first day we will start with a delicious fruit smoothie to get the creative juices flowing for a week filled with fun creative art projects! From pastels to paint, fabric to clay we will try it all! Sign up with a friend or meet a new friend who loves to create as much as you do! LOCATION: Bres Art Room

INSTRUCTOR: Emma Quateman

GRADES: 3-5 DATE: 7/8-7/12 DAY: Mon-Fri TIME: 1:30-3:00pm REG DEADLINE: 6/24 FEES (R/NR): \$150/ \$165

GRADES: 3-5 DATE: 8/5- 8/9 DAY: Mon-Fri TIME: 1:30-3:00pm REG DEADLINE: 7/22 FEES (R/NR): \$150/ \$165

#### **Clay Club**

In Clay Club kids will be designing and making their own handbuilt mugs, magnets and other ceramic creations! We will be learning the basics of handbuilding, glazing techniques and how a kiln works. Kids will be able to take home their creations on the last day the program runs.

Please wear or bring clothes you don't mind getting dirty! LOCATION: Bres Art Room INSTRUCTOR: Emma Quateman

GRADES: K-2 DATE: 7/15-7/19 DAY: Mon-Fri TIME: 1:30-3:00pm REG DEADLINE: 7/1 FEES (R/NR): \$150/ \$165

GRADES: 3-5 DATE: 8/19-8/23 DAY: Mon-Fri TIME: 1:30-3:00pm REG DEADLINE: 8/5 FEES (R/NR): \$150/ \$165

#### **Nature Art**

Join us for this wonderful nature focused arts and crafts program! This is a great way for you and your child to explore nature and create art together. We will be making watercolor spray paintings, leaf prints, pine cone bird feeders, sun catchers and going for a nature walk to collect

the rainbow! LOCATION: Moseley Woods INSTRUCTOR: Emma Quateman

GRADES: 3-5 DATE: 7/22-7/26 DAY: Mon-Fri TIME: 1:30-3:00pm REG DEADLINE: 7/8 FEES (R/NR): \$150/ \$165

GRADES: K-2 DATE: 8/12-8/16 DAY: Mon-Fri TIME: 1:30-3:00pm REG DEADLINE: 7/29 FEES (R/NR): \$150/ \$165

#### Tinkerhaus

#### **Dollhouse Design**

Each child gets their own contemporary style doll house to decorate and furnish, populate with little wooden people LOCATION: Tinkerhaus INSTRUCTOR: Mary Mcdonald AGES: 6-10 DATE: 8/5 -8/9 DAY: Mon-Fri TIME: 9:00am-2:00pm REG DEADLINE: 7/22 FEES (R/NR): \$350/ \$385

#### **Bandsaw Boxes Sessions**

Step into the woodshop and build a beautiful customized box with interesting shapes and compartments. LOCATION: Tinkerhaus INSTRUCTOR: Eric Olson

AGES: 11-14 DATE: 8/12-8/15 DAY: Mon-Thu TIME: 9:00am-12:00pm REG DEADLINE: 7/29 FEES (R/NR): \$300/ \$330

AGES: 11-14 DATE: 8/12-8/15 DAY: Mon-Thu TIME: 1:00-4:00pm REG DEADLINE: 7/29 FEES (R/NR): \$300/ \$330



GIFT CARD FOR \$50 USE FOR CLASS OR 1 MONTH MEMBERSHIP

#### **Making All The Ways**

For littles who really love art, this is the week for you! Try out different kinds of paint, work on drawings small and large and build some fun structures too! Tinkerhaus is a place full of paint, glue and scraps. LOCATION: Tinkerhaus INSTRUCTOR: Sara Ramos

AGES: 5-8 DATE: 7/15 -7/19 DAY: Mon-Fri TIME: 9:00am-2:00pm REG DEADLINE: 7/1 FEES (R/NR): \$300/ \$330

AGES: 5-8 DATE: 7/22 -7/26 DAY: Mon-Fri TIME: 9:00am-2:00pm REG DEADLINE: 7/8 FEES (R/NR): \$300/ \$330

#### Garden Club at the Bres

#### Summer Garden Club

Our Instructor/Bresnahan Teacher Katara Harding, has recently started the Bresnahan Community Learning Gardens. Kids love to get involved in these gardens and this program is a great way to do so! Katara and the kids will focus on learning about gardening, how to properly water, weed, plant, harvest, etc. This will be an outdoor program with the option to move indoors to her classroom if the weather is inclement.

LOCATION: Bres Room 238 INSTRUCTOR: Katara Harding

GRADES: K-3 DATE: Jul 10 - Jul 12 DAY: Wed-Fri TIME: 8:00am-12:00pm REG DEADLINE: 6/26 FEES (R/NR): \$250/ \$275 GRADES: K-3 DATE: Jul 17 - Jul 19 DAY: Wed-Fri TIME: 8:00am-12:00pm REG DEADLINE: 7/3 FEES (R/NR): \$250/ \$275 GRADES: K-3 DATE: Jul 31 - Aug 2 DAY: Wed-Fri TIME: 8:00am-12:00pm REG DEADLINE: 7/17 FEES (R/NR): \$250/ \$275



#### **Spring Garden Club**

Our Instructor/Bresnahan Teacher Katara Harding, has recently started the Bresnahan Community Learning Gardens in the back of the school. She's very passionate about this project and looks forward to getting kids involved in these gardens and this program is a great way to do so! Katara and the kids will focus on learning about gardening, how to properly water, weed, plant, harvest, etc. This will be an outdoor program with the option to move indoors to her classroom if the weather is inclement. LOCATION: Bres Room 238 INSTRUCTOR: Katara Harding

GRADES: K-3 DATE: 4/22 -6/3 No Class May 27 DAY: Mon TIME: 2:45-3:45pm REG DEADLINE: 4/8 FEES (R/NR): \$100/ \$110

GRADES: K-3 DATE: 4/23 -5/28 DAY: Tue TIME: 2:45-3:45pm REG DEADLINE: 4/9 FEES (R/NR): \$100/ \$110

#### **Spring Piano at the Bres**

Come hang with Mr. R-M at the NYS after school piano program this Spring! The program will run from 3:05-4:00pm on Monday afternoons at the Bresnahan School. During our sessions students will engage in musical activities and each student will have their own keyboard station for exploring the world of music through the piano! Topics will include reading rhythmic patterns, identifying notes on the treble clef, increasing our music vocabulary and basic piano technique. We will focus each week on a different composer ranging from baroque to pop! Materials (sheet music) will be provided.

LOCATION: Bres Room 335 INSTRUCTOR: Gardner Rulon Miller GRADES: K-3 DATE: 4/22 -5/20 DAY: Mon TIME: 2:45-4:00pm REG DEADLINE: 4/8 FEES (R/NR): \$125/ \$138

#### **Ukulele Jams Before or After School**

1 st, 2nd, and 3rd grade students - come jam out on the ukulele this Spring! The NYS after school ukulele jams will be running on Tuesday afternoons at the Bresnahan School from 3:05-4:00pm with Mr. R-M. We will learn some background about the ukulele, how to hold and strum the instrument, and some basic chord shapes. Before you know it you will be jamming along to some classics ranging from reggae to pop! Ukuleles and materials will be provided. LOCATION: Bres Room 335 INSTRUCTOR: Gardner Rulon Miller GRADES: 1-3

DATE: 4/23 -5/21 DAY: Tue PM TIME: 2:45-4:00pm REG DEADLINE: 4/9 FEES (R/NR): \$125/ \$138

DATE: 4/24 -5/22 DAY: Wed AM TIME: 7:15-8:05am REG DEADLINE: 4/10 FEES (R/NR): \$100/ \$110

#### **Clipper Volleyball Grades K-3**

These sessions will give players of all levels and abilities the opportunity to learn and develop skills to play the game of volleyball. Individualized instruction and effective drills will focus on passing, setting, hitting, and serving. Players will benefit from repetition to reinforce skill development and scrimmages to put their skills into action. All sessions will be run by NHS coaches and players.

LOCATION: Bresnahan Outdoors INSTRUCTOR: Lindsay Rescott GRADES: K-3 DATE: 4/22 -6/3 \*no 5/27 DAY: Mon TIME: 2:45-3:45pm REG DEADLINE: 4/8 FEES (R/NR): \$95/ \$105

#### Morning Run Club at the Bres(Spring)

Join Mr. Valli, Mrs. Spinney and members of highschool Cross Country team on Monday and Wednesday for Morning Run Club at The Bres. Through games/ activites the club will slowly and safely build up to run longer distances while having fun in a welcoming and supportive environment. Everyone will learn the foundations of running while creating goals for the club and themselves. Each child will receive a Running Club t-shirt before the end of the program that will build up to the (optional) 5k.

LOCATION: Bresnahan Gym INSTRUCTOR: Matt Valli/Kristin Spinney GRADES: K-3 DATE: 4/22 -6/12 \*5/27 DAY: Mon/Wed TIME: 7:15-8:05am REG DEADLINE: 4/8 FEES (R/NR): \$200/ \$220



**AGES 4-6** 

## SUMMER PROGRAM

Little Aces is a great first step into NYS programs for new families, and a favorite of some of our summer regulars. Designed as an early education program, a week in Little Aces is filled with elements your child will love. The day is set up to create a predictable routine filled with circle time, outdoor play, art/ theme activities, games, snack time and free play. Little Aces runs indoors and out. Each week the books, activities and games are based on the theme.

\$165 Section 1:5 Subling Discount

#### ADD ON LUNCH BUNCH 'TILL 1 PM: \$25/WEEK



#### **Clipper Athletics**

Taught by NHS coaches and players

#### **Clipper Girls Basketball**

Our focus will be to help players gain confidence and knowledge while teaching the proper fundamentals in a fun atmosphere. Daily emphasis will include: footwork, balance, ball handling, shooting, attacking defender, post play, defensive concepts, boxing out and rebounding, goal setting, positive affirmations, plus other fun activities and games. All aspects of basketball will be covered with daily skills and drills and competitive contests including "Queen of the Court" and "Queen Clipper". Space is limited so don't miss out on a fun basketball program! Join NHS Varsity Coach Karen Grutchfield and other NHS players and coaches. LOCATION: Nock/Molin Gym

INSTRUCTOR: Karen Grutchfield

GRADES: 4-9 DATE: 6/24 -6/27 DAY: Mon-Thu TIME: 8:30am-12:30pm REG DEADLINE: 6/10 FEES (R/NR): \$208/ \$228

GRADES: PK-3 DATE: 6/24 -6/27 DAY: Mon-Thu TIME: 1:00-3:00pm REG DEADLINE: 6/10 FEES (R/NR): \$105/ \$115

#### **Clipper Cheerleading**

Clipper Cheer Let's see your Clipper Pride! A four week cheerleading program put on by NHS Cheerleading Coach and Athletes. This program will provide instruction in cheerleading areas such as cheers, chants, dance, stunting, jumps and tumbling!

LOCATION: NHS Gym INSTRUCTOR: Julie Wilmot GRADES: 3-5 DATE: 7/9 -7/30 DAY: Tue TIME: 5:00-7:00pm REG DEADLINE: 6/25 FEES (R/NR): \$100/ \$110

#### **Clipper Boys Basketball**

The NHS Boys Basketball Program is thrilled to offer four separate Boys Basketball Clinics for

student-athletes this summer! Varsity Coaches and High School players will focus on players developing the fundamentals of the game through skill work. We will also work to improve basketball decision making through small sided games. Each participant will then have the opportunity to apply those skills while they compete in two games a day. Along with the skills necessary to play basketball, all coaches will educate campers on the importance of being great teammates, communicating on/ off the court with peers, competing at a high level and sportsmanship. It will be a fun learning environment that will challenge participants'

skills to help him become a complete basketball player. COACH: Mark Elmendorf

#### **Clipper Boys Summer Basketball**

LOCATION: Bresnahan Gym GRADES: K-4 DATE: 6/24 -6/27 DAY: Mon-Thu TIME: 8:30-10:30am REG DEADLINE: 6/10 FEES (R/NR): \$108/ \$118

LOCATION: Bresnahan Gym GRADES: K-4 DATE: 7/15 -7/18 DAY: Mon-Thu TIME: 8:30-10:30am REG DEADLINE: 7/1 FEES (R/NR): \$108/ \$118

LOCATION: Nock/Molin Gym GRADES: 5-10 DATE: 7/8 -7/11 DAY: Mon-Thu TIME: 8:30am-12:30pm REG DEADLINE: 6/24 FEES (R/NR): \$215/ \$236

LOCATION: Nock/Molin Gym GRADES: 5-10 DATE: 7/22 -7/25 DAY: Mon-Thu TIME: 8:30am-12:30pm REG DEADLINE: 7/8 FEES (R/NR): \$215/ \$236

#### Clipper Boys Basketball Spring Clinic

LOCATION: Nock/Molin GRADES: 4-8 DATE: 4/23 -5/28 DAY: Tue TIME: 7:00-8:30pm REG DEADLINE: 4/9 FEES (R/NR): \$120/ \$132

#### **Clipper All Sports**

The All Sports Clinic will introduce activities to youth who enjoy a variety of sports and recreational games. Youth are taught skills and given the opportunity to compete in a variety of sports such as soccer, basketball, flag football and more while also enjoying some recreational games such as dodgeball, capture the flag, meatball and more, plus use of the playground during break time. The day will begin with active dynamic stretching and plyometrics to focus on balance and coordination. Coaches Valli and Hodsdon make sure our days are high paced and non stop fun for every child! An emphasis of sportsmanship, playing with character and having fun! LOCATION: Bresnahan Gym INSTRUCTOR: Matt Valli/Kyle Hodsdon

GRADES: K-5 DATE: 8/6 -8/9 DAY: Tues-Fri TIME: 9:00am-2:00pm REG DEADLINE: 7/22 FEES (R/NR): \$300/ \$330 GRADES: K-5 DATE: 7/29- 8/1 DAY: Mon- Thur TIME: 9:00am-2:00pm REG DEADLINE: 7/15 FEES (R/NR): \$300/ \$330

GRADES: K-5 DATE: 8/13 -8/17 DAY: Tues- Fri TIME: 9:00am-2:00pm REG DEADLINE: 7/29 FEES (R/NR): \$300/ \$330

#### **Clipper Baseball Clinic**

Improve your game and have serious fun at Newburyport HS Baseball Clinic. Participants are given high level instruction throughout the day with a focus on hitting techniques, fielding, and base running. Youth will be eager to showcase their new skills and ready to return next summer!

Newburyport HS Head Coach Ron Jordan along with the rest of the staff welcome players from Grades 7 to 12. Players are split up by age and ability. The aim of the clinic is to develop all players, increasing the overall level of play and knowledge of the game. Emphasis is placed on fundamentals and team play.

Highlights Include: Throwing velocities measured by Radar Gun, Hitting exit velocities measured by Radar Gun, Games played daily.

LOCATION: NHS Baseball Field INSTRUCTOR: Ron Jordan/Dom Massi GRADES: 7-12 DATE: 6/24 -6/27 DAY: Mon-Thu TIME: 9:00am-12:00pm REG DEADLINE: 6/10 FEES (R/NR): \$156/ \$172



#### **Clipper Boys Lacrosse**

Please join Newburyport Boys Lacrosse Varsity Coach Josh Wedge at Newburyport High School for a weekly clinic. Players of all skill levels can learn the fundamentals and techniques of a strong lacrosse player. Each week will feature 45 min of instruction, and 45 of small sided games. We will structure drills to meet all levels of skill from beginner to advanced. Short sticks only. No previous experience required. During the drills we will focus on the fundamentals of shooting, dodging, footwork, agility, as well as offensive IQ develop in the game of lacrosse. (Helmet, Gloves, and Short Sticks Required) LOCATION: NHS Stadium INSTRUCTOR: Josh Wedge GRADES: 3-8 DATE: 7/23 -8/8 DAY: Tue/Wed TIME: 5:00-6:30pm REG DEADLINE: 7/9 FEES (R/NR): \$125/ \$132

GRADES: 9-12 DATE: 7/23 -8/8 DAY: Tue/Wed TIME: 6:30-8:00pm REG DEADLINE: 7/9 FEES (R/NR): \$125/ \$132

### **Clipper Field Hockey**

Join Coach Shannon Haley for a clinic to learn and develop your field hockey skills. Players will learn the basics of field hockey, while getting a chance to practice in skill sessions that help develop individual and team skills. All levels are welcome! Please bring: field hockey stick, mouth guard, shin pads, field hockey goggles. If you need to borrow a field hockey stick, please email

coach Haley at shaley@newburyport.k12.ma.us LOCATION: NHS Stadium INSTRUCTOR: Shannon Haley

GRADES: 1-8 DATE: 6/24 -6/28 DAY: Mon-Fri TIME: 9:00am-12:00pm REG DEADLINE: 6/10 FEES (R/NR): \$200/ \$220

GRADES: 1-8 DATE: 8/5 -8/9 DAY: Mon-Fri TIME: 9:00am-12:00pm REG DEADLINE: 7/22 FEES (R/NR): \$200/ \$220

### **Clipper Football Clinic**

Come join your NHS football coaching staff and players for a great experience learning the skills and techniques that make up a complete football player. All youth are welcome to learn and experience all facets of the game in offense, defense, and special teams. Participants will learn techniques in all positions and work on group and team drills that will demonstrate proper technique. On top of this, players will compete in 7 on 7 tag football, learning routes and pass-coverages, along with an assortment of other games that are football related. Youth will also learn the Clippers values instilled in our NHS football players. This clinic is a fundraiser to assist the NHS football program in purchasing equipment for the team.

LOCATION: NHS Stadium INSTRUCTOR: Ben Smolski GRADES: 5-8 DATE: 6/24 -6/27 DAY: Mon-Thu TIME: 2:00-4:30pm REG DEADLINE: 6/10 FEES (R/NR): \$135/ \$148.5

### **Clipper Track and Field**

This program will be an opportunity for young athletes to learn proper running and jumping techniques while being introduced to many of the events that make up track and field. Proper technique will be emphasized in a fun, game oriented environment. The goal is developing a life-long enjoyment of fitness. The coaches are Mike McCormick, who is the head coach for NHS spring track, as well as the head coach for the Winner's Circle Running Club and has completed 38 Boston Marathons! LOCATION: Fuller Field INSTRUCTOR: Mike Mccormick

GRADES: 3-5 DATE: 7/8 -7/11 DAY: Mon-Thu TIME: 9:00-10:30am REG DEADLINE: 6/24 FEES (R/NR): \$100/ \$110

GRADES: 6-8 DATE: 7/8 -7/11 DAY: Mon-Thu TIME: 10:45am-12:15pm REG DEADLINE: 6/24 FEES (R/NR): \$100/ \$110



### **Clipper Volleyball**

These sessions will give players of all levels and abilities the opportunity to learn and develop skills to play the game of volleyball. Individualized instruction and effective drills will focus on passing, setting, hitting, and serving. Players will benefit from repetition to reinforce skill development and scrimmages to put their skills into action. All sessions will be run by NHS coaches and players. LOCATION: NHS Gym INSTRUCTOR: Lori Solazzo

Clipper Volleyball Clinic Grades 4-8 (Spring) GRADES: 4-8 DATE: 3/25 -5/20 DAY: Mon TIME: 6:30-8:00pm REG DEADLINE: 3/11 FEES (R/NR): \$160/ \$176 Clipper Volleyball Clinic Grades 5-9 (Summer)

GRADES: 5-9 DATE: 7/8 -7/11 DAY: Mon-Thu TIME: 9:30-11:30am REG DEADLINE: 6/24 FEES (R/NR): \$120/ \$132

GRADES: 5-9 DATE: 7/8 -7/11 DAY: Mon-Thu TIME: 12:00-2:00pm REG DEADLINE: 6/24 FEES (R/NR): \$120/ \$132

### **Clipper Softball**

The Clipper Softballl Clinic will be designed to teach Softball skills for various age levels alongside people who have been around the game. The program will be run by Coach Josh Hickey. Our goal of the program is to first off, have fun, while teaching kids the fundamentals of playing softball. Each day we will focus on drills, skills, and improvement. Then we'll have fun playing games by the end of each daily session! AGES: 8-12 DATE: 7/22-7/25 DAY: Mon- Thur TIME: 9:00am- 12:00pm REG DEADLINE: 7/8 FEES (R/NR): \$156/ \$172

LOCATION: Nock/ Molin Field INSTRUCTOR: Josh Hickey



AT PERKINS PARK

week1 Jun 24-28 Summer Celebration

week<sup>2</sup> Jul 1-3 \*discounted Hopping Through the Holidays

week<sup>3</sup> Jul 8–12 Animal Adventures

week <sup>4</sup> Jul 15–19 Mystical Magical

week <sup>5</sup> Jul 22-26 Carnival

week <sup>6</sup> Jul 29 – Aug 2 NBPT Week

week<sup>7</sup> Aug 5-9 Superhero

week<sup>8</sup> Aug 12–16 Lights, Camera, Action

week <sup>9</sup> Aug 19–23 Aloha Summer

ARTS & CRAFTS | FUN GAMES | FREE TIME | WEEKLY THEMES MUSIC & DANCE | SLIP N SLIDE FRIDAYS | AND A WHOLE LOT MORE...

# HOURS: 8:30AM-3PM

Flexible drop off & pick up 8:30-9am & 2:30-3pm

\*Discounted early pickup also available at 1pm

Clipper Kids Grades 1 & 2 Clipper Mates Grades 3 & 4 Clipper Crew Grades 5 & 6

9 WEEKS OF SUMMER FUN!

WEEKLY DRESS UP DAY!

\$240/

WEEK

WEEKLY

SPECIAL

EVENT!

:(0)|)/1

20% SIBLING DISCOUNT

### **Cooking and Baking Classes**

### Sweet and Savory Baking

Learn and practice baking, roasting and oven techniques. Along with prep, measuring, time management, sanitation, etc. you will create new and exciting baked dishes both sweet and savory. From quick breads to baked mac & cheese, this clinic is perfect for the budding baker. Clinic is taught by Nadine Holohan M.Ed- Culinary based Nutrition teacher and owner and operator of Hope & Confetti Confections.

LOCATION: NHS Nutrition Room INSTRUCTOR: Nadine Holohan GRADES: 4-8 DATE: 7/8 -7/11 DAY: Mon-Thu TIME: 9:00am-12:00pm REG DEADLINE: 6/24 FEES (R/NR): \$225/ \$248

### **Healthy Snack Foods**

Come and make healthy snack foods! Each week you will prepare a different snack food such as: pizza, granola bars, etc. while working in a small cooperative group. Safe and sanitary food practices, cooking techniques and nutritional information are all embedded in the course. Recipes will be available to take home each week.

Please bring a covered container to each class. Taught by Fran Kaplan who holds Masters degrees both in Education, and Occupational Therapy, with a background in teaching Consumer and Family, Foods and Nutrition classes.

LOCATION: NBPT Sr Center INSTRUCTOR: Fran Kaplan GRADES: 4-6 DATE: 4/2 -4/30 no 4/23 DAY: Tue TIME: 4:00-5:30pm REG DEADLINE: 3/19 FEES (R/NR): \$75/ \$85



### **Pastry Arts**

Come whip up sweet based concoctions from crème puffs to cake pops. Along with prep, measuring, time management. sanitation, etc. you will make a variety of doughs. This clinic will delight the pastry artist in training. (Some decorating techniques will be taught as well.)

Clinic is taught by Nadine Holohan M.Ed- Culinary based Nutrition teacher and owner and operator of Hope & Confetti Confections.

LOCATION: NHS Nutrition Room INSTRUCTOR: Nadine Holohan GRADES: 4-8 DATE: 8/5 -8/8 DAY: Mon-Thu TIME: 9:00am-12:00pm REG DEADLINE: 7/22 FEES (R/NR): \$225/ \$248

### Entrepreneurship

### **BizBuilders Bootcamp**

Empower young minds at our week-long youth entrepreneur program, where we will immerse ourselves in the exciting world of business development. Activities include crafting a comprehensive business plan, mastering marketing strategies, and honing entrepreneurial skills. The camp will culminate in a dynamic business fair, providing participants with a platform to showcase their innovative ideas and newfound business acumen to the community. Topics covered include developing an idea, business planning, marketing, giving back, and celebrating our success!

LOCATION: Nock INSTRUCTOR: Tarah MacGregor GRADES: 4-5 DATE: 7/15 -7/19 DAY: Mon-Fri TIME: 9:30am-12:30pm REG DEADLINE: 7/1 FEES (R/NR): \$150/ \$165

### **Leadership Programs**

### Peer Power: Girls Leading Together

This workshop is a dynamic and engaging decision-making leadership program designed for 4th and 5th grade girls. It focuses on teaching girls how to recognize, confront, and handle peer pressure in a fun and game-based environment. The program aims to empower young girls to make confident, independent decisions, foster strong and supportive friendships, and enhance their resilience to peer pressure. During this workshop, participants will engage in interactive skits, decision-making games, storytelling circles, creative expression, and group discussions, which will not only equip girls with important skills but also nurture their leadership potential and self-esteem. The workshop will provide a collective space for growth, enabling participants to leave with valuable tools for making wise choices in challenging situations. LOCATION: Nock Cafeteria INSTRUCTOR: Sandra Schwarzkopf

GRADES: 4-6 DATE: 5/1 -6/5 DAY: Wed TIME: 2:15-3:15pm REG DEADLINE: 4/17 FEES (R/NR): \$150/ \$165

### **NextWave Leaders**

### **Junior Leaders**

Join us for a transformative week at our leadership program, where young people will engage in dynamic activities and workshops focused on enhancing essential skills such as communication, teamwork, and creative problem-solving. Through experiential learning and collaborative challenges, participants will emerge with newfound leadership abilities, ready to make a positive impact in their communities and beyond. Topics covered will include public speaking, communication, teamwork, strategic thinking, and creativity. LOCATION: Nock INSTRUCTOR: Tarah MacGregor GRADES: 4-5 DATE: 7/22 -7/25 DAY: Mon-Thu TIME: 9:00am-3:00pm **REG DEADLINE: 7/8** FEES (R/NR): \$176/\$194

### **Girls Who Lead**

Are you ready to embark on an exciting leadership adventure designed just for you? This immersive camp welcomes rising 5th to 8th grade girls and is all about instilling the power of leadership, teamwork, and believing in yourself. Picture yourself thriving alongside other amazing girls, learning, and growing over five jam-packed days. Get ready for interactive activities, guest speakers, thoughtprovoking discussions, and fun games that build your resilience, confidence, and a sense of belonging. We'll combine traditional learning with hands-on experiences, creating a space where you feel truly seen, heard, and valued. This is your chance to shine, reflect, and discover your unique leadership potential! Are you up for the challenge?

LOCATION: Nock INSTRUCTOR: Sandra Schwarzkof GRADES: 5-8 DATE: 6/24 -6/28 DAY: Mon-Fri TIME: 9:00am-1:00pm REG DEADLINE: 6/10 FEES (R/NR): \$295/ \$325

# Your Voice, Your Choice: Slay Your Fear of Speaking

Calling rising 5th to 8th graders! This program is your launchpad to becoming a confident speaker in any situation. Imagine yourself giving powerful speeches, leading with clarity, and navigating any conversation with ease. We'll use fun games and engaging scenarios to break down public speaking into bite-sized pieces, focusing on everything from writing motivational and problem-solving speeches to participating in thrilling debates! Whether you're a natural on stage or someone who hides at the back of the classroom, this program will give you the skills and confidence to thrive in any communication setting, from school presentations to casual chats and everything in between. So, step up, step out, and get ready to make your voice heard! LOCATION: Nock **INSTRUCTOR:** Sandra Schwarzkof GRADES: 5-8 DATE: 8/5-8/9 DAY: Mon-Fri TIME: 9:00am-1:00pm **REG DEADLINE: 7/22** FEES (R/NR): \$295/ \$325

**Sports and Rec Programs** 

### **InclYOUsion Sports**

### Spring Soccer/Baseball 2-4 yr olds

Join us for a fun 8-week sports program for children of all abilities to learn the fundamentals of Soccer and Baseball! Classes are non-competitive and are perfect for beginners or for children who are looking for small class sizes taught by well-trained coaches. IncYOUsion Sports provides all equipment and children only need to bring water and wear comfortable clothes and shoes. This program is designed for children with and without disabilities to learn and play together. Skill building is modified to each child's experience level.

Inclyousion Sports provides inclusive sports enrichment programs to children, using innovative behavioral methods to teach sports, fitness and social skills. Programs are designed by physical education, behavioral, and inclusion experts to introduce all children to a variety of sports through a series of lessons focused on skill building. InclYOUsion Sports is on a mission to make high quality sports enrichment programs accessible to all children. LOCATION: Perkins Playground Field INSTRUCTOR: Greg Perkins

AGES: 2-4 DATE: 4/28 -6/23 No Class May 26 DAY: Sun TIME: 9:00-9:50am REG DEADLINE: 4/14 FEES (R/NR): \$220/ \$242

AGES: 5-7 DATE: 4/28 -6/23 No Class May 26 DAY: Sun TIME: 10:00-10:50am REG DEADLINE: 4/14 FEES (R/NR): \$220/ \$242



### **Ultimate Frisbee**

### Ultimate Frisbee Grades 7-12

Ultimate (Frisbee) is an exciting, fun, non-contact team sport that mixes elements of soccer, basketball, and American football into one high energy game.

The Spring session of Ultimate is open to all levels of players introducing both the fundamentals as well as opportunities to compete in games. All sessions will be in Newburyport with potential games and end of season tournament with other communities.

The sessions are for 7-12 grades and is co-ed on the field behind Nock Middle School.

Sundays, April 28 - June 2, 1pm – 3pm Each participant will receive a free Disc and Jersey.

LOCATION: Nock/Molin Field INSTRUCTOR: Kerry Lagueux GRADES: 7-12 DATE: 4/28 -6/2 \*5/26 DAY: Sun TIME: 1:00-3:00pm REG DEADLINE: 4/14 FEES (R/NR): \$65/ \$75

### Free Ultimate Frisbee SUMMER Session

The summer session of Ultimate is FREE and open to all levels of players interested in exploring this exciting sport. The sessions are for 7-12 grades and is co-ed on Sundays on the field behind Nock Middle School.

We have 3 FREE Sessions, Sundays from 10am-12pm :

- July 21 st
- July 28th
- August 4th

### Dodgeball

Coach Hickey is a dodgeball legend and is excited to teach new types of dodgeball to your children as well as play the types they already know! He will be leading numerous variations of fun fast paced dodgeball games throughout the week

with a concentration on fun, fair play and good sportsmanship!

LOCATION: Nock Tennis Courts INSTRUCTOR: Josh Hickey GRADES: 4-8 DATE: 7/15-7/18 DAY: Mon-Thu TIME: 9:30-11:30am REG DEADLINE: 7/1 FEES (R/NR): \$125/ \$137

### NBBA

### NBBA Summer Rec League

LOCATION: Cashman Basketball Courts INSTRUCTOR: Eric Fisher AGES: 14-19 DATE: 6/25- 8/27 DAY: Tue TIME: 5:00-7:15pm REG DEADLINE: 6/11 FEES (R/NR): \$150/ \$165

### **NBBA Summer Clinics**

The Newburyport Boys Basketball Association (NBBA) offers the opportunity for all boys living in the Newburyport area to excercise, develop skills and play structured, competitive basketball games.

LOCATION: Bres Gym INSTRUCTOR: NBBA Coaches GRADES: 1-4 DATE: 7/29- 8/1 DAY: Mon-Thu TIME: 8:00am-12:00pm REG DEADLINE: 7/15 FEES (R/NR): \$215/ \$237

LOCATION: Nock/Molin Gym INSTRUCTOR: Eric Fisher GRADES: 5-8 DATE: 8/5- 8/9 DAY: Mon-Thu TIME: 8:00am-12:00pm REG DEADLINE: 7/22 FEES (R/NR): \$215/ \$237

### Kin Fitness

### Fit Fun with Kin Fitness AM or PM

Kids will have a blast with challenges, games, and obstacle courses in Fit Fun! They'll burn off energy and have plenty of time for rest and mindful recovery activities too. Our NSCA-Certified Personal Trainer and ACE Youth Fitness Specialist will lead th

LOCATION: Nock Field INSTRUCTOR: Eric Mccaslin

GRADES: 1-3 DATE: 7/8-7/11 DAY: Mon - Thu TIME: 9:00am-12:00pm REG DEADLINE: 6/24 FEES (R/NR): \$240/ \$264

GRADES: 1-3 DATE: 7/8- 7/11 DAY: Mon- Thu TIME: 1:00-3:30pm REG DEADLINE: 6/24 FEES (R/NR): \$200/ \$220

GRADES: 1-3 DATE: 7/15-7/18 DAY: Mon- Thu TIME: 9:00am-12:00pm REG DEADLINE: 7/1 FEES (R/NR): \$240/ \$264

GRADES: 1-3 DATE: 7/15- 7/18 DAY: Mon- Thu TIME: 1:00-3:30pm REG DEADLINE: 7/1 FEES (R/NR): \$200/ \$220

### **East Coast Soccer**

Let your child be a part of something big! Join East Coast Soccer at any age! Learn the basic skills of soccer from kicking to passing and the important elements of teamwork and good sportsmanship. We have one of the best instructors to child ratios and our staff love the sport and bring a wealth of soccer knowledge to our programs. This has made East Coast Soccer one of the premier soccer programs to learn soccer or to increase your soccer skills on the North Shore.

LOCATION: Cashman Field INSTRUCTOR: Coach Bleau and ECS Staff

GRADES: K-6 DATE: 7/8 -7/11 DAY: Mon-Thu TIME: 8:00-11:00am REG DEADLINE: 6/24 FEES (R/NR): \$197/ \$217

GRADES: K-6 DATE: 7/15 -7/18 DAY: Mon-Thu TIME: 8:00-11:00am REG DEADLINE: 7/1 FEES (R/NR): \$197/ \$217

GRADES: 5-9 DATE: 7/22 -7/25 DAY: Mon-Thu TIME: 8:00-12:00pm REG DEADLINE: 7/8 FEES (R/NR): \$209/ \$230

GRADES: K-6 DATE: 7/29 -8/1 DAY: Mon-Thu TIME: 8:00-11:00am REG DEADLINE: 7/15 FEES (R/NR): \$197/ \$217 AGES: 3-5 DATE: 7/29 -8/1 DAY: Mon-Thu TIME: 8:30-10:00am REG DEADLINE: 7/15 FEES (R/NR): \$104/ \$114

GRADES: K-6 DATE: 8/5 -8/8 DAY: Mon-Thu TIME: 8:00-11:00am REG DEADLINE: 7/22 FEES (R/NR): \$197/ \$217

GRADES: K-6 DATE: 8/12 -8/15 DAY: Mon-Thu TIME: 8:00-11:00am REG DEADLINE: 7/29 FEES (R/NR): \$197/ \$217

### **Hightail Acres Horsemanship**

### Summer Horsemanship

What a great opportunity for the youth to experience the workings of a stable with hands on activities and to also experience 2 riding lessons, group activities and horse themed projects. The offered at High Tail Acres, LLC is open to all ability levels, therefore giving the opportunity to the intermediate rider to improve upon their skills and the beginner rider to develop the necessary foundation of basic skills. The counselors at High Tail have all participated in the horsemanship programs at High Tail and are eager to share their own experiences through interaction with the youth. The instructors are MA licensed, with years of teaching experience. Equipment Required: Youth are required to wear an SEI certified helmet. Hard soled shoes or boots (not cowboy boots) with at least a 1/2 inch heel is required footwear. For riding lessons, students should wear jodphurs or long pants to prevent chafing. Please have your child bring her/his own plastic water bottle, labeled with their name. We do have a limited number of boots and helmets available. If you need to purchase equipment, please call High Tail Acres directly @ 978-465-4142 and we will guide you in the right direction. LOCATION: Hightail Acres **INSTRUCTOR:** Dawn Deltorcchio

### AGES: 6+

DATE: 7/8 -7/12 DAY: Mon-Fri TIME: 9:00am-2:00pm REG DEADLINE: 6/24 FEES (R/NR): \$550/ \$605

AGES: 6+ DATE: 7/15 -7/19 DAY: Mon-Fri TIME: 9:00am-2:00pm REG DEADLINE: 7/1 FEES (R/NR): \$550/ \$605

AGES: 6+ DATE: 8/5 -8/9 DAY: Mon-Fri TIME: 9:00am-2:00pm REG DEADLINE: 7/22 FEES (R/NR): \$550/ \$605

### Parkour

### **Summer Parkour**

Movement classes that are designed to jump start your child's day with a healthy dose of movement, exploration, and fun! Skills sessions are a great way to learn the basics, build on techniques, or master certain movements in a smallgroup instruction context. This class is for youth of all ability and fitness levels, and will include instruction in the basic movements and techniques of parkour, as well as ex- ercises designed to improve general fitness and ensure the longterm practice of parkour. Classes will focus on exploring and moving within one's environment and will include a number of games, exercises, and drills to improve balance, coordination, strength, spatial awareness, and flexibility, while having fun. All classes are taught by ADAPT certified coaches. What to bring: Weather-appropriate clothing (this class will run regardless of the weather- rain, sleet, snow, sun- be prepared), water bottle, a small bag to hold your belongings (Note: Parkour Generations Boston takes no responsibility for the safe-keeping of items) LOCATION: Moseley Woods **INSTRUCTOR: Blake Evitt** 

### Mountain Biking w/Riverside Cycle

### **Mountain Biking**

In just days, you will learn the fundamentals of mountain biking, such as climbing, descending, braking, shifting, and general bike handling techniques. You will also be introduced to trail etiquette, bike safety, and basic trail side repairs. More advanced mountain bikers will work on skills such as log hopping, bunny hops, wheelies and technical descents. Limited to 10 bikers. Mountain bike and helmet required. If your child is interested in signing up, but doesn't have a mountain bike, please let NBPT Rec know and we will see if we can find one to rent/borrow. (Fri rain day)

LOCATION: Maudsley State Park INSTRUCTOR: Aaron Millett GRADES: 4-8 DATE: 7/8 -7/11 DAY: Mon-Thu TIME: 9:00am-12:00pm REG DEADLINE: 6/24 FEES (R/NR): \$115/ \$125

### AGES: 6-9

DATE: 6/25 -6/28 DAY: Tue-Fri TIME: 9:30am-12:00pm REG DEADLINE: 6/11 FEES (R/NR): \$190/ \$209

DATE: 8/20 -8/23 DAY: Tue-Fri TIME: 9:30am-12:00pm REG DEADLINE: 8/6 FEES (R/NR): \$190/ \$209

### AGES: 9-13

DATE: 6/25 -6/28 DAY: Tue-Fri TIME: 12:30-3:00pm REG DEADLINE: 6/11 FEES (R/NR): \$190/ \$209

DATE: 8/20 -8/23 DAY: Tue-Fri TIME: 12:30-3:00pm REG DEADLINE: 8/6 FEES (R/NR): \$190/ \$209

### Wrestling

### Learn to Wrestle

Come learn how to wrestle, in a week! River Rival Wrestling presents a 1-week introduction to wrestling for boys and girls in grades 4-8. In addition to teaching rules, scoring and providing an overview of the sport, attendees will learn basic positions and techniques, and engage in live wrestling! We will also play some games (mostly wrestling-related) and provide an overall safe and fun environment. This program starts at 9 AM and concludes at noon each day. Campers will have a break in the mid-morning each day and are welcome to bring peanut-free snacks. The program is led by River Rival Wrestling coaches, and counselors are local high school wrestlers.

LOCATION: Nock/Molin Cafeteria INSTRUCTOR: Scott Yewell GRADES: 4-8 DATE: 8/5 -8/9 DAY: Mon-Fri TIME: 9:00am-12:00pm REG DEADLINE: 7/22 FEES (R/NR): \$150/ \$165

NEWBURYPORT REC AND YOUTH SERVICES AND THE NEWBURYPORT TENNIS CLUB

# SUMMER TENNIS PROGRAM

### Tennis Lessons for Beginners and Intermediate Learners

Club Tennis is geared towards getting kids excited about the sport, concentration on tennis fundamentals, and FUN activities. Players will begin each day with a focus on tennis fundamentals, including grips, swing path, footwork, and rules of the game. Using USTA Net Generation curriculum, low-compression tennis balls, smaller racquets, and modified court dimensions, Club Tennis will teach younger players how to rally, engage in proper courtesy and sportsmanship, and compete. Players may be differentiated based on ability.

### Indoor Tennis

Instructor: Newburyport Tennis Club, Location: NBPT Tennis Club



Club Tennis Gr 1-8 Mon-Fri · 9am-12pm· \$250/\$275 Club Tennis Gr 1-8 Mon-Fri · 1pm-4pm· \$250/\$275 \*PM Session only offered week of 6/24

### **Outdoor Tennis**

Instructor: Newburyport Tennis Club, Location: Atkinson Courts/ NBPT Tennis Club

### Club Tennis Gr 1-8 Mon-Fri · 9am-12pm · \$250/\$275

- 20% Sibling Discount (same week)
- Private Lessons available through the Club

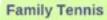


# ALL TENNIS WEEKS

**TENNIS CLUB** 

Session 1 - Jun 24-28 \* Session 2 - July 8-12 Session 3 - July 15-19 Session 4 - July 22-26 Session 5 - July 29-Aug 2 Session 6 - Aug 5-9 Session 7 - Aug 12-16 Session 8 - Aug 19-23 Session 9 - Aug 26-30

"Week w/PM Session



Designed for adults and youth to learn together, these 4 sessions will give you the basics (or a refresher) on tennis fundamentals, including grips, swing path, footwork, and rules of the game. Instructor: NBPT Tennis Club Staff, Location: NBPT Tennis Club

> Wed night - 5-6:30pm Session 1 July 10-July 31 Session 2 Aug 7- Aug 28 \$80/\$90 each for 1st two Family Members \*Additional family member \$50

Newburyport Tennis Club (NTC) has been an ongoing tennis club in the community for more than 40 years! In 2018, NTC underwent a change of ownership and we are excited to bring new life to the club and to the sport of tennis! Newburyport Tennis Club encourages both the fun and the competitive nature of tennis. We are extremely pleased to partner with Newburyport Youth Services by offering the city's summer tennis program in a safe and comfortable indoor tennis center.





# **MOVIE MADNESS**

MONDAYS 8-10PM FROM 6/24 - 8/19 ELKS CLUB PAVILLION GRADES 6-8 FREE!

MONDAYS 5-7PM FROM 6/24 - 8/19 PERKINS PARK GRADES 6-12 \$10 DROP IN

## **DROP-IN ACTIVITIES**

- 7/1 Summer Olympics
- 7/15 Water Balloon Fight
- 7/29 Bubble Soccer
- 8/5 Video Game Truck
- 8/19 Breakfast for Dinner

### PRE-REGISTRATION REQUIRED

- 6/24 Tie Dye \$30 Bucket hat & T-shirt included
- 7/8 Acrylic Pour \$20 All materials provided
- 7/22 Hydro Dipping \$25 2 dippable items included
- 8/12 Slime Time \$10 All materials provided

# 7/10 Pirates of the Caribbean 7/17 Lego Batman

- 7/24 The Adams Family
- 7/31 Haunted Mansion
- 8/7 Mean Girls
- 8/14 High School Musical

# SPECIAL EVENTS

- 7/11 Video Game Night
- 7/18 LipSync
- 7/25 Sugar Crawl
- 8/2 Team SCAVR Hunt
- 8/13 Camp Fire Jam

### Skyhawks

### **Beginner Tennis**

Grab your tennis racket and get ready to play! Whether you're a beginning, an intermediate or an advanced player, this program will improve your game and help you get more enjoyment from tennis. Our tennis programs focus on skill refinement as well as practice and match play to develop consistent, well-rounded tennis players. Each player is given personal attention and taught through repetition in an enjoyable, lively atmosphere. Skyhawks Sports tennis breaks down the fundamental skills of tennis through easily understood games and exercises to help improve the athlete's overall coordination and technique. Players learn proper grips, footwork, strokes, volleys and serves during a series of drills designed to teach skills in a fun and dynamic way. In addition to developing a love for tennis, athletes will learn the rules and etiquette that make tennis such an exciting game to play. Due to limited court space, these programs fill quickly.

LOCATION: Nock Tennis Courts INSTRUCTOR: Skyhawks Staff AGES: 4-6 DATE: 7/8 -7/12 DAY: Mon-Fri TIME: 10:00am-12:00pm REG DEADLINE: 6/24 FEES (R/NR): \$115/ \$127

### **Beginner Golf**

Skyhawks Beginning Golf is powered by Payne Stewart Golf Experiences, the recommended entry-level golf program for PGA Junior Golf Camps. The unique, games-based play program and modified learning equipment make it easier for kids to hit the ball and experience early success. Putting, chipping, pitching and full swing, are all taught through games, simple repetitive motions and learning rhymes that make it easy for young kids to remember and repeat. Specially designed, age-appropriate golf equipment is provided.

LOCATION: Nock Field INSTRUCTOR: Skyhawks Staff AGES: 5-9 DATE: 7/22 -7/26 DAY: Mon-Fri TIME: 9:00am-12:00pm REG DEADLINE: 7/8 FEES (R/NR): \$175/ \$193



### Mini Hawks Multisport

This multi-sport program was developed to give children a positive first step into athletics. Sports are taught in a safe, structured environment filled with encouragement and fun. Through exciting games and activities, campers explore balance, hand/eye coordination and skill development at their own pace.

LOCATION: Nock Field INSTRUCTOR: Skyhawks Staff AGES: 5-8 DATE: 7/29 -8/2 DAY: Mon-Fri TIME: 9:00am-12:00pm REG DEADLINE: 7/15 FEES (R/NR): \$175/ \$193

### Flag Football

Experience the excitement of football with Skyhawks Flag Football Fueled by USA Football. Using a curriculum developed by the experts from USA Football, coaches will teach skills like passing, receiving, kicking and flag pulling. Participants will gain confidence and learn important life lessons in a fun, positive environment.

LOCATION: Nock Field INSTRUCTOR: Skyhawks Staff AGES: 7-11 DATE: 8/5 -8/9 DAY: Mon-Fri TIME: 9:00am-12:00pm REG DEADLINE: 7/22 FEES (R/NR): \$175/ \$193

### **STEM**

### Buildwave

### **Spring Buildwave**

Want to foster your child's interest in STEM, while igniting their creative spark at the same time? Buildwave is a creative building program that feels like a video game! Over the course of the sessions students create with over 50 different building materials, including Lego®, PlusPlus®, and custommade Buildwave materials.

Each session of the program is a new "level" of the Buildwave game, with an audiovisual setup featuring animations and music that guide students through the different building waves. As your child creates with wave after wave of new objects, they build creative confidence, become better collaborators, and encounter design and engineering fundamentals in a unique and memorable context.

LOCATION: Nock/Molin Cafeteria INSTRUCTOR: Tim Merle GRADES: 4-8 DATE: 4/3 -5/29 DAY: Wed TIME: 2:15-3:15pm REG DEADLINE: 3/20 FEES (R/NR): \$230/ \$253

LOCATION: Bres Room 235 INSTRUCTOR: Tim Merle GRADES: K-3 DATE: 4/4 -5/30 DAY: Thu TIME: 2:45-3:45pm REG DEADLINE: 3/21 FEES (R/NR): \$230/ \$253

### Summer Buildwave

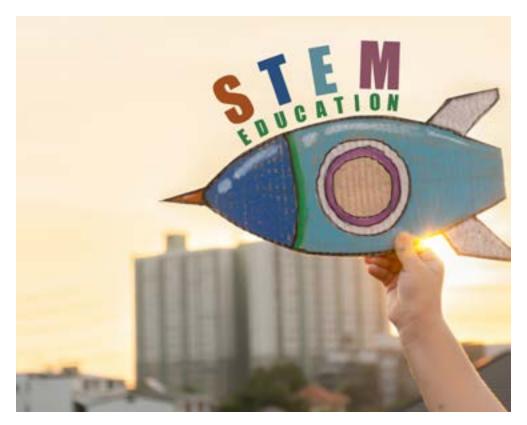
LOCATION: Bresnahan Room 235 INSTRUCTOR: Tim Merle GRADES: K-6 DATE: 8/12 -8/16 DAY: Mon-Fri TIME: 9:00am-12:00pm REG DEADLINE: 7/29 FEES (R/NR): \$250/ \$275

### STEM TIME! Let's Build!

### Bresnahan STEM Lab Fun!

This program is led by popular STEM teacher Kristin Spinney! The Morning STEM Lab is full of so many handson building activities. Start your morning with being able to utilize all the building materials. From the Maker Space, to the Magnet Wall, Legos, BeeBot Robots, Keva Wood Blocks, to Marble Runs. The possibilities are endless on what you can create. Come start your morning with some building fun!

LOCATION: Bresnahan Room 235 INSTRUCTOR: Kristin Spinney GRADES: K-5 DATE: 7/15 -7/18 DAY: Mon-Thu TIME: 9:00am-12:00pm REG DEADLINE: 7/1 FEES (R/NR): \$155/ \$170



### **Seacoast Technology**

### Lego Robotics and Engineering

Using the latest LEGO robotics technology participants will have an opportunity to explore the amazing world of LEGO(R) robotics and engineering. We will learn about gears, circuits, and computer programming as we design, build, and program a variety of different robotics and engineering projects. Over 50 different projects are available including motorized cars and walkers, remotecontrolled tanks, and amusement park rides. Projects are available for all skill levels. Note: Participants DO NOT take projects home.

LOCATION: Bres Rooom 235 INSTRUCTOR: Kevin Husson GRADES: 1-5 DATE: 7/8 -7/11 DAY: Mon-Thu TIME: 9:00-11:45am REG DEADLINE: 6/24 FEES (R/NR): \$135/ \$148

### **Lego Robotics Master**

Participants will have access to thousands of specialized LEGO bricks including motors, sensors, and so much more! Then, using a laptop and kid-friendly LEGO WeDo 2.0 software, teams will create programs to bring their creations to life! Daily challenges will include amusement park rides, vehicles, animals, and much more! Many new projects will be available for returning LEGO Masters! This is a can't miss one-of-a-kind program for LEGO fans! Note: Participants do not get to take LEGO projects home.

LOCATION: Bres Room 235 INSTRUCTOR: Kevin Husson GRADES: 1-5 DATE: 7/8 -7/11 DAY: Mon-Thu TIME: 12:15-3:00pm REG DEADLINE: 6/24 FEES (R/NR): \$135/ \$148



### Video Game Designer

Stop playing video games and start creating them! In this introductory class participants will learn how to program and create their very own video games. We will learn how to create sprites, objects, levels, backgrounds, sound effects and much more as we create several games that can be shared with family and friends! We'll create games with fire-breathing dragons, a game with spaceships and asteroids, as well as a multi-level, customized adventure game complete with zombies, potions, coins, trap doors, and so much more!

LOCATION: Bres Room 232 Art Room INSTRUCTOR: Kevin Husson GRADES: 3-6 DATE: 7/8 -7/11 DAY: Mon-Thu TIME: 9:00-11:45am REG DEADLINE: 6/24 FEES (R/NR): \$135/ \$148

### **Scratch Coder**

In this fun and action-packed class participants will learn how to program their very own Space Invaders game that can even be played on a mobile device! Each week children will learn to think creatively and learn important problemsolving strategies as they design and program a game that is truly out of this world!

LOCATION: Bres Room 232 Art Room INSTRUCTOR: Kevin Husson GRADES: 3-6 DATE: 7/8 -7/11 DAY: Mon-Thu TIME: 12:15-3:00pm REG DEADLINE: 6/24 FEES (R/NR): \$135/ \$148





# POWERFUL STRATEGIES TO HELP CHILDREN DEVELOP INDEPENDENT EXECUTIVE FUNCTION SKILLS



- Tues. March 12, 2024
- 7pm

• • •

Rupert A. Nock Middle
 School Auditorium
 70 Low St, Newburyport

Executive functioning skills refers to the mental skills we use to pay attention, plan ahead, begin a task and focus on the task at hand. These skills also help to manage emotions, filter distractions and follow multiple-step directions even when interrupted. Executive functioning skills can impact students at home, school and in social situations. Sarah Ward will teach easy to implement strategies that help children initiate tasks, follow routines and think in an organized way to encourage selfinitiative to manage homework and responsibilities.

### Free childcare provided!

Message Renee at rmiciek@cityofnewburyport.com if interested in childcare



Run by youth, for youth.

NYS is actively seeking dedicated, enthusiastic, and motivated young people to join the Youth Council. Council members have the important duty of advising on the programs and issues that concern young people in the City, serving as advisors and advocates.

Youth Council also participates in an Annual Retreat, the Youth Survey data, and will plan and run some of their own events for peers.

Every Thursday, 5:30-6:30pm in the Newburyport Public Library Program Room.

Drop by to get involved in your community and make a difference!

### **Youth Center Membership**

The Spot-Located at 64 Purchase St.

The Spot is open every day after school. A relaxing and cozy space for middle school members to socialize, play games, work on projects and homework. Filled with couches to recline on, tables to sit and play board games, and snack bar to purchase after school treats.

Memberships are no charge. Register to receive discounts on plenty of NYS youth programs.

Transportation from the Nock and RVCS is provided daily. Participants are also encouraged to ride their bikes, walk, and drop-in for the activities they are interested in.

On a daily basis, kids can use this space to hang out, socialize, do arts and crafts, play board games, and participate in any of our clubs.

The Spot is open Monday-Friday 2:15-5:00pm.

Cost: Free Membership Type: Individual (Grades 6-8) Length: Annual



### SPRING

### **Climbing Club**

Meet at Metrorock in Newburyport or catch a ride from the NYS Spot in our van. We'll be hanging at the climbing gym doing some rope climbing, using the autobelays and bouldering. Climbing shoes and harness will be provided for all participants.

GRADES: 6-8 DAY: Tue DATE: 4/23- 5/14 TIME: 3:30-5:00pm REG DEADLINE: 4/9 FEES (R/NR): \$60/ \$70

### **Maritime Exploration**

Explore maritime history at the Custom House Maritime Museum! Kids will engage in handson activities, discovering the Lower Merrimack Valley's rich heritage through art, science, and play. Tailored for 6-8th grade, the program includes gallery tours and interactive classroom sessions. Join us and start exploring!

GRADES: 6-8 DAY: Mon DATE: 4/8-5/20 TIME: 3:30-5:00pm REG DEADLINE: 4/1

FEES (R/NR): \$Free



### **Cooking to Connnect**

Students will learn new recipes that they can use both at home or anywhere they go. They will learn to use different kitchen utensils that they can also use at home. Students will gain social skills, as all of the lessons will be group based activities. They will be telling a story through different spices and add personality while finalizing their dish. Each lesson will be followed by a new theme every week. Students will learn to find their inner chef through the course of the program. Each student will receive a Pineiro's Kitchen & Café cookbook and guide. The cookbook and guide will have recipes with note sections to allow students to jot down any ideas or questions they may have, during the course of the program. Students will also receive an Award of Completion on the last day of the program.

GRADES: 6-8 DAY: Thu DATE: 4/24-5/30 TIME: 3:00-5:00pm REG DEADLINE: 4/11 FEES (M/ NM): \$195/ \$214

### **Early Release Days**

### Launch

School's out early and we're headed to Launch Trampoline park. We'll stop for lunch on the way!

GRADES: 6-8 DAY: Fri DATE: 4/12 TIME: 11:00am-3:00pm REG DEADLINE: 4/1 FEES (M/ NM): \$45/ \$55

### Bowling

School's out and we're headed to Game Time Lines for a few strings of bowling. On the way we'll stop for some pizza!

GRADES: 6-8 DAY: Fri DATE: 5/10 TIME: 11:00am-2:30pm REG DEADLINE: 5/10 FEES (M/ NM): \$36/ \$46

### **April Vacation**

### **Project Putt**

We're meeting at the NYS SPOT before we head into Boston for Project Putt, which is a mind boggling 12hole course of insane putting challenges. Traversing the facility, you will experience many bizarre obstacles that must be overcome by using your putter and golf ball to complete each hole. Lunch will be included on our way into Boston.

GRADES: 6-12 DAY: Tue DATE: 4/16 TIME: 9:00am-3:00pm REG DEADLINE: 4/2 FEES (M/ NM): \$67/ \$75

### In The Game

We're meeting at the NYS SPOT before heading over for arcade games, laser tag, and ropes course at In The Game. Pizza will be provided.

GRADES: 6-12 DAY: Wed DATE: 4/17 TIME: 9:00am-3:00pm REG DEADLINE: 4/3 FEES (M/ NM): \$67/ \$75

### Chunkys

Meet at the NYS Spot and then we're heading out for an afternoon of lunch and a movie at Chunkys.

GRADES: 6-12 DAY: Thu DATE: 4/18 TIME: 9:00am-3:00pm REG DEADLINE: 4/4 FEES (M/ NM): \$67/ \$75

# STEPUP

This open house gives 5th graders the opportunity to experience what The NYS Spot Membership has to offer for middle school youth.

Register in advance for pick up from the Molin.

> FREE June 6th

ALL DAY TRIPS ARE FOR YOUTH ENTERING 7-12th GRADES

### **Day Trips**

### Lunch On a Mountain

Pack your lunch and lace up your hiking boots! We're headed up to NH to hike Mt. Major. We'll take our time on this 4 mile hike, relax at the top and stop for ice cream on the way home.

DAY: Wed DATE: 6/26 TIME: 9:00am-4:00pm REG DEADLINE: 6/9 FEES (R/NR): \$48/ \$58

### **Canobie Trips**

You and Your friends can spend the evening at Canobie Lake Park. Pack your food or bring some spending money.

DAY: Thu DATE: 6/27 TIME: 10:00am-4:00pm REG DEADLINE: 6/10 FEES (R/NR): \$68/ \$78

DAY: Wed DATE: 7/10 TIME: 1:00-7:00pm REG DEADLINE: 6/23 FEES (R/NR): \$68/ \$78

### Launch

We're jumping around at Launch Trampoline park!

DAY: Tue DATE: 7/2 TIME: 1:30-5:00pm REG DEADLINE: 6/15 FEES (R/NR): \$49/ \$59

### **Board and Brush**

We'll head to Board and Brush Creative Studio in Amesbury, MA. Each participant will pick out their own wooden board sign to create and paint and go home with a product!

DAY: Mon DATE: 7/8 TIME: 1:00-4:00pm REG DEADLINE: 6/21 FEES (R/NR): \$68/ \$78

### Water Country

Geranimooo! You and your friends can head to Water Country in Portsmouth, NH. Pack some food, or bring money to spend.

DAY: Mon DATE: 7/15 TIME: 9:00am-3:00pm REG DEADLINE: 6/28 FEES (R/NR): \$70/ \$80

### **Six Flags**

We're headed out to Six Flags New England for the day for the thrills of the most extreme rollercoasters like Bizarro, Buzzsaw and, Goliath. Lunch is provided. \*Note many minimum height requirements to ride the rollercoasters is 54".

DAY: Tue DATE: 7/16 TIME: 8:00am-8:00pm REG DEADLINE: 6/29

### **Red Sox**

Play Ball! We're headed into the city for a Redsox game. Bring money to purchase food etc.

DAY: Tue DATE: 7/9 TIME: 5:00-10:00pm REG DEADLINE: 6/22 FEES (R/NR): \$70/ \$80





FEES (R/NR): \$108/ \$119

### **Saco Tubing**

Join us for one of the most relaxing days of the summer as we tube down the Saco River. Pack a lunch and float along. We'll stop to swim and enjoy the scenery of Bartlett, NH.

### DAY: Wed

DATE: 7/17 TIME: 8:00am-3:00pm REG DEADLINE: 6/30 FEES (R/NR): \$72/ \$82

### **Patriots Hall of Fame**

We're headed to Gillette to visit the Patriots Hall of Fame. After getting a tour of the Musuem and grab lunch at Patriot's Place.

DAY: Mon DATE: 7/22 TIME: 9:00am-4:00pm REG DEADLINE: 7/5 FEES (R/NR): \$68/ \$78

### **Take Flight**

We're headed to York, Maine for a challenge of high ropes course. Climb and swing up to 30 feet in the air through levels of difficulty. When we're done, we'll take a van ride over to Mount Agamenticus and check out 360 degree views of the coast and mountains.

DAY: Tue DATE: 7/23 TIME: 9:00am-1:00pm REG DEADLINE: 7/6 FEES (R/NR): \$90/ \$100

### Zipline

Hop in the NYS van as we head up to Gunstock Mountain to fly down one of the longest zipline tours in the US. On the way home we'll stop for ice cream!

### DAY: Wed

DATE: 7/24 TIME: 9:00am-3:00pm REG DEADLINE: 7/7 FEES (R/NR): \$88/ \$98

### Archery Tag

We're headed to Archery Games in Chelsea, MA. Archery Games offers combat archery which is played similar to dodgeball but with bows and soft foam-tipped arrows.

DAY: Mon DATE: 8/5 TIME: 10:00am-3:00pm REG DEADLINE: 7/19 FEES (R/NR): \$88/ \$98

### Paintball

Spend the afternoong running wild outside OSG of New Hampshire's outdoor paintball courses. With 11 fields and 43 acres, OSG is New Englands largest paintball field. Gloves, long sleeves, and thick clothing like jeans are reccomended. All other paintball equipment is provided for a low impact game.

DAY: Tue DATE: 8/6 TIME: 11:30am-5:30pm REG DEADLINE: 7/20 FEES (R/NR): \$98/ \$108

### **Boda Borg**

Boda Borg is described as interactive gaming. Working as a group we will literally manuever through different rooms of quests that challenge our mental and physical strength. After we succesfuslly quest our way through, we will replenish our bodies with some great food, so bring some \$\$.

DAY: Wed DATE: 8/7 TIME: 10:00am-3:00pm REG DEADLINE: 7/21 FEES (R/NR): \$66/ \$76

### **Boston Excursion**

City bound! We're heading into Boston for a day of exploring. We'll walk around and find ourselves in Fanuel Hall to do some eating, shopping, and watch some street performers.

DAY: Mon DATE: 8/12 TIME: 9:00am-3:00pm REG DEADLINE: 7/26 FEES (R/NR): \$45/ \$55

### **Project Putt**

Project: PUTT! is a mind boggling 12-hole course of insane putting challenges. Traversing the facility, you will experience many bizarre obstacles that must be overcome by using your putter and golf ball to complete each hole.

DAY: Tue DATE: 8/13 TIME: 1:30-5:30pm REG DEADLINE: 7/27 FEES (R/NR): \$48/ \$58

### **Evening Kayak**

We're heading out for a kayak tour for the afternoon. We'll enjoy a scenic view from the river! No experience neceesary.

DAY: Thu DATE: 8/14 TIME: TBD REG DEADLINE: 7/28 FEES (R/NR): \$/ \$

### Surf Weeks

Surfs up brah! We're headed to Summer Sessions at Rye Beach! This five day surf camp is perfect for any beginner who is looking to jump into the sport or for the intermediate looking to hone their skills. The classes are taught by professional instructors.

DAY: Mon-Fri

DATE: 7/8-7/12 8:30am-12:30pm DATE: 7/29-8/2 11:00am-3:00pm DATE: 8/19-8/23 8:30am-12:30pm REG DEADLINE: 1 week prior to start FEES (R/NR): \$378/ \$416

### **NextWave Leaders**

Join us for a transformative week at our leadership program, where young people will engage in dynamic activities and workshops. Through experiential learning and collaborative challenges, participants will emerge with newfound leadership abilities, ready to make a positive impact in their communities and beyond. Topics covered will include public speaking, communication, teamwork, strategic thinking, and creativity.

GRADES: 6-12 DAY: Mon-Thu DATE: 8/5- 8/8 TIME: 9:30-am3:00pm LOCATION: Nock INSTRUCTOR: Tarah MacGregor REG DEADLINE: Youth Leadership FEES (R/NR): \$176/ \$194

### Summer of Service- Community Service Week

Join us for a week of meaningful impact at our 'Summer of Service' program! Teens will have the opportunity to engage in hands-on community service projects across diverse locations, fostering teamwork and empathy while earning valuable volunteer hours. This experience is designed to empower teens, creating a lasting sense of responsibility and a deep connection to their communities.

GRADES: 7-12 DAY: Mon-Thu DATE: 8/12-8/15 TIME: 9:00-am3:00pm LOCATION: Nock- daily trips INSTRUCTOR: Tarah MacGregor FEES (R/NR): \$80/ \$90

### **Horsecare And Nature Session**

Windrush Farm is offering an interactive educational program to learn about horses and enjoy the outdoors! This is a unique opportunity to visit a working horse farm and explore the natural world around the property (fields, woods, ponds, etc). You will have a chance to meet & greet horses, learn about their behavior/communication, and how to care for them. There will be fun outdoor activities, including scavenger hunts, exploring the trails, naturerelated games, and more.

DAY: Mon-Wed DATE: 7/1-7/3 TIME: 8:30am-12:30pm REG DEADLINE: 6/14 FEES (R/NR): \$420/ \$462

### **Dungeons & Dragons**

Embark on an epic summer adventure where young adventurers will immerse themselves in the magical realm of Dungeons and Dragons, honing creativity, teamwork, and strategic thinking in an imaginative and thrilling quest filled with mythical creatures and daring quests.

\*\*GRADES: 7-12 DAY: Mon-Thu DATE: 7/15-7/19 TIME: 1:00-3:00pm LOCATION: Nock INSTRUCTOR: Tarah MacGregor FEES (R/NR): \$80/ \$90

### **Glass Bead Making**

Learn the art of glass flameworking; a technique to manipulate molten glass . We're heading to The Bubble Factory, a glass art studio in Essex, MA, to learn how to make glass beads and other fun stuff!

DAY: Tue-Thu DATE: 7/16-7/18 TIME: 9:00am-1:00pm REG DEADLINE: 6/29 FEES (R/NR): \$195/ \$214

### **Farm Education**

Are you interested in learning how a farm works and gaining skills in animal care? Come to Appleton Farms for an intensive week learning the ins and outs of our educational barnyard. You will work with our Livestock Educator and take care of our goats, r

DAY: Tue-Thu DATE: 7/23 -7/25 TIME: 9:00am-1:30pm REG DEADLINE: 7/6 FEES (R/NR): \$155/ \$170

### **Skatepark Tour**

Meet at the Newburyport skatepark in the AM, and hop in the van to head to some other local skateparking. We'll head to the brand new Portsmouth park, Dover, Hampton, or Salisbury. Pack a lunch and bring your board, scooter and helmet.

DAY: Mon-Thu DATE: 8/5-8/8 TIME: 10:00am-3:00pm REG DEADLINE: 7/19 FEES (R/NR): \$185/ \$203

### Golf

Learning Core Values, Life Skills, and Healthy Habits through the Game of Golf. We will run golf activities and lessons that tie in the proper etiquette and learning environment for the game of life. This is a fun first, activity based teaching approach

DAY: Tue-Thu DATE: 8/68/8 TIME: 3:00am-7:00pm REG DEADLINE: 7/20 FEES (R/NR): \$138/ \$152

### Sugar Crawl

Explore downtown Newburyport's finest sweet treats on this walking field trip! Spend an afternoon indulging in sugar's many forms, including ice cream, candy, donuts, and more. Perfect for anyone who enjoys a downtown stroll and a decadant dessert.

GRADES: 6-12 DAY: Thu DATE: 7/25 TIME: 1:30-3:30pm LOCATION: Meet at Brown Square REG DEADLINE: 7/11 FEES (R/NR): \$25/ \$35

### Video Game Night

Showcase your gaming prowess on the big screen at the Firehouse Theater! We'll provide pizza to our gamers between rounds of Super Smash Bros, MarioKart, Just Dance, and more. The only thing you need to bring is your game face.

GRADES: 6-12 DAY: Thu DATE: 7/11 TIME: 6:00-8:00pm LOCATION: Firehouse Theater REG DEADLINE: 6/27 FEES (R/NR): \$10/ \$15



### Lip Sync

Get a group together or fly solo to create and perform the number of your choosing. Serenade us with a ballad, or pick an uptempo groove -- just remember to move your mouth to the words! We'll vote on a winner and award them with many accolades -- including a candy prize. Register online to participate, but anyone can drop-in to be an audience member!

GRADES: 6-12 DAY: Thu DATE: 7/18 TIME: 3:30-5:30pm LOCATION: NYS Spot REG DEADLINE: 7/3 FEES (R/NR): \$10/ \$15

### **Campfire Jam Sesh**

Bring an instrument, your voice, or just a passion for music to this Singalong event! We'll roast s'mores and take turns selecting songs to perform (or just listen to, if you're more comfortable being an audience member).

GRADES: 6-12 DAY: Tue DATE: 8/13 TIME: 7:00-9:00pm LOCATION: Perkins REG DEADLINE: 7/30 FEES (R/NR): \$10/ \$15

### Summer SCAVR Hunt

This tech-infused summer scavenger hunt adventure in downtown Newburyport, utilizing your cell phone to navigate, solve clues, and discover hidden treasures, combines modern technology with classic outdoor exploration for a fun-filled and interactive experience and great prizes! GRADES: 7-12 DAY: Fri DATE: 8/2 TIME: 11:00am-1:00pm LOCATION: Downtown Newburyport INSTRUCTOR: Tarah MacGregor REG DEADLINE: 7/19 FEES (R/NR): \$5/ \$10





GRILL & CHILL is a weekly hangout for grades 6-12 at Perkins Park. There is a \$10 drop in fee or \$75 pass for the season (register on-line). This covers burgers, dogs and snacks.

Participants can hang out with friends and staff as well as get involved with the weekly activities, if they choose. Some activities require pre-registration to cover the cost of supplies and to make sure we have enough!

There are also games, sports and more to explore!

### **Grill and Chill**

### Tie Dye \* Pre-Reg

Between bites of your burger, take any white garment from basic to breathtaking at this week's Grill and Chill. We'll provide bucket hats, t-shirts, and totes, but bring anything from home that could use a new pattern! Mon Jun 24 5:30-6:30pm \*\$30/ \$40

### **Summer Olympic Games**

Earn your team the gold in our Mini-Olympics at Grill and Chill! Compete in events like Capture the Flag, relays, and three-legged races for the chance to be honored in an Olympic Awards Ceremony. Mon July 1 5:30-6:30pm

### Acrylic Pour \*Pre-Reg

Try your hand at this abstract art form, get a bite to eat, and maybe squeeze a round of cornhole in -- all at this week's Grill and Chill! We'll provide 8.5"x11" individual canvases for pouring over. Mon Jul 8 5:30-6:30pm \*\$20/ \$30

### Water Fight

In a water fight it's splash or be splashed -- so wear something you don't mind getting wet! Feel free to bring your favorite water fight tools. Mon Jul 15 5:30-6:30pm

### Hydrodipping \* Pre-Reg

Give some everyday items a makeover with this outdoor art project! We'll provide 2 items to dip per participant, but feel free to bring your own projects from home; a plain Stanley cup, phone case, or even a pair of shoes that could use a new look.

Mon Jul 22 5:30-6:30pm

### **Bubble Soccer**

Have you ever wanted to BECOME the soccer ball? Now is your chance! Fill up on grilled delicacies and get literally rolled onto the soccer field in an enormous bubble. Don't miss out.

Mon Jul 29 5:30-6:30pm

### Video Game Truck

Guaranteed to be the event of the season, a 24-player gaming setup on wheels will join us at Perkins as we grill and chill. Be there or be square! Mon, Aug 5 5:30-6:30pm

### **Slime Time**

Make a batch of your dream slime during this outdoor slimefest! Just be sure to keep the reactive chemicals away from your food. Mon Aug 12 5:30-6:30pm

### **Breakfast for Dinner**

Brinner at Grill and Chill will be a feast fit for kings -get ready to indulge in pancakes, sausage, and most importantly, maple syrup. Mon Aug 19 5:30-6:30pm

